



Inspire Bulletin 50 – 19th May 2023



Welcome to the next edition of the Inspire bulletin! We hope you enjoy reading it!

Words of the week

Peculiar (adjective): Different or out of the ordinary – *Milani was well known for her peculiar dress sense.*

Prohibit (verb): To stop or disallow something – *We decided to prohibit dogs from coming to the café.*

Thinking Challenge

Years 3 & 4 – A four-letter word is hidden in each of these sentences. You will find the hidden word at the end of one word and the beginning of the next. Underline the hidden word.



Example: Danielended the speech with a joke – *The hidden word is 'lend'*

- 1) Owing to her lovely singing Emma won the local song competition
- 2) Lin's dog doesn't like cats and is always chasing them
- 3) "What rope are you using to climb that rock?", asked the instructor
- 4) "It's raining so pull the hood up over your head", my friend advised

Years 5 & 6 - Find **one** missing letter that complete **both** pairs of words.

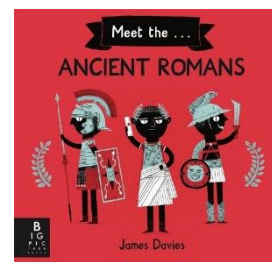
Example: truc [_ k _] ite lic [_ k _] now

- | | |
|---------------------|--------------------|
| 1) Cinem [_] isle | arom [_] ble |
| 2) Car [_] ickle | blanke [_] error |
| 3) Chim [_] lbow | sleev [_] njoy |
| 4) Craz [_] ield | sla [_] awn |
| 5) See [_] irt | bon [_] aze |

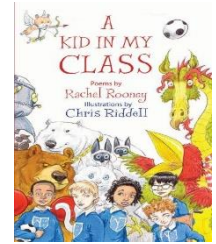


Recommended Reading

Years 3 & 4 – Meet the Ancient Romans by James Davies - There's so much to digest when it comes to History - how do you know where to begin? In this book, get to know the basics on Ancient Rome from gladiators to day to day life, with easy-to-digest, humorous text that is reminiscent of the bestselling Horrible Histories series.



Years 5 & 6 – A Kid in My Class by Rachel Rooney & Chris Riddell - They're all here...every kid in the class has their own poem. The pushy one, the shy one. The whizz kid and the daydreamer. The best friender and the kid who runs in his wheelchair. The tough kid, the poet. And not forgetting the class hamster. This collection from an outstanding poet, winner of the CLIPPA Award, is perfectly matched by the amazing wit and inventiveness of the former UK Children's Laureate.



Wellbeing

Sunset – Close your eyes, be very still and imagine that you are sitting on the beach on a warm day, watching the sunset. You can smell the refreshing scent of sea air, and taste saltiness in your mouth. You feel calm and rested, as you listen to the sounds of the waves lapping against the sand. Look out over the ocean, and you see the sun like a huge golden-red ball, as it slowly sinks. Sit there motionless on the warm sand and watch the sun sink behind the water. Slowly the whole sky is filling with the most astounding array of colours. You can see every shade of pink, orange and yellow mixed with blues and purples. The sight is breath-taking. Stay there and enjoy the shapes and patterns this spectacular sunset is making in the sky. It looks so beautiful. You feel quiet and serene as you watch this wonder of nature. Stay very still as the sun softly sets behind the horizon. As you watch the sun set, repeat the words **I am serene, I am serene**, and enjoy this feeling of being quiet and peaceful. Your body feels completely relaxed and your mind is clear. And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.



Maths

Years 3 & 4 - Find the mean of these numbers

- 1) 20, 19, 21
- 2) 1, 9, 11, 5, 7, 3
- 3) 8, 0, 3, 9, 4, 6

Years 5 & 6 - What is the value of the 7 digit in each of these numbers?

- 1) 6 973 459
- 2) 7 036 341
- 3) 94 635.27

Inspiring Women

Nadia Nadim is a professional footballer and doctor. She was born in Herat, Afghanistan and eventually settled in Denmark. She made her debut for the Danish national football team in 2009 and has represented Denmark on many occasions. She has played for Manchester City and Paris Saint-Germain, and she currently plays for Racing Louisville FC. She attended medical school remotely during the football season and qualified as a surgeon. She also speaks 9 languages and was ranked by Forbes as one of their “Most Powerful Women in International Sports” in 2018.



Answers

Thinking Challenges

Years 3 & 4

A four-letter word is hidden in each of these sentences. You will find the hidden word at the end of one word and the beginning of the next. Underline the hidden word.

Example: Daniel ended the speech with a joke – *The hidden word is 'lend*

- 1) Owing to her lovely singing Emma won