



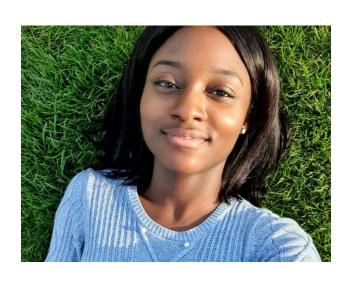
Agenda

- Introduction
- About me
- Introduction to Cybersecurity



About me

Optional subhead placeholder







Current role

Cybersecurity Engineering Analyst



A-Levels

Mathematics, Business Studies and Economics (Physics and Chemistry)



Undergraduate & Master's Degree

BSc. Information Technology Management for Business (2:1). Graduated in 2018.

MSc. Cybersecurity and Big Data (Distinction). Graduate in 2019.



The real journey

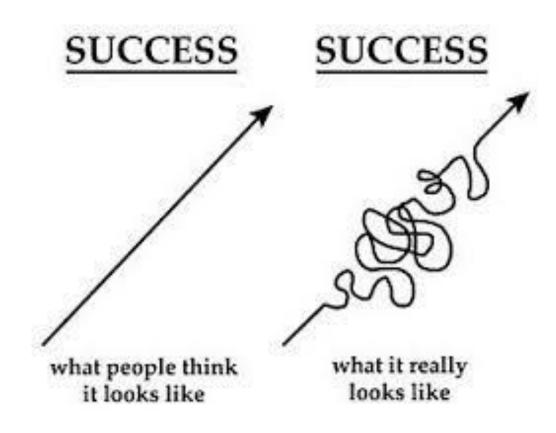
A-Levels: 2012-2014

Undergraduate degree: 2014-2018

- 4 year course with a year in industry.
- Placement year (2016-2017) at BMW during my 3rd year. I was part of the IT Service Delivery team (nothing to do with Cybersecurity!!).
- Dissertation: Analysing the Cybersecurity landscape at BMW.

Master's degree: 2018-2019

 Dissertation: Using Recurrent Neural Networks to convert speech to text.



Cybersecurity



Introduction to Cybersecurity

- What is Cybersecurity?
- Fundamentals of Cybersecurity
- Why is Cybersecurity important?
- Types of Cybersecurity
- Common types of Cyber threats
- The future of Cybersecurity



What is cybersecurity?

- According to the NCSC, cybersecurity is how individuals and organisations reduce the risk of cyber attack.
- The core function of cyber security is to protect the devices we all use and the services that we access from theft or damage.
- The fundamental principles involves ensuring the confidentiality, integrity and availability of information (CIA triad).





