



Inspire Bulletin 72– 28th March 2024



Welcome to the last edition of the Inspire Bulletin! We hope you enjoy reading it! Happy Easter holidays all!



Words of the week

Flourish (verb): To grow in a healthy way/to wave something to attract attention – The daffodils in her garden were *flourishing*. /He *flourished* a flag to signal for help.

Flourish (also used as a noun): A bold or extravagant gesture – With a *flourish*, she presented the dinner.

Can you write a sentence using these words?

Extra Challenge Word

Simpatico (Adjective): (Of a person) likeable and easy to get on with, compatible, having shared interests. *Stede knew immediately that Ed would be a **simpatico** friend.*

Origin: derives from the Greek noun 'sympatheia' meaning sympathy, borrowed into English from both Italian and Spanish.



Thinking Challenges

Years 3/4 – There is a one-storey house. The walls are blue, the floor is pink, and the stove and cupboards are red. What colour are the stairs?

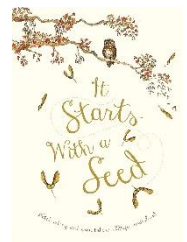
HINT: Read the question, without the second sentence.

Years 5/6 – This is full of keys, but can never open any door. What is it?



Recommended Reading

Years 3/4 – **It Starts With A Seed** by Laura Knowles - As the tree grows, it is joined by well-loved woodland creatures – squirrels and rabbits, butterflies and owls – who make it their home. A rhyming poem builds page on page, echoing the rings of a growing tree. The story culminates with a fold-out page showing a mature tree shedding seeds to continue the beautiful cycle of life.



Years 5/6 – **Spectacular Spring** by Hadley James
A book packed with poems about Spring.!





Wellbeing

SUNSHINE - Close your eyes, be very still and imagine you are lying down

outside in the sunshine. Your body feels totally relaxed as you lie comfortably in the soft grass. The rays of the sun are soaking into your muscles, warming and relaxing your whole body. Feel the warmth of the sun on your legs, and let them relax completely. Let all the muscles around your tummy relax, as you sink slowly into the soft grass. Feel the sun's rays on your shoulders and arms as they sink deeply into the spongy grass. Now feel the warm sun on your face. As the sun touches it, your whole face relaxes; your forehead relaxes, your cheeks relax, your eyes relax and your mouth relaxes. As you breathe in and out gently, feel your chest relaxing. Let the muscles in your lungs and heart relax. As you lie there, take in a deep breath and fill your lungs with the wonderful fresh smell of earth and grass.

Stay very still and discover what sound you can hear. Can you hear the bees buzzing near the flowers? Can you hear the soft wings of the butterflies flapping? Can you hear the wind moving through the trees? You feel so peaceful as you lie here, enjoying the sunshine and listening to all the outdoor sounds. Repeat to yourself in your mind, *I am relaxed, I am relaxed*. **And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes...**

Maths



Years 3/4 - How many chocolate bunnies can you put into an empty medium size Easter basket?

Years 5/6 - I have two coins. One of the coins is a faulty coin having a tail on both sides of it. The other coin is a perfect coin (heads on one side and tails on the other). I blindfold myself, pick a coin and put the coin on the table. The face of coin towards the sky is a tail. What is the probability that the other side is also tails? *HINT: Write out all the possible scenarios that could happen when you put the coin on the table.*

Poem of the week

The Beautiful Spring by George Cooper

"I was here first," said the snowdrop: "look!"
"Not before me!" sang the silver brook.
"Why," cried the grass, "I've been here a week!"
"So have I, dear," sighed a violet meek.
"Well," piped a bluebird, "don't leave me out!
I saw the snow that lay round about."
"Yes," chirped a snowbird, "that may be true;
But I've seen it all the bleak winter through."
"I came betimes," sang the southwind, "I!"
"After me, love!" spake the deep blue sky.
"Who is it cares?" chimed the crickets gay:
"Now you are here, let us hope you'll stay."
Whispered the sun, "Lo! the winter's past:
What does it matter who's first or last?
Sky, brooks, and flowers, and birdies that sing,
All help to make up the beautiful spring."



Inspiring Women

52 Lives, a local charity based in the Reading area, that promotes the importance of Kindness, was launched by **Jaime Thurston** in November 2013. Jaime began her career as a journalist then worked for a Member of the European Parliament before moving into charity work. Jaime was named in the King's Birthday Honours List in June 2023, receiving a British Empire Medal for services to charity. 52 Lives charity works to help to create a culture of kindness in school classrooms and works with thousands of children every year.



And finally ...

Thought of the week

"No act of kindness, however small, is ever wasted." Aesop

We hope you have enjoyed reading this edition of our Inspire bulletin and are always happy to receive any feedback you may have. Have a lovely easter holidays!



ANSWERS

Thinking Challenges

Years 3/4 - *There aren't any stairs, because it is a one-storey house!*

Years 5/6 - *A piano (or keyboard!)*

Maths

Years 3/4 - *One. After that the basket is no longer empty!*

Years 5/6 –

The possible scenarios are:

Faulty Coin	Perfect Coin
T	T
T	T
T	H
H	T

The last scenario is not possible, because the faulty coin is tails on both sides.

Therefore, there are only three possible scenarios.

Out of these, in two of them both coins are tails.

Therefore the probability of the other coin also being tails is 2/3