



Inspire Bulletin 29 – 18th Nov 2022



A very warm welcome to the first Inspire Bulletin of this academic year! Following the very sad passing of our longest reigning Monarch, Queen Elizabeth II, we are dedicating this edition to her memory with a specially extended “Inspiring Women” section put together by our Kendrick librarians. We hope you enjoy reading it!

Words of the week

Citizen (noun): A legal resident of a country, town or city - *Every British citizen will argue about how to say “scone”.*

Majestic (noun): Impressive or admirable in beauty or size - *The majestic palace seemed to go on forever.*

Reign (verb): Hold royal office, rule as monarch - *Queen Elizabeth reigned over the UK.*

Thinking Challenges

Years 3/4

A four or five letter word is hidden in each of these sentences. You will find the hidden word at the end of one word and the beginning of the next. Underline the hidden word and then write it on the line.

Example Daniel **ended** the speech with a joke. **Lend**



1. The little corgis barked at the servants. -----
2. The chauffeur parked the limousine at the palace. -----
3. The beautiful lady posed for a photograph at the castle. -----
4. The princes went to learn French at lunchtime. -----

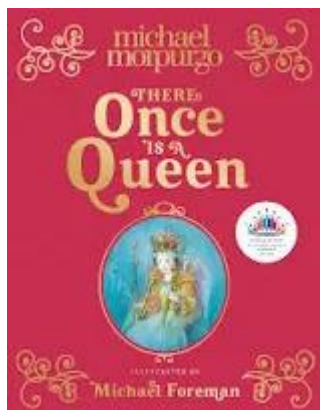
Year 5/6

In each group, three words go together and two are the odd ones out. Underline the **two** words that do **not** go with the other three.

Example comprehend understand confuse unsure group

1. repellent alluring attractive tempting hideous
2. achieve accomplish realise forget fail
3. joke argue jape jest decry
4. clumsy graceful elegant refined awkward
5. ferocious tranquil fierce savage tender

Recommended Reading



Michael Morpurgo "There Once Is A Queen"

A poetic celebration of Queen Elizabeth II, our longest reigning monarch, beautifully illustrated in watercolour by acclaimed artist Michael Foreman.

There once was a little girl, born a princess. While she was still a young woman, she became a queen. Seventy years later, her reign as the longest serving female monarch in history saw her stand steadfast through triumph and tribulation, and through the monumental changes that have shaped our world. This remarkable queen remained devoted to crown, to country . . . and a corgi or two!

Wellbeing

Be A Queen

Close your eyes, be very still and imagine your mind is the queen and your body is the servant. Whatever the queen orders, the servant has to obey. Whatever the mind says, the



body has to respond to. You are a very kind queen and always treat your body with a great amount of love and respect. You are very grateful to your body, for without it you wouldn't be able to do much at all. So sit for a while and think about how wonderful your body is. Now, as the queen, you can order your body to do anything. Can you ask your body to wiggle its toes or its fingers? Now you are going to gently order the body to completely relax.

Can you order the legs and feet to become still and relax? Say to your legs *I command you to relax*, and feel them become heavy and relaxed. Now order the chest and the stomach to relax. Say to your chest and stomach *I command you to relax*, and feel all the muscles in your stomach and chest letting go and relaxing. Now direct the arms and hands to relax. Say *I command you to relax*, and notice as they do become heavy and relaxed. Finally, command the head to completely relax. Your eyes relax, your ears relax, your forehead relaxes, your mouth relaxes, your jaw relaxes. The whole of your body is completely relaxed. What a powerful queen you are! Your body has obeyed your every word and is completely still and relaxed. Stay as still as you can until it is time to command the body to move again.

And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

Maths

Years 3/4

Elizabeth wants to use this recipe to make chocolate cupcakes. It makes 12 cupcakes.

Chocolate Cupcakes

300g chocolate
200g flour
200g sugar
150ml oil
280ml milk
4 eggs



If she wants to make 18 cupcakes, how much of each ingredient will she need?

- a)----- g chocolate
- b)----- g flour
- c)----- g sugar
- d)----- ml oil
- e)----- ml milk
- f)----- eggs

Year 5/6

1. Water leaks from a palace tap at a rate of 200 ml every 5 minutes. How much will leak in one hour?
2. A jacuzzi bath holds 36 litres of water. How many times can a 6 litre bucket be filled from it?
3. On a hot day a souvenir shop in Windsor sold 87 000 ml of water out of a total stock of 100 litres. How many litres were left at the end of the day?
4. The royal cats drink, on average, 2 litres of milk every day. How much do they drink in 4 weeks?
5. If a Rolls Royce car travels 12 km on each litre of petrol, how far will it go on 80.5 litres?



Queen Elizabeth II 1926-2022



Queen Elizabeth II ruled for longer than any other Monarch in British history, becoming a much loved and respected figure across the globe. Her extraordinary reign saw her travel more widely than any other monarch, undertaking many historic overseas visits. Known for her sense of duty and her devotion to a life of service, she was an important figurehead for the UK and the Commonwealth during times of enormous social change.

Her Majesty carried out a full programme of engagements, from visits to charities and schools, to hosting visiting Heads of State, to leading the nation in Remembrance and celebratory events - all supported by other members of the Royal Family.

Queen Elizabeth II saw public and voluntary service as one of the most important elements of her work. The Queen had links - as Royal Patron or President - with over 600 charities, military associations, professional bodies and public service organisations. These varied from well-established international charities to smaller bodies working in a specialist area or on a local basis only.



Her patronages and charities covered a wide range of issues, from opportunities for young people, to the preservation of wildlife and the environment. Having Her Majesty as Royal patron or president provided vital publicity for the work of those organisations, and allowed their enormous achievements and contributions to society to be recognised.

