



## Inspire Bulletin 35 – 13th Jan 2023



Welcome to the next Inspire bulletin of this term! We will be sending you Inspire bulletins every week to keep you busy and thinking!

### Words of the week

**Translucent (adjective):** allowing some light to pass through – *Her **translucent** wings spread as wide as the room.*

**Restrain (verb):** To prevent someone from doing something – *The pupils could not **restrain** their excitement.*

### Thinking Challenge

**Years 3/4**

You're camping and have a match, a candle, an oil lamp and a campfire. When it gets dark, which one do you light first?

**Years 5/6**

I can touch the sky. I can touch the Earth. But if I touch you, you will be shocked. What am I?

### Recommended Reading

**Years 3/4 - Charlie & The Chocolate Factory by Roald Dahl**

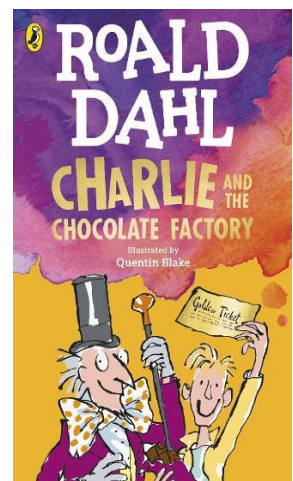
*Greetings to you, the lucky finder of this Golden Ticket from Mr Willy Wonka! Tremendous things are in store for you!*

Charlie Bucket's life is about to change forever, thanks to one miraculous moment!

**Willy Wonka**, chocolate maker extraordinaire, has hidden **five** golden tickets in five ordinary bars of chocolate, and any child who finds one will get the chance to visit his incredible factory.

And Charlie has found one!! . . . But so have . . .

**Augustus Gloop** - a glutton for chocolate, **Veruca Salt** - a spoiled and selfish brat, **Violet Beauregarde** - a repulsive gum-chewer and **Mike Teavee** - a television fiend



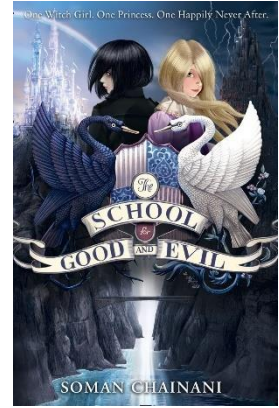
With a **chocolate river**, **delectable confectionery** and mysterious **Oompa Loompas**, Mr Wonka's factory is the most wondrous place Charlie has ever seen....

## Years 5/6 – The School of Good and Evil by Soman Chainani

With her glass slippers and devotion to good deeds, Sophie knows she'll join the ranks of past students like Cinderella, Rapunzel, and Snow White at the School for Good. Meanwhile, Agatha, with her shapeless black dresses and wicked black cat, seems a natural fit for the villains in the School for Evil.

But the two girls soon find their fortunes reversed – Sophie's dumped in the School for Evil to take Uglification, Death Curses and Henchmen Training, while Agatha finds herself in the School for Good, thrust among handsome princes and fair maidens for classes in Princess Etiquette and Animal Communication.

But what if the mistake is actually the first clue to discovering who Sophie and Agatha *really* are?



### Wellbeing

#### Floating

*Close your eyes, be very still and imagine that you are lying in the soft clouds. You are very high up in the sky, but you feel completely safe and supported by these cotton wool clouds. The fluffy clouds feel so soft against your skin. It feels as if your whole body is turning into a cloud. Gently move your arms and legs and feel how soft and delicate they are. You feel so safe as you nestle into the softness of the clouds. As you lie there, you feel your body becoming light. Your arms, stomach, chest, legs and head become light. It is almost as if your body has turned into a soft cloud. As you lie there, you start to drift through the sky. Your whole body feels completely relaxed and soft. Your mind also feels very soft and gentle. All worrying and upsetting thoughts are just drifting away, leaving you with a peaceful mind. Lie there for as long as you wish and enjoy this wonderful floating feeling as you drift through the sky. And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes....*



### Maths

#### Years 3/4

Ellie is 26 years old and her mother is twice her age. How old was Ellie's mum when Ellie was born?

#### Years 5/6

If 3 salesmen can sell three stoves in seven minutes, how many stoves can six salesmen sell in seventy minutes?

## Inspiring Women

### Ellie Simmonds OBE- Paralympian

Ellie Simmonds was born on 11 November 1994 in [Walsall](#). She has achondroplasia, a common cause of [dwarfism](#), and has been interested in [swimming](#) since the age of five. At the age of 11 she moved to [Swansea](#) to use the city's top swimming pool.



She is best known as a gold medal-winning Paralympic swimmer and broadcaster. She came to national attention when she competed in the 2008 Summer Paralympics in Beijing, winning two gold medals for Great Britain. She was the youngest member of the team, at the age of 13. She was given an [MBE](#) in the 2009 New Year Honours, and was the youngest person to ever be handed this accolade at just 14. In the 2013 New Year Honours, she received an [OBE](#) for her services to Paralympic sport.



*Ellie participated in Strictly Come Dancing 2022*

In 2021, she announced her Paralympic retirement after missing out on a medal in the [Tokyo 2020 Paralympics](#).

Outside of her sporting career Ellie studied [Psychology](#) at Loughborough University in England. She is also very involved with charity work - with much of her focus being on sports, young people and water.

## ANSWERS

### Thinking Challenges

#### Years 3/4

You're camping and have a match, a candle, an oil lamp and a campfire. When it gets dark, which one do you light first?

*A: A match*

#### Years 5/6

I can touch the sky. I can touch the Earth. But if I touch you, you will be shocked. What am I?

*A: Lightning*

### Maths Answers

#### Years 3/4

Ellie is 26 years old and her mother is twice her age. How old was Ellie's mum when Ellie was born?

*A: Ellie was born 26 years ago when Ellie's mum was 26.*

#### Years 5/6

If 3 salesmen can sell three stoves in seven minutes, how many stoves can six salesmen sell in seventy minutes?

*A: Six salesman can sell 60 stoves in seventy minutes.*