## Inspire Bulletin 45 - 30th March 2023

Welcome to the next Inspire bulletin! We hope you enjoy reading it!

## Words of the week

Component (noun): An individual part of something larger - Reem screwed the final component of her time machine into place.

Asunder (adverb): Into pieces, usually by force - The pineapple was split asunder when you tried to catch it.

## Thinking Challenge

Years 3/4
Two words in each question do not belong with the rest. Underline these two words.
Example: horrid nasty kind mean unfriendly helpful

1. red green colour orange paint yellow
2. foal dog puppy kitten cat calf
3. trapezium triangle square rectangle circle parallelogram
4. bicycle car van lorry taxi sledge


## Years 5/6

A four-letter word is hidden in each of these sentences. You will find the hidden word at the end of one word and the beginning of the next. Underline the hidden word and then write it on the line.
Example: Carol ended the speech with a joke. lend

1. "I think you were adding up the wrong numbers," Suzy told me. $\qquad$
2. Esther often goes with her friend to play tennis. $\qquad$
3. Amy painted the table after he had painted the chairs. $\qquad$
4. Sanjana said she would go alone to fight the hideous Minotaur. $\qquad$

## Recommended Reading

## Years 3/4 -The Griffin Gate by Vashti Hardy

"Warden Griffin at your service. Can I ask if you've seen a monster in the area ...?" Grace's family are wardens of the Griffin Map, using its teleport technology to fight crime across Moreland. Although Grace is still too young, she longs to go on missions herself. After all, if her brother, Bren, can do it, why can't she? So, when Grace finds herself alone with the map when a distress call comes in, she jumps at the chance to prove she's up to the task. But the map transports Grace to a remote village where nothing is quite as it seems ... Has she taken on more than she can handle? Be transported to a world like no other in this steampunk, fantasy adventure with family at its heart from Blue Peter Book Award-winner Vashti Hardy.


Years 5/6 - Pages \& Co: Tilly and the Book Wanderers by Anna James


Eleven-year-old Tilly has lived above her grandparents' bookshop ever since her mother disappeared shortly after she was born. Like the rest of her family, Tilly loves nothing more than to escape into the pages of her favourite stories.

One day Tilly realises that classic children's characters are appearing in the shop through the magic of 'book wandering' - crossing over from the page into real life.

With the help of Anne of Green Gables and Alice in Wonderland. Tilly is determined to solve the mystery of what happened to her mother all those years ago, so she bravely steps into the unknown, unsure of what adventure lies ahead and what dangers she may face.

## Wellbeing

Quiet Space
Close your eyes, be very still and imagine there is a tiny space right in the middle of your head. A tiny space where there is no noise and no movement. It is completely silent here. This is your own secret place, which you may come to whenever you like.

Nobody can come in, because the door is right inside your mind and they wouldn't be able to find it. It's a place that only you may come to when you want to be alone and quiet. It's your private place. Can you open the door inside your mind and step into this quiet space? It feels lovely sitting here in the quiet. It is so calm and quiet, take in a deep breath. As you breathe in, breathe in a feeling of peace. Breathe in peace, breathe out peace. You feel so safe and cosy here. Just allow all your thoughts to slow gently down, while you enjoy the peace and quiet. Repeat to yourself I am quiet, I am quiet, I am quiet. Stay for as long as you wish, feeling peaceful, peaceful. Feel quiet. Feel calm. Feel silent. Feel still. Feel quiet, feel quiet, feel quiet.

And now, when you are ready, wiggle your fingers and toes, have a big stetch and open your eyes.
I GIVE MYSELF SPACE TO THINK AND FEEL.

## Maths

Years 3/4- Addition and subtraction

1. 34
$+25$
$\qquad$
2. 584
$+378$
$\qquad$
3. 5988
$+3769$


## Years 5/6

## Addition and subtraction problems:

1. Add together seventeen and fourteen. $\qquad$
2. How many is six hundred and twelve plus ninety-nine? $\qquad$
3. What is six hundred and two minus three hundred and fifteen? $\qquad$
4. To five thousand and twenty add the sum of eighteen and twelve. $\qquad$

Inspiring Women


## Emma Watson

She is best known for her iconic acting role as Hermione Granger in the globally successful Harry Potter film series.

Watson is also known for her women's rights work and in 2014, was appointed as a UN Women Goodwill ambassador and helped launch the UN Women campaign HeForShe, which encourages all genders to work towards gender equality.

During a speech at the UN Headquarters in New York City, she called feminism "the belief that men and women should have equal rights and opportunities".

## ANSWERS

## Thinking Challenges

Years 3/4

1. colour paint
2. dog cat
3. triangle circle
4. bicycle sledge

Years 5/6

1. read
2. hero
3. leaf
4. goal

## Maths Answers

## Years 3/4

1. 59
2. 962
3. 9757

Years 5/6

1. 31
2. 711
3. 287
4. 5050