Her Majesty supported and encouraged achievement in all walks of life through the annual programme of Investitures (at which she presented members of the general public with their honours), Garden Parties, receptions and other awards given in her name, which allowed her to say 'thank you' to all those who contributed to the life of the nation and the Commonwealth.



The Queen carried out all of her duties against the backdrop of a full personal life which saw her raise four children and welcome grandchildren, and great-grandchildren to the Royal Family. The Duke of Edinburgh was – in her own words – her 'strength and stay' during most of her reign, whilst other members of the Royal Family continued to offer vital support through their work in the UK and overseas.

Queen Elizabeth II was the most powerful person in Britain, but she was also one of the most inspiring women in the world.

The 96-year-old, was the UK's longest-serving monarch and despite hardly ever discussing women's rights, she had a watershed impact on empowering women everywhere throughout her reign.



Olivia Colman as The Queen

The Queen was often described as a feminist icon, including by Olivia Colman, who played the monarch in the latest season of *The Crown*. In November 2019, the Oscar winner told *Radio Times*: “[The Queen is] the ultimate feminist. She’s the breadwinner. She’s the one on our coins and banknotes.”

In celebration of her life, here are some of her best feminist moments.



In 2003, **the Queen** famously took Abdullah, who died in 2015, for a drive in her Land Rover when he came to visit her in Balmoral, Scotland. The story was told in a memoir by British diplomat Sir Sherard Cowper-Cowles, who was Ambassador to Saudi Arabia at the time. *“After lunch, the Queen had asked her royal guest whether he would like a tour of the estate,”* wrote Cowper-Coles.

Prompted by his foreign minister the urbane Prince Saud, an initially hesitant Abdullah had agreed. The royal Land Rovers were drawn up in front of the castle. As instructed, the Crown Prince climbed into the front seat of the front Land Rover, his interpreter in the seat behind. *“To his surprise, the Queen climbed into the driving seat, turned the ignition and drove off.”* **The move was particularly significant considering women were not yet allowed to drive in Saudi Arabia, and, as Cowper-Coles writes, “Abdullah was not used to being driven by a woman, let alone a Queen”.**



The Queen quietly oversaw the change in royal rules of succession to allow the eldest woman to accede to the throne.

In 2011, **the Queen** oversaw a major change to succession laws as agreed by the leaders of the 16 Commonwealth countries that meant sons and daughters of any future British monarch would have equal rights to the throne. Up until that point, the laws of succession dictated that the heir to the throne is always the first-born son of the monarch.

But according to the new rules, had the Duke and Duchess of Cambridge had a daughter first, she would have taken precedence to the throne over her younger brothers. As it so happens, the couple had a boy first, Prince George.

Queen Elizabeth II became the first female member of the Royal Family to join the Armed Services full-time.

One of the reasons why the Queen was such a keen driver (she was regularly photographed behind the



wheel) is because in 1945 during World War II, she drove trucks and learnt how to repair cars in the Women's Auxiliary Territorial Service.



The Queen gave a brilliant speech at the centenary celebrations of the Women's Institute in 2015.

In June 2015, **the Queen** opened the 100th annual meeting of the Women's Institute (WI) at the Royal Albert Hall in London. The monarch, who was a member of Sandringham WI in 1943, delivered an inspiring speech to more than 5,000 WI members to mark the occasion. In the speech, she highlighted some of the greatest achievements for women in the last 100 years.

"There has been significant economic and social change since 1915," she said. "Women have been granted the vote, British women have climbed Everest for the first time and the country has elected its first female prime minister."

She added: *"In the modern world, the opportunities for women to give something of value to society are greater than ever, because, through their own efforts, they now play a much greater part in all areas of public life."*



"In 2015 it continues to demonstrate that it can make a real difference to the lives of women of all ages and cultural backgrounds, in a spirit of friendship, cooperation and support."



When the Duke of Edinburgh was still alive, he almost always walked behind the Queen.

This is no coincidence. According to tradition, when the royal family is part of a procession, they enter and are seated in the order of precedence, which is the same as the line of succession to the throne.

This means that **the Queen** always walked in front, followed by Prince Philip, the Prince of Wales and the Duchess of Cornwall, and then the Duke and Duchess of Cambridge and so forth.

After Philip's death in April 2021, the order of the procession started with the Queen, followed by Prince Charles and Camilla (who are now the King and Queen consort), then Prince William and Kate Middleton, and so on.

Queen Elizabeth II, the UK's longest-serving monarch, died at Balmoral aged 96, after reigning for 70 years.

She died peacefully on Thursday 08 September 2022, at her Scottish estate, where she had spent much of the summer.

Her son **King Charles III** said the death of his beloved mother was a "moment of great sadness" for him and his family and that her loss would be "deeply felt" around the world.



ANSWERS

Thinking Challenges

Years 3/4

1. these
2. neat
3. full
4. chat

Years 5/6

1. repellent, hideous (the others are synonyms for attractive)
2. forget, fail (the others are synonyms for achieve)
3. argue, decry (the others are synonyms for joke)
4. clumsy, awkward (the others are synonyms for graceful)
5. tranquil, tender (the others are synonyms for fierce)

Maths

Years 3/4

The original recipe is for 12. $12 \div 2 = 6$ so to find the answers to a) to f) the original amounts need to be divided by 2 and multiplied by 3.

- a) 450g
- b) 300g
- c) 300g
- d) 225g
- e) 420g
- f) 6

Years 5/6

1. 2 litres 400 ml
2. 6
3. 13 litres
4. 56
5. 966