What is Fairtrade? It's a movement whose quest is to make trade fair as I'm sure you've guessed

But what does that mean?

For every product you buy that is fairtrade certified fairtrade regulations ensure the farmer gets paid what is a decent living wage Because the price for these goods always greatly fluctuates The farmers end up receiving horrifyingly low rates But the Fairtrade Minimum price ensures Farmers get an income that is secure And this security is the only reason Therese's eight kids Are getting an education, something she never did

The Fairtrade Foundation is certainly not the only organisation but they are the biggest of all and that's why we support them with our Fairtrade stall So come along every thursday lunchtime to the servery Where we always have a plethora of treats Where everything is under 2 pounds and some as little as 15p

Now I know how hard it can be To ensure everything you buy is sourced ethically Some of these products can be priced quite highly But you can find Fairtrade products at Lidl and Aldi!

This year Fairtrade's focus is empowering women Like Lucia from Sierra Leone She is a cocoa farmer living in tough conditions As the hot, wet climate means her cocoa pods get disease ridden and don't always grow

But with the Fairtrade price that she receives She can produce cocoa and give her livelihood security And Fairtrade Standards teach her how to protect the forest A win for both climate change and her harvest

By supporting Fairtrade we raise up women like her Give them a better life which is what they deserve But Fairtrade is just the tip of the iceberg And we need your help to spread the word

Just 6% of the world's cocoa is fairtrade Meaning 94% is unethically made But we each eat around 8.4 kg of chocolate a year So surely we can make the industry more fair

Buying Fairtrade doesn't just go towards the farmers' income It also donates to the Fairtrade Premium

(where farmers receive 50 extra cents per kilogram) Which invests money in housing, sustainability and education To benefit the workers, families and communities around plantations

With the Fairtrade Premium we can empower single mums like Edith Who gained leadership skills to start her own community farm Where she teamed up with other women So they could all support their families by earning a greater income

Becoming Fairtrade benefited Teresa's co-operative and wider community By increasing their gender equality The women are part of organisations which raised their self-value Leading to mutual respect and the eradication of family abuse

They can now also protect the environment As they provide a habitat in their land for many animals to live in This is the result of Fairtrade's training schemes And Fairtrade are investing in innovations to make farming even more green All of this because you bought a Fairtrade coffee bean

So come join us to make trade more fair Prevent the 1% getting richer whilst the farmers are in despair All you have to do is check for these logos It will take just two seconds out of your day and now you know What an incredible difference it really will make

To bring Fairtrade Fortnight back to Kendrick once again We have a week packed with fun events To help fairtrade empower even more women And make trade more fair; help us realise this vision