



Inspire Bulletin 53 – 16th June 2023



Welcome to the next edition of the Inspire bulletin! We hope you enjoy reading it!

Words of the week

Abundance (noun) A large quantity or supply of something – *There used to be an abundance of pumpkins in this field.*

Alluring (adjective) Attractive and enticing – *The turquoise ocean was alluring in the intense sun.*

Thinking Challenge

Years 3 & 4 - Two words must swap places for each sentence to make sense. Underline these two words in each sentence.

Example The bone growled softly as he approached the dog.

1. We could not use the car because the puncture had a tyre.
2. In the angel where the two walls met stood the statue of an angle.
3. Him asked I for a packet of chocolate biscuits.
4. Unlike a submarine, a trawler can travel under water.



Years 5 & 6 – Read the information below carefully. Tick (✓) true, false or unknown for each statement. Tick **one** only.



My name is Lucas. My brother is Jack. My sister is Grace. Our parents have never separated. My friend is Freddie. Our mother is Jo and our father is Michael. My aunt and uncle are Gill and Peter. Katy is our next-door neighbour.

	True	False	Unknown
1. Freddie is Katy's son.			
2. Gill is my mother's sister.			
3. Freddie is my father.			
4. Jack is Michael's son			
5. Lucas is my father			

Recommended Reading

Years 3 & 4 – The Ickabog by J.K. Rowling

The kingdom of Cornucopia was once the happiest in the world. It had plenty of gold, a king with the finest moustaches you could possibly imagine, and butchers, bakers and cheesemongers whose exquisite foods made a person dance with delight when they ate them.

Everything was perfect – except for the misty Marshlands to the north which, according to legend, were home to the monstrous Ickabog. Anyone sensible knew that the Ickabog was just a myth, to scare children into behaving. But the funny thing about myths is that sometimes they take on a life of their own...



Years 5 & 6 - First Term at Malory Towers by Enid Blyton

In book 1 of Enid Blyton's best-loved boarding school series, Darrell Rivers is thrilled to start her first term at boarding school. She soon makes friends - and mischief! Another new girl, Gwendoline, is beginning to get on everyone's nerves. Will Darrell be able to keep her fiery temper under control? Between 1946 and 1951, Enid Blyton wrote six novels set at Malory Towers. Book 1 was first published in 1946.



Wellbeing

Tree

Close your eyes, be quite still and imagine you are a very tall tree. You are standing very still and your legs are rooted solidly to the ground. Can you make your body still like a sturdy tree trunk? Imagine that your roots have grown from your toes and that they have grown deep into the earth. How far into the earth have your roots grown? The deeper they are, the stronger you become. You are a mighty tree. Inside, you feel very strong and powerful. Say to yourself *I am strong and powerful, I am strong and powerful, I am strong and powerful*. Stay for a few moments and just enjoy this feeling of being strong and steady. If anyone came to shake you, you would not move an inch. Now imagine you are growing taller. Enjoy this wonderful feeling of gently stretching. Can you feel the extra space in your body, as you stretch out? Grow and grow, stretch and stretch, until you are the tallest tree. Your head is now high up in the air.



It feels so light and airy up here. Your head and shoulders are the top of the tree, the branches. Your feet don't move, but the top half of your body sways softly in the cool breeze. Stay for a while and enjoy this feeling of having very strong and rooted legs and a soft and flexible body.

And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

I AM STRONG, I AM STRONG

Maths

Years 3 & 4 - Fraction addition and subtraction:

1. $\frac{1}{7} + \frac{5}{7} =$

2. $\frac{2}{5} + \frac{1}{10} =$

3. $\frac{1}{3} + 2 =$

Years 5 & 6 - Fractions:

1. What fraction of a circle is 120 degrees?
2. Add $\frac{2}{3}$ of 12 to $\frac{3}{8}$ of 16.
3. What fraction of 1 hour is 24 minutes?
4. An 800ml bottle is $\frac{3}{4}$ full.
How many ml does it contain?
5. A fifth of a sum of money is £3.50.
How much is the full amount?



Inspiring Women

If you've ever watched gymnast **Simone Biles**, take the floor (or the vault, balance beam, or uneven bars) for one of her impressive routines, you must have been inspired to get up and do something...anything energetic! This inspirational woman is only 26-years-old and having won 25 World Championship medals, she is the most decorated gymnast in the history of the Gymnastics World Championships, and is considered by many sources to be the greatest gymnast of all time. Simone Biles, who was diagnosed with ADHD as a child, is also known for speaking openly about the disorder and advocates for those living with the chronic condition.



Answers

Thinking Challenges

Years 3 & 4

1. Puncture – tyre
2. Angel – angle
3. Him – I
4. Submarine - trawler

Years 5 & 6

1. Unknown
2. Unknown
3. False
4. True
5. False

Maths

Years 3 & 4 - 1. $\frac{6}{7}$ 2. $\frac{1}{2}$ 3. 2 and a $\frac{1}{3}$

Years 5 & 6 - 1. $\frac{1}{3}$ 2. 14 3. $\frac{2}{5}$ 4. 600ml 5. £17.50