



Inspire Bulletin 48 – 5th May 2023



Welcome to our special Coronation edition of the Inspire bulletin! We hope you enjoy reading it!



Words of the week

Regal (Adjective): typical of a king or queen, and therefore impressive. *She looks very regal because she is wearing a grand dress.*

Sceptre (noun): staff or wand held in the hand by a ruling monarch as an item of royal or imperial insignia, signifying sovereign authority. *The King is wearing a crown and carrying a sceptre.*



Thinking Challenge

Years 3 & 4 - Underline the **general** word in each row, which is the word that includes all the others.

Example banana apple fruit raspberry pear kiwi
 goat dog rabbit animal cow sheep
 red colour yellow brown vermillion pink
 music law teaching profession architecture medicine
 jug bucket bowl can bottle container
 fly insect ant wasp mosquito beetle



Years 5 & 6 - Find the missing number in each sequence. Write it on the line.

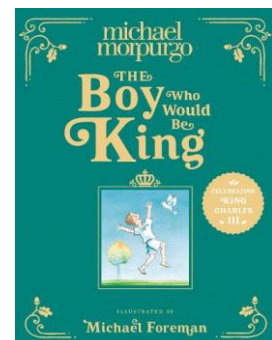
- 900 800 750 650 _____ 500 450
- 40 20 70 40 100 60 _____
- 18 35 _____ 137 273
- 13 21 34 _____ 89 144

Recommended Reading

The Boy Who Would Be King by Michael Morpurgo - A tribute to King Charles III, published to mark his coronation.

There once was a boy who was going to be king one day...

From Sir Michael Morpurgo comes a poetic celebration of our new monarch, King Charles III. There once was a little boy, born a prince. Encouraged by his parents, he grew up with a passion for the countryside, wanting to look after it. Then, as the longest-serving Prince of Wales in British history, he dedicated decades of his life to raising awareness for conservation. Now our King, his devoted work will continue to inspire the protection of our planet for future generations.



Wellbeing

Be A King!

Close your eyes, be very still and imagine your mind is the king and your body is the servant. Whatever the king orders, the servant has to obey. Whatever the mind says, the body has to respond to. You are a very kind king and always treat your body with a great amount of love and respect. You are very grateful to your body, for without it you wouldn't be able to do much at all. So sit for a while and think about how wonderful your body is. Now, as the king, you can order your body to do anything. Can you ask your body to wiggle its toes or its fingers? Now you are going to gently order the body to completely relax. Can you order the legs and feet to become still and relax? Say to your legs *I command you to relax*, and feel them become heavy and relaxed. Now order the chest and the stomach to relax. Say to your chest and stomach *I command you to relax*, and feel all the muscles in your stomach and chest letting go and relaxing. Now direct the arms and hands to relax. Say *I command you to relax*, and notice as they do become heavy and relaxed. Finally, command the head to completely relax. Your eyes relax, your ears relax, your forehead relaxes, your mouth relaxes, your jaw relaxes. The whole of your body is completely relaxed. What a powerful king you are! Your body has obeyed your every word and is completely still and relaxed. Stay as still as you can until it is time to command the body to move again.



And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

Maths

Years 3 & 4

1. What is sixty-six divided by three?
2. If 320 gold crowns are divided between 8 children, how many does each child get?
3. Divide sixty-two scones between a pair of children, how many scones does each child get?

Years 5 & 6

1. Helen works at a cake shop. She is paid £7.25 an hour, plus 50p for every cake she sells. Last weekend she worked for 15 hours and sold 23 cakes. How much did she earn?
2. I think of a number. I multiply it by 7 then subtract 8. The answer is 76. What was my number?
3. Find the value of b in each of these equations.

a) $3b + 7 = 13$ _____ b) $5b - 9 = 11$ _____



Inspiring Women

Camilla, Queen Consort

Camilla is Queen Consort of the United Kingdom and the 14 other Commonwealth realms as the wife of King Charles III. She became queen consort on 8 September 2022 when her husband became king upon the death of his mother, Elizabeth II. Camilla carries out public engagements representing the monarchy, often alongside her husband. She is also the patron, the president, or a member of numerous charities and organisations. Since 1994, Camilla has campaigned to raise awareness of osteoporosis, which has earned her several honours and awards. She has also campaigned to raise awareness of issues such as literacy, animal welfare, and poverty.



Answers

Thinking Challenges

Years 3 & 4

1. animal
2. colour
3. profession
4. container
5. insect

Years 5 & 6

1. 600 (-100, -50 repeating pattern)
2. 130 (leapfrogging +30, +20 each time)
3. 69 (double and -1 each time)
4. 55 (add the 2 previous numbers)

Maths

Years 3 & 4

1. 22
2. 40
3. 31

Years 5 & 6

1. £120.25 ($£7.25 \times 15 = £108.75$, $23 \times 50p = £11.50$, so $£108.75 + £11.50 = £120.25$)
2. 12 (work backwards: $76 + 8 = 84$. 84 divided by 7 = 12)
3. a) 2 ($3 \times 2 + 7 = 13$) b) 4 ($5 \times 4 - 9 = 11$)