



Inspire Bulletin 66 – 2nd February 2024



A very warm welcome to the next Inspire Bulletin! We hope you enjoy reading it!

Words of the week

Simultaneously (adverb): at the same time – *The broadcast was **simultaneously** on 5 channels.*

Indignant (adjective): angered at being treated unfairly – ***Indignant** and exhausted, she gave up.*

Can you write a sentence using these words?

Challenge Word:

Eclectic (Adjective): deriving ideas, style or taste from a broad and diverse range of sources - *Her fashion sense was exciting and eclectic. She could wear an Edwardian bustle with a ripped t-shirt and a neon pink baseball cap and look amazing.*

Origin: originally a 17th century word referring to selecting philosophical ideas. From the Greek *eklektikos*, meaning selective.

Thinking Challenges

Years 3/4 – I never ask you a question, but you will answer me... What am I?

Years 5/6 – What has a back and four legs, but cannot stand or walk?

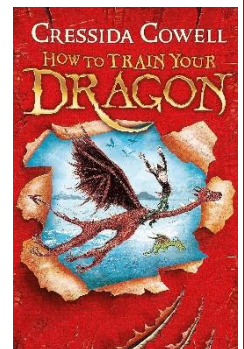


Recommended Reading

Years 3/4 – *How To Train Your Dragon* by Cressida Cowell

Hiccup Horrendous Haddock the Third is a smallish Viking with a longish name. Hiccup's father is chief of the Hairy Hooligan tribe which means Hiccup is the Hope and the Heir to the Hairy Hooligan throne - but most of the time Hiccup feels like a very ordinary boy, finding it hard to be a Hero.

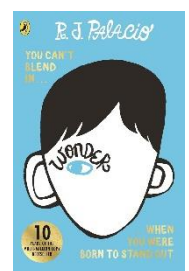
In the first *How to Train Your Dragon* book Hiccup must lead ten novices in their initiation into the Hairy Hooligan Tribe. They have to train their dragons or be BANISHED from the tribe FOR EVER!



Year 5/6 - *Wonder* by R.J. Palacio

Auggie wants to be an ordinary ten-year-old. He does ordinary things - eating ice cream, playing on his Xbox. He feels ordinary - inside. But ordinary kids don't make other ordinary kids run away screaming in playgrounds. Ordinary kids aren't stared at wherever they go.

Born with a terrible facial abnormality, Auggie has been home-schooled by his parents his whole life. Now, for the first time, he's being sent to a real school - and he's dreading it. All he wants is to be accepted - but can he convince his new classmates that he's just like them, underneath it all?



Wellbeing



Wishing Star - Close your eyes, be very still and imagine you are lying down on the grass at night. The grass is soft and warm and you can smell the fresh smell of earth. If you lie there very still, you can hear the blades of grass rustling slightly. It is a warm summer night and the sky is starting to go dark. As you lie there you can see some shimmering sparks in the sky. These stars make interesting patterns in the velvet dark sky. Spend some time looking at the glittering patterns. There is one star that catches your eye. It is the biggest star and it shines like a sparkling diamond. As you look at it, you can see all the colours of the rainbow in the star.

This is the most beautiful star you have ever seen - it is gleaming in the dark sky. The star appears to get bigger and bigger. It is getting brighter and brighter. **This is the wishing star.** You can wish for anything you like. Spend a few moments thinking about what you would like to wish for and, when you are ready, whisper your secret wish to the star. It is as if the star has heard your wish and is smiling. You feel happy and content that the wishing star has heard your secret wish, and you hope that one day your wish will be fulfilled. Be very quiet - try not to move a muscle - and think about how you would feel inside if your wish were granted. Stay there for as long as you like.

And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

Maths

Years 3/4 - Work out the total for this shopping list:

3 apples at 35p each =

7 onions each at 22p =

24 eggs at 11p an egg =

4 sweets at 27p each =

6 doughnuts at 19p each=

Year 5/6 – If you have an 11-minute and a 13-minute hourglass, how can you accurately time 15 minutes?

Poem of the week

A FRIEND BY GILLIAN JONES

A person who will listen and not condemn
Someone on whom you can depend
They will not flee when bad times are here
Instead they will be there to lend an ear
They will think of ways to make you smile
So you can be happy for a while
When times are good and happy there after
They will be there to share the laughter
Do not forget your friends at all
For they pick you up when you fall
Do not expect to just take and hold
Give friendship back, it is pure gold.

Inspiring Women

Lady Brenda Hale is a British judge who served as President of the Supreme Court (the final Court of Appeal) of the United Kingdom from 2017 until her retirement in 2020. She was the third person and first woman to serve in the role. In her earlier life, she studied at Girton College, Cambridge (the first from her school to attend Cambridge), where she read law. She was one of six women in her class, which had 110 men, and graduated with a starred first and top of her class in 1966. She is currently the judge presiding over the ongoing covid enquiry.



And finally ...

Thought of the week

"The beginning is always today." Mary Shelley

We hope you have enjoyed reading this edition of our Inspire bulletin and are always happy to receive any feedback you may have. Have a lovely weekend!ANSWERS

Thinking Challenges

Years 3/4 - I never ask you a question, but you will answer me... What am I?

A: A telephone

Years 5/6 -What has a back and four legs, but cannot stand or walk?

A; A chair

Maths

Years 3/4 - Work out the total for this shopping list:

3 apples at 35p each = £1.05

7 onions each at 22p = £1.54

24 eggs at 11p an egg = £2.64

4 sweets at 27p each = £1.08

6 doughnuts at 19p each= £1.14

Total = £7.45

Years 5/6 – If you have an 11-minute and a 13-minute hourglass, how can you accurately time 15 minutes?

A: Start both hourglasses. When the 11-minute hourglass has finished, immediately flip it again. When the 13-minute hourglass runs out, the 11 minute hourglass will have 9 minutes left, so flip it and it will last another 2 minutes.

13 minutes + 2 minutes = 15 minutes