

July

INSPIRE BULLETIN



Theme: Wimbledon

Wimbledon is the oldest tennis tournament in the world, starting way back in 1877. It's been around for more than 140 years!

Unlike most tennis tournaments that use hard or clay courts, Wimbledon is played on grass courts.



RECOMMENDED READING:

-Year 3 + 4 book: The Iron Man by Chris Mould and Ted Hughes

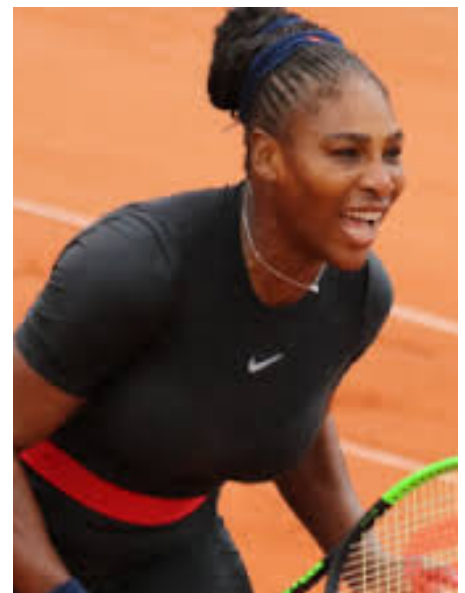
Year 5+6 book: Rooftoppers by Katherine Rundell

OTHER FEATURES:

- Wellbeing activity
- Thinking challenge
- Maths puzzle
- Thought of the week

INSPIRING WOMAN: SERENA WILLIAMS

7 time Wimbledon winner, ranked world number one for 319 weeks



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Words of the Week:

Sportsmanship - fair and generous behaviour or treatment of others, especially in a sporting contest.
Usage: She displayed great sportsmanship in defeat

Diligence - careful and persistent work or effort
Usage: She practised tennis with great diligence.



Thinking Challenge

Years 3 and 4: What are the next 3 letters in this sequence? o t t f f s s ...

Year 5 and 6 : A boy has as many sisters as brothers, but each sister has only half as many sisters as brothers. How many brothers and sisters are there in the family?

Maths

Years 3 and 4: How high would you have to count before you used the letter a?

Years 5 and 6: If you toss a coin ten times and it lands heads up every time, what are the chances it will land heads up if you toss it again?



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RECOMMENDED READING:

-Year 3/4: *The Boy Who Grew Dragons* By Andy Shepherd

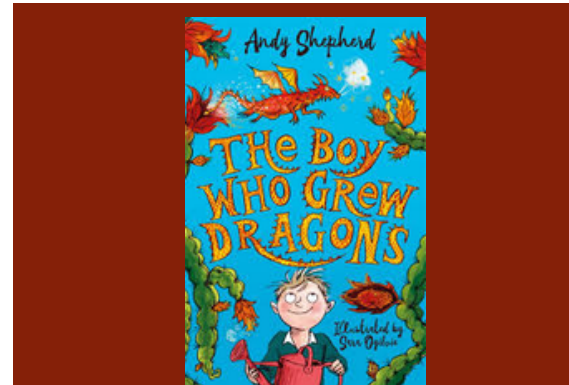
When Tomas discovers a strange old tree at the bottom of his grandad's garden he doesn't think much of it. But he takes the funny fruit from the tree back into the house - and gets the shock of his life when a tiny dragon hatches!

-Year 5/6: *Rooftoppers* by Katherine Rundell

Everyone tells Sophie that she was orphaned in a shipwreck - found floating in a cello case on the English Channel on her first birthday. But Sophie is convinced her mother also survived.

When the Welfare Agency threatens to separate her from her guardian and send her to an orphanage, Sophie takes matters into her own hands, starting with the only clue she has - the address of a cello-maker in Paris. On the run from the authorities, Sophie finds Matteo and his network of rooftoppers - urchins who walk tightropes and live in the sky. In a race across the rooftops of Paris, will they be able to find her mother before it's too late?

Hopeful, inspiring and thrilling in equal measure, this is a classic adventure story about pursuing your dreams and never ignoring a possible.



WELLBEING:

Meditation:

Firstly find a space – big enough so you can have your legs and arms stretched out in a star shape. To start off just be in a relaxed star shape – rather than all pointy and stiff! Get settled and do any last fidgets so you feel happy and comfortable here. Take a couple of nice deep breaths in through your nose and out through your mouth. In through your nose and out through your mouth and with this next one, as you breathe out, let your eyes gently close. Well done. Now you're settled, see if you can you imagine a Starfish. With five points coming out from it's centre. Choose what colour you'd like it to be. Starfish can be all sorts of colours, so make it the colour you'd like. You can make it patterned too if you like. Spotty or stripey... maybe even sparkly with glitter. What a great starfish you have in your mind!

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INSPIRING WOMEN: SERENA WILLIAMS

Considered the greatest women's tennis player of all time, and perhaps the greatest athlete of all time, Serena Williams has revolutionized women's tennis since the 1990s. With 23 Grand Slam titles, Williams rose from the public courts of Compton, California to shatter records and dominate the field.



THOUGHT OF THE MONTH

“Face your fears; live your passions, be dedicated to your truth.”
— Billie Jean King

CHALLENGE ANSWERS:

Thinking challenge:

- Year 3 / 4: e n t - they are the first letters of writing the numbers one to ten
- Year 5 / 6: Four brothers and three sisters

Maths challenge:

- Year 3 / 4: One thousand
- Year 5 / 6: 50% - the final toss is a separate event to the ten others, with the same probability