



# Inspire Bulletin 46 – 24th April 2023



Welcome to the next Inspire bulletin! We hope you enjoy reading it!

## Words of the week

**Adjacent (adjective):** Position next to or nearby - *Sarah and Nikita had adjacent rooms in the house.*

**Adhere to (verb):** To act in accordance with something - *All students must adhere to the rules set by the teacher.*

## Thinking Challenge

Years 3/4

Use the clue to work out the five-letter word. The three letters also form a word.

**Example** S---T (to begin) TAR

1. S---K (to talk)
2. C---E (a large box)
3. S---K (a nasty smell)
4. G---N (got bigger)
5. P---L (found in an oyster shell)



Years 5/6

Identify the words that are most **similar** in meaning.

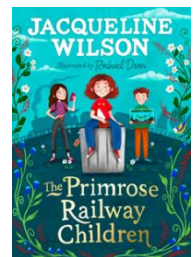
**Example** (rain, snow) (sea, sand) (earth, mud)

1. (career, mountain) (clamber, climb) (struggle, slippery)
2. (precise, exact) (prelude, finale) (dramatic, actor)
3. (envious, jealous) (tender, tendril) (envisage, enlighten)
4. (rein, reign) (measure, matter) (rule, regulation)
5. (leather, fleece) (flicker, glimmer) (shadow, dark)

## Recommended Reading

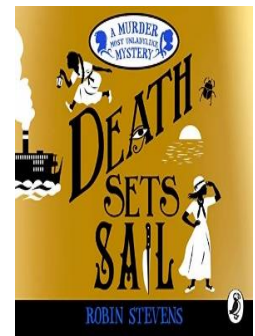
**Years 3/4** From multi-million bestselling author Jacqueline Wilson and inspired by E. Nesbit's timeless classic, *The Primrose Railway Children* is a story of family secrets and new adventures.

Phoebe Robinson loves making up stories - just like her wonderful, imaginative Dad. When he mysteriously disappears, Phoebe, Perry, Becks and their mum must leave everything behind and move to a small cottage in the middle of nowhere. Struggling to feel at home and missing her Dad terribly, Phoebe's only distraction is her guinea pig Daisy. Until the family discover the thrilling steam trains at the railway station and suddenly, every day is filled with adventure. But Phoebe still can't help wondering, what is Mum hiding and more worryingly is Dad okay?..



**Years 5/6 When Death Sets Sail by Robin Stevens** - Daisy Wells and Hazel Wong are in Egypt, where they are taking a cruise along the Nile. They are hoping to see some ancient temples and a mummy or two; what they get, instead, is murder.

Also travelling on the SS *Hatshepsut* is a mysterious society called the Breath of Life: a group of genteel English ladies and gentlemen, who believe themselves to be reincarnations of the ancient pharaohs. Three days into the cruise, their leader, Theodora Miller, is found dead in her cabin. It soon becomes clear to Daisy and Hazel that Theodora's timid daughter, Hephzibah, who is prone to sleepwalking, is being framed. Daisy and Hazel leap into action and begin to investigate their most difficult case yet. But there is danger all around, and only one of the Detective Society will make it home alive....



## Wellbeing

**Door of Light** – Close your eyes, be very still and imagine that in front of you is a door. Have a close look. What colour is the door? You wonder what special things are behind the door. Where will it lead? On the door is the word WELCOME. You turn the door handle and step inside. You find yourself walking into a room that is filled with the most golden-red light. All the thoughts in your mind become very still. It is as if this golden-red light is filling your head and making you feel very gentle and peaceful. Stay very still and feel this beautiful light swirling around your head. Now feel the light in your arms. See if you can feel the golden-red light in your chest and tummy. Can you feel it in your legs? Your whole body feels as if it is made of golden-red light, and you feel wonderful. At this moment you would not rather be anywhere else, as it is so lovely being in this room of light. You are surrounded by perfectly pure light. The light is swirling around your body. You feel so safe and secure in it. Stay in this wonderful room of light for as long as you wish and, when you are ready to, step out of the room of light and open your eyes again.

And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

**I AM PURE LIGHT, I AM PURE LIGHT**

## Maths

### Years 3 & 4

#### Fraction Problems

1. If  $\frac{2}{3}$  of Jane's room is painted blue and  $\frac{1}{6}$  is painted red, what fraction of her room is painted?
2. What fraction of a week is three days?
3. One quarter of a number is 17. What is the number?
4.  $\frac{11}{16}$  of the children in a class are boys. What fraction are girls?

## Years 5/6

### Fractions, decimals and percentages

1. Claire gave  $\frac{1}{3}$  of her money to charity, spent  $\frac{1}{2}$  on presents for her family and saved the rest. She gave £9 to charity
  - a. How much did she spend on presents?
  - b. How much did she have to start with?
2. Anushka measured two pieces of string. One was 45.6 cm long and the other was 82.3 cm long. How much longer was the longer piece?
3. Twenty percent of the children in Year 6 had blond hair. If forty - eight children didn't have blond hair, how many did?
4. In a class of 50, 15 children failed their spelling test. What percentage of children passed?

## Inspiring Women

**Amanda Gorman** is an American poet and activist. Her work focuses on issues of oppression, feminism, race, and marginalization. Gorman was the first person to be named National Youth Poet Laureate. She published the poetry book *The One for Whom Food Is Not Enough* in 2015. You may know Amanda Gorman from the poem she read at President Biden's inauguration, "The Hill We Climb," or from her appearance at the 2021 Super Bowl, where she became the first poet ever to perform at that event.



### ANSWERS

#### Thinking Challenges

##### Years 3/4

1. PEA
2. RAT
3. TIN
4. ROW
5. EAR

##### Years 5/6

1. clamber, climb
2. precise, exact
3. envious, jealous
4. rule, regulation
5. flicker, glimmer

#### Maths Answers

##### Years 3/4

1.  $\frac{5}{6}$
2.  $\frac{3}{7}$
3. 68
4.  $\frac{5}{16}$

##### Years 5/6

1. a. £13.50
2. b. £27
3. 36.7cm
4. 12
5. 70%