

August

INSPIRE BULLETIN



Words of the Week:

Pretentious(adjective) - Someone or something that claims or tries to appear more important, intelligent, or cultured than they are.

Usage: My cousin was incredibly **pretentious** and thought she knew everything.

Epitome(noun) - A person or thing that serves as a perfect, ideal, or quintessential example of a particular quality or type.

Usage: My mother was the **epitome** of beauty.



Thinking Challenge

Years 3 and 4: A father's child. A mother's child.
No one's son. Who am I?

Year 5: In 1990, a person is 15 years old. In 1995,
that same person is 10 years old. How can this
be ?

Maths

Years 3 and 4: There is a basket containing 5 apples. How do you divide the apples among 5 children so that each child has 1 apple while 1 apple remains in the basket?

Year 5: The day before yesterday I was 25 and next year, I will be 28. This is true on only one day in a year. What day is my birthday?



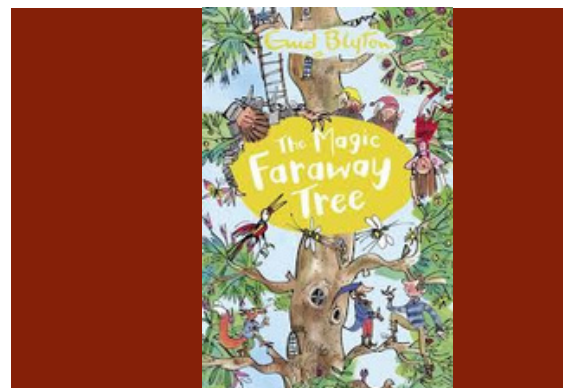
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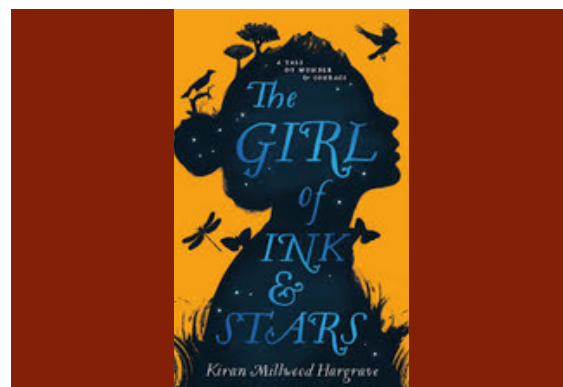


RECOMMENDED READING:

Years 3 and 4: *The Magic Faraway Tree* by Enid Blyton
Siblings Joe, Beth, Frannie move to the countryside and discover a magical forest with a giant, yet enchanted tree. In this forest, they make friends with many creatures, and venture to the very top of the tree to visit the mysterious, ever-changing lands in the clouds.



Year 5: *The Girl of Ink and Stars* by Kiran Millwood Hargrave
This story follows the journey of a 13 year old girl called Isabella, who is the daughter of a cartographer. Isabella is forbidden to leave her island, Joya, but she dreams of exploring the faraway lands beyond her island that her father mapped. When her best friend Lupe, disappears into the faraway lands, Isabella joins a rescue party to save Lupe, while also achieving her dream of exploring the areas beyond her island.



WELLBEING:

Starfish

Now you're settled, see if you can imagine a starfish. With 5 points coming out from its centre. Choose what colour you'd like it to be. Starfish can be all sorts of colours, so make it the colour you'd like. You can make it patterned too if you like. Spotty or stripey.

Good job. What a great starfish you have in your mind! Now see if you can make your body just like the Starfish in your imagination. Firstly make the shape with your body. Your legs are two of the points, your arms are another two out to the sides and your neck and head are the fifth point. Let's try starfish breathing and see if we can make our breath go from our middle and reach right to the ends of our star points. Start by breathing out all the air inside you. Start to breathe in and notice as your middle starts to fill, your breath also spreads. Right out - your arms and legs stretching out, your head and neck stretching up. Breathe out, relaxing your body as the breath leaves and your tummy goes down, like it's coming back out of your middle again. Try it again - the breath stretching the five points of your star - right to your fingers, toes and up to the top of your head, and relax letting it all go - your star points spread but nice and floppy. Breathe in, filling all the way up, stretching to the ends of your star shape - stretch and relax, letting it all go.

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Inspiring Women: Ada Lovelace

Ada Lovelace was an English mathematician and is recognised as the world's first computer programmer. She met mathematician Charles Babbage, and was intrigued by his computer, The Analytical Engine. She conceptualised that machines could weave musical notes and letters into algorithms, predicting modern computing. Her contributions were unfortunately not appreciated during her lifetime, but were republished in 1953, which solidified her legacy in computer science.



Thought of the term

“Success is not final; failure is not fatal: It is the courage to continue that counts” - Winston Churchill



CHALLENGE ANSWERS

Thinking Challenge:

Years 3 and 4: Daughter

Year 5: The person was born in 2005 BCE

Maths Challenge:

Years 3 and 4: Take 4 apples out of the basket and give one apple each to the 4 children. Give the basket with the apple inside to the last child.

Year 5: Their birthday is on December 31. He made the statement on January 1. On the day before yesterday(December 30), he was 25. He turned 26 on December 31. That year, he would turn 27, so the “next year” he would turn 28.

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SUMMER CHALLENGE

Here are some weekly activities you could do during the summer:

Week 1: Visit a free London Museum(e.g Natural History Museum or the Science Museum)

Week 2: Try a new hobby out(e.g photography, sewing)

Week 3: Try out 2 new recipes

Week 4: Read a book from a genre you haven't read before

Week 5: Play a new board game with your family

Week 6: Donate your old clothes/ toys to a charity



Happy Holidays!