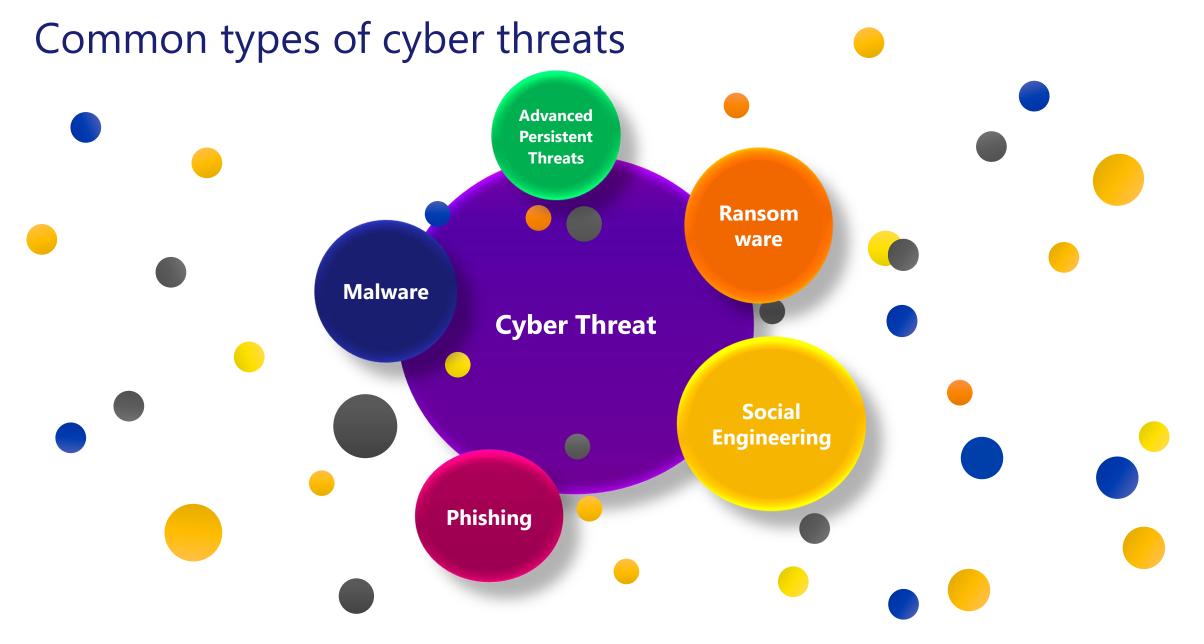
High risk apps

Social Media is a gold mine for cyber criminals.

- Cyberbullying
- Posting private information
- Cyber predators
- Phishing
- Accidently downloading malware
- THE INTERNET NEVER FORGETS!!









Types of cyber threats









Malware

Malicious software such as computer viruses, spyware, Trojan horses, and key loggers.

Ransomware

Malware that locks or encrypts data until a ransom is paid

Phishing

The practice of obtaining sensitive information (e.g., passwords, credit card information) through a disguised email, phone call, or text message.

Social engineering

The psychological manipulation of individuals to obtain confidential information; often overlaps with phishing

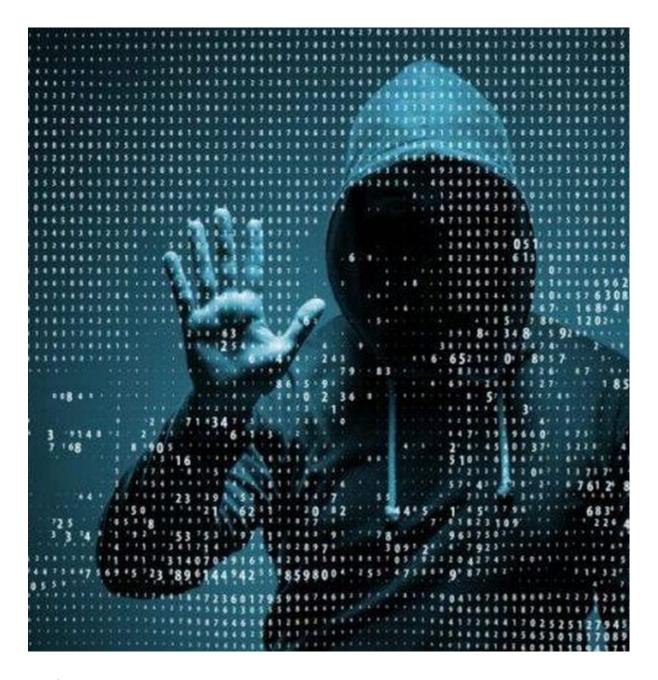




How to strengthen your cybersecurity





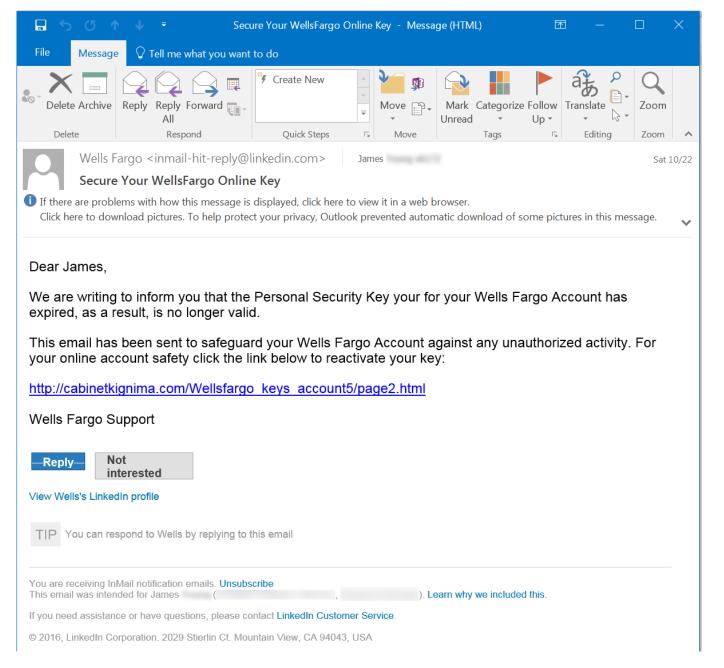


Capture the flag exercise

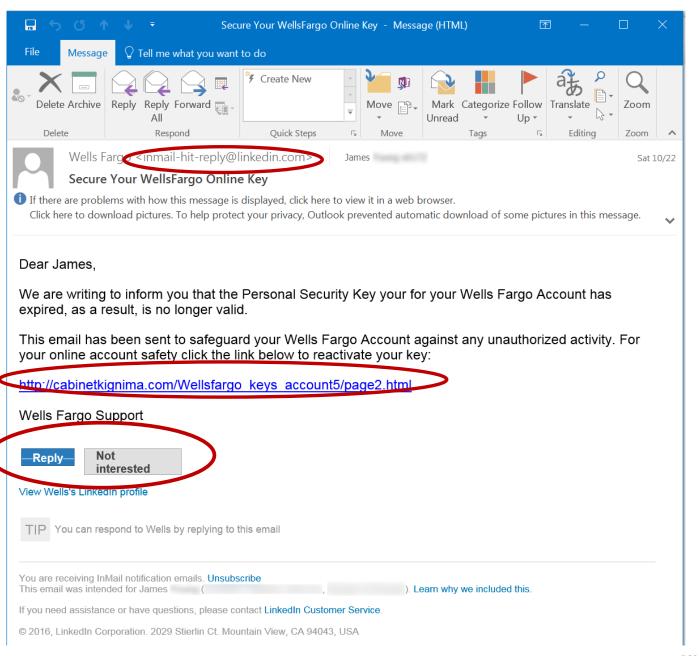
Threat Hunting

• Identify any thing suspicious in the email.











The future of cybersecurity

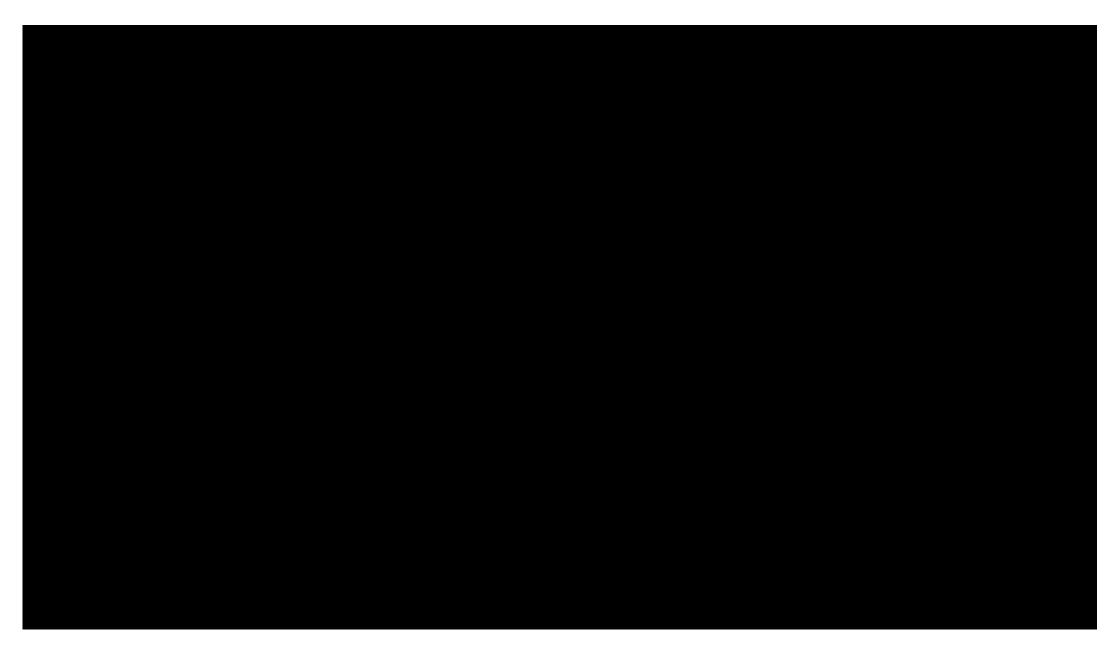
Cybersecurity needs more women.

- According to Forbes 2019, women currently only make up for 20% of the workforce.
- How do we solve this? We need a more diverse workplace WE NEED YOU!!
- There are lots of opportunities available to make you cyber experts.

• For example, CyberFirst girls competition which is organised by the NCSC for girls between the ages of 11-18 years old.









Q&A



VISA