



Inspire Bulletin 31 – 2nd Dec 2022



Welcome to the next issue of the Inspire Bulletin! We will be sending inspire bulletins every week to keep you busy and thinking!

Words of the week

Malleable (adjective): easily hammered into a new shape/easily influenced – It is easy to change the shape of *the malleable metal*.

Penultimate (adjective): Last but one, second last – *Maya began her penultimate lap of the race track*.

Thinking Challenges

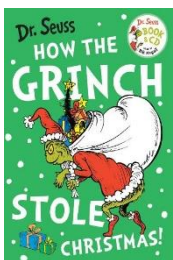
Years 3/4

What can fill an entire room without taking up any space?

Year 5/6

What always murmurs but never talks, always runs but never walks, has a bed but never sleeps, has a mouth but never speaks?

Recommended Reading

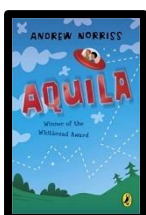


Years 3/4 – How The Grinch Stole Christmas by Dr Seuss

“The Grinch hated Christmas! The whole Christmas season!
Now, please don’t ask why. No one quite knows the reason...”

With a heart two sizes too small, the Grinch is the meanest creature you’ll ever meet. He hates Christmas and the whole festive season. But when he hatches a dastardly plot to steal Christmas, he’s in for a big surprise!

With hilarious rhymes and beautiful illustrations, this classic seasonal story has become a favourite for good reason and teaches readers the true meaning of Christmas.



Years 5/6– Aquila by Andrew Norriss - *It's a spaceship from the past - can it change the future?* Aquila has been found by boys bunking off a geography field trip. They have no idea where it came from or what it does. But Geoff's discovered that when you sit in it these little coloured lights come on, and if you push one of the big blue ones . . . WHOOSH

Wellbeing



Shower of Light Meditation

Close your eyes, be very still and imagine you are standing under a shower of light.

Thousands of tiny droplets of light are raining over you. First of all, they touch the top of your head, and instantly your head feels calm and relaxed. Then they drip down your face and the whole of your face begins to feel soft and calm. Your face is relaxed. The shower of light continues and touches your shoulders and arms, making them become soft and relaxed. The rain of light is pouring now over your whole body, including your legs and feet, and you enjoy the feeling as they too relax. Your legs are relaxed. Now your whole body is covered in these beautiful droplets of light, like tiny stars. This shower makes you feel so calm and peaceful and so light. Your body is relaxed. You are peaceful

And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

Maths

Years 3/4

If you have two twins, three triplets and four quadruplets, how many people do you have?

Year 5/6

A box of chocolate bars can be divided equally (without cutting anything) among 2, 3 or 7 people. What is the least number of chocolate bars the box could contain?

Imogen bought a bag of oranges on Monday and ate a third of them. On Tuesday, she ate half of the remaining oranges. On Wednesday, she only had two oranges left. How many oranges were originally in the bag?

Inspiring Women

As it is Kendrick's 145th Birthday this week!! we thought we would share with you some of the 145 significant women quotes from during our school's history put together by our wonderful librarians for the celebrations!

Kendrick School's 145th birthday Celebration – 145 significant women's quotes during our school's history.

'People will forget what you said, people will forget what you did, but people will never forget how you made them feel!'



Maya Angelou

'Not all of us can do great things but we can do small things with great love.'



Mother Teresa

'What you do makes a difference, and you have to decide what kind of difference you want to make.'



Jane Goodall

Queen Elizabeth II



'When life seems hard, the courageous do not lie down and accept defeat; instead, they are all the more determined to struggle for a better future.'

Helen Keller



'Together we can do so much more.'

'We are not interested in the possibilities of defeat. They do not exist.'



Queen Victoria

'To bring about change, you must not be afraid to take the first step. We will fail when we fail to try.'



Rosa Park



'A wise girl knows her limits, a smart girl knows that she has none.'

Marilyn Monroe

'The more you praise and celebrate your life, the more there is in life to celebrate.'



Oprah Winfrey



'I believe in being strong when everything seems to be going wrong. I believe that happy girls are the prettiest girls. I believe that tomorrow is another day, and I believe in miracles.'

Audrey Hepburn



'A winner is defined not by their wins but how they recover when they fall.'

Serena Williams

ANSWERS

Thinking Challenges

Years 3/4

What can fill an entire room without taking up any space?

A: Light

Years 5/6

What always murmurs but never talks, always runs but never walks, has a bed but never sleeps, has a mouth but never speaks?

A: A river

Maths Answers

Years 3/4

The twins are 2 people, three triplets are 3 people and four quadruplets are 4 people. Therefore $2+3+4=9$

Years 5/6

A box of chocolate bars can be divided equally (without cutting anything) among 2, 3 or 7 people. What is the least number of chocolate bars the box could contain?

A: 42, the lowest common denominator of 2, 3 and 7

Imogen bought a bag of oranges on Monday and ate a third of them. On Tuesday, she ate half of the remaining oranges. On Wednesday, she only had two oranges left. How many oranges were originally in the bag?

A: She had 6 oranges to start with (she ate 2 on Monday and 2 on Tuesday)