



# Inspire Bulletin 33 – 16th Dec 2022



This is the last Inspire bulletin of the term – we hope you all have a lovely holiday season!

## Words of the week



**Festive (adjective):** relating to a festival, especially Christmas – *The festive season is fast approaching*

OR Cheerful and jovially celebratory – *There is a festive mood in the household.*

**Celebrate (verb):** to acknowledge a significant day or event with a social gathering or enjoyable activity – *They celebrate Christmas by giving presents.*

## Thinking Challenge



Years 3/4

I get chopped, decorated and on one end you'll see wings on top. What am I?

Year 5/6

Which one of Santa's reindeer can you see in outer space?



## Recommended Reading



A plucky little robin sets out on an epic journey. Through dark forests, driving rain, clapping thunder and flashing lightning. Across frozen wastes, huge mountains and stormy seas he flies. And all the while he's dreaming of home. Of her. But will he ever get there? Find out in this wonderfully lyrical Christmas story from the brilliant Michael Morpurgo, with stunning illustrations by Kerry Hyndman.





## Wellbeing

**Peace Star Meditation** – Close your eyes, be very still and imagine you have a star in the middle of your forehead behind your eyes. This is your special peace star and every time you think about it you immediately feel peaceful and calm. Can you see it? What colour is your shining peace star? Stay as still as you possibly can and imagine a tiny star of peace shining inside your head. Breathe in peace, breathe out peace, breathe in peace, breathe out peace. The more you concentrate on your peace star, the more you become peaceful and calm and your whole body relaxes. Say to yourself *I am calm, I am peaceful, I am relaxed. I am calm, I am peaceful, I am relaxed.* Enjoy the peace you have created and stay in your peaceful place as long as you wish.



And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

## Maths

### Years 3/4

Santa's Sleigh is 11 metres long. If ten sleighs are parked one behind the other, how long is the line of sleighs?

### Year 5/6

In the North Pole, there are 4 polar bears to every 7 reindeer. If there are 88 animals, how many reindeer are there?



## Inspiring Women



**Jill Scott MBE** Jill is best known for her outstanding performance in the women's Euro 2022 team that went on to win the nail-biting competition. The Lioness kicked off her football career with her home city's women's team before joining Everton Women in 2006 and Manchester City in 2013.

Jill's career highlights include winning the Women's Super League title with City in 2017, scoring England's winner against Holland in the Euro 2009 semi-finals, and representing Great Britain at the 2012 Olympics. The sportswoman was appointed a Member of the Order of the British Empire (MBE) in the 2020 New Year Honours, for services to women's football. And in August this year, Jill retired as England's second-most capped international footballer (men and women).



## **ANSWERS**

### **Thinking Challenges**

#### **Years 3/4**

I get chopped, decorated and on one end you'll see wings on top. What am I?

*A: A Christmas Tree*

#### **Years 5/6**

Which one of Santa's reindeer can you see in outer space?

*A: Comet*

### **Maths Answers**

#### **Years 3/4**

Santa's Sleigh is 11 metres long. If ten sleighs are parked one behind the other, how long is the line of sleighs?

*A: 110 metres*

#### **Years 5/6**

In the North Pole, there are 4 polar bears to every 7 reindeer. If there are 88 animals, how many reindeer are there?

*A: 56*