## Inspire Bulletin 57 - 14th July 2023

Welcome to the last edition of the Inspire bulletin for this term! We hope you enjoy reading it! We hope you have a wonderful summer!

## Words of the week

Devour (verb): to eat with speed, hungrily - She was so hungry that she devoured the sandwich

Measly (adjective): Very small or few - The dinner lady gave me a measly portion of vegetables

Thinking Challenge
Years 3 \& 4 - What has a lot of holes but can still hold water?


Years 5 \& 6 - Which one doesn't belong: egg, banana, apple, walnut, tangerine or avocado?

## Recommended Reading

Years 3 \& 4 - Amelia Fang and the Barbaric Ball by Laura Ellen Anderson Welcome to the world of Nocturnia, where darkness reigns supreme, glitter is terrifying, and unicorns are the stuff of nightmares! Amelia Fang would much rather hang out with her pet pumpkin Squashy and her friends Florence the yeti and Grimaldi the reaper than dance at her parents' annual Barbaric Ball. And when the King's spoiled son Tangine captures Squashy, Amelia and her friends must escape the party to plan a daring rescue! In their race against time, they begin to realise things in Nocturnia may not be quite what they seem . . . Join Amelia on her
 very first adventure. She won't bite!


Years 5 \& 6-Fire Girl Forest Boy by Chloe Daykin - Cultures and childhoods collide deep in the Peruvian rainforest as presented by the dual narratives of Mayafirst world daughter of renowned scientists and activists and Raul- self-exiled from his beloved and threatened forest home. Both struck by tragedy and loss, deeply suspicious of each other but gradually realising they share the same passions and goals and discovering complimentary and surprising talents in each other. This is a nail bitingly tense and fast paced adventure as they pursue the criminals who have kidnapped Maya's father and battle the corruption destroying precious habitats and homes.

## Wellbeing

STARS - Close your eyes, be very still and imagine that you are a tiny star. Now imagine that there is a huge star
 up in the dark blue sky. This star is very bright - it is the brightest start in the whole sky. Slowly, you start to drift up towards the bright star. It feels as if you are being lifted. You feel light and free. Up and up you go, further and further into the sky, until finally you are sitting next to this radiant, shining star. This star is twinkling in the deep blue sky. It is so full of light and looks so brilliant. You feel very comfortable sitting next to it. Just looking at the beaming rays coming from the star makes you feel happy. Can you shine as brightly as the big star? Have a try. Be very still and just think of light, and then you can shine like the brightest star in the sky. Repeat to yourself I am a tiny shining star, I am a tiny shining star. Keep shining until you are ready to twinkle back to the ground.

And now when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

## Maths

## Years 3 \& $4-$

1. Round 519 to the nearest 10
2. Round 4763 to the nearest 100
3. Round 3850 to the nearest 1000

Years 5 \& 6 - Can you arrange four nines to make it equal to 100 using two mathematical symbols?

## Inspiring Women

## MARTINA NAVRATILOVA -

Martina Navratilova is a Czech-born American former professional tennis player and is widely considered among the greatest tennis players of all time. Originally from Czechoslovakia, Martina was stripped of her citizenship when, in 1975 at age 18, she asked the United States for political
 asylum and was granted temporary residence. She became a US citizen in 1981. On January 9, 2008, Navratilova acquired Czech citizenship, thus becoming a dual citizen. She has been an activist for LGBTQ issues.

## Thinking Challenges Answers

What has a lot of holes but can still hold water?

## A: A sponge

Which one doesn't belong: egg, banana, apple, walnut, tangerine or avocado? -
A: Apple, the only one that can be eaten with its outside still on

## Maths Answers

1) Round 519 to the nearest 10-520
2) Round 4763 to the nearest 100-4800
3) Round 3850 to the nearest 1000-4000

Can you arrange four nines to make it equal to 100 using two mathematical symbols?
A: $99+9 / 9=100$

