



Inspire Bulletin 44 – 24th March 2023



Welcome to our next edition of the Inspire bulletin! We hope you enjoy it!

Words of the week

Correspond (verb): To have a close connection or similarity – *Each picture should correspond to a word on the board* OR to write letters or emails to someone – *Charlotte and Maya correspond with each other regularly to share their news*

Gluttonous (adjective): Very greedy – *I regret leaving the gluttonous dog alone in the kitchen.*

Thinking Challenge

Years 3/4 -Underline the two words, one from each group, that together make one new word. The word from the first group comes first.

Example (drain, gutter, ditch) (rain, pipe, flow)

1. (Grand, fancy, ornate) (tree, family, parent)
2. (Choose, choice, pick) (sword, axe, grip)
3. (Heart, blood, body) (more, felt, even)
4. (Bird, fly, robin) (music, song, strong)

Years 5/6 - Use the clue to work out the five-letter word. The missing three letters also form a word.

Example S----T (to begin) **TAR**

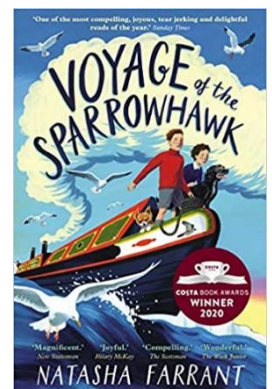
1. S---L (to take something from someone else)
2. S---E (a large pebble)
3. B---E (a woman getting married)

Recommended Reading

Natasha Farrant

Years 3/4 -Voyage of the Sparrowhawk by
In the aftermath of World War One, everyone is trying to rebuild their lives. If Ben is to avoid being sent back to the orphanage, he needs to find his brother Sam, wounded in action and is now missing. Lotti's horrible aunt and uncle want to send her away to boarding-school (when she has just so successfully managed to get expelled from her last one!). And Clara, their young teacher, is waiting for news of her missing fiancé.

Just as they think they've found their feet in the new order, disaster strikes, and Lotti and Ben must get away. And so, they hatch a plan - to cross the Channel on Ben's narrowboat and find Sam. And there's something in France that Lotti is looking for, too . . .



Years 5/6 Kensuke's Kingdom by Michael Morpurgo - I disappeared on the night before my twelfth birthday.... Washed up on an island in the Pacific, Michael struggles to survive on his own. With no food and no water, he curls up to die. When he wakes, there is a plate beside him of fish, of fruit, and a bowl of fresh water. He is not alone ...From the author of the internationally acclaimed War Horse, this is a spellbinding adventure story about friendship and survival.



Wellbeing

Battery Charger – Close your eyes, be very still and say to yourself slowly, *I am peaceful, I am peaceful, I am peaceful*. Now imagine that inside your head is a tiny battery. It is this battery that gives you all the power and energy you need. Sometimes the battery nearly runs out and you feel a bit tired. When this happens, you need to recharge your battery, so you feel refreshed and energised. Now there is a very special place, far, far away above the sun and moon: it is a beautiful world of light that you can travel to whenever you wish to recharge yourself and fill yourself with power and energy. It's a special battery-recharging place. It is a very safe place and easy to travel to.

See if you can fly with your mind to that special place. It takes just one thought: think where you want to go, and go there with your mind. Imagine you flying up past the sun and moon and stars to a world of radiant light. Stay very still in this world, and feel yourself filling with energy, strength and power. You start to feel all your energy coming back. Say to yourself *I am light, I am light, I am light*. The more you think thoughts of light, the stronger you will feel inside. Stay as long as you wish, enjoying this light.

And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

I AM STRONG, I AM STRONG

Maths

Years 3/4-Complete this table:

MM	CM	M
2450mm		
	476cm	
		27.8m

Years 5/6-BODMAS

$$(3 \times 6) + 7 =$$

$$6 (4 + 5) =$$

$$(2 \times 5) + (4 \times 12) =$$

Inspiring Women

Director of original series at streaming giant Netflix, **Carolina García** was born in Argentina and raised in California. The trained dancer and singer worked her way up through the entertainment industry after starting as an intern at 20th Century Fox. As creative executive, she has overseen various hit series for Netflix, including Stranger Things.

As one of the few Latinas in leadership roles in Hollywood, García works to increase on-screen representation of the Hispanic or Latino population and highlight their stories, as the ethnicity now represents nearly one in five of the US population.



ANSWERS

Thinking Challenges

Years 3/4

1. Grandparent
2. Pickaxe
3. Heartfelt
4. Birdsong

Years 5/6

1. TEA
2. TON
3. RID

Maths Answers

Years 3/4

MM	CM	M
2450mm	245 cm	2.45m
4760mm	476cm	4.76m
27800mm	2780cm	27.8m

Years 5/6

1. 25
2. 54
3. 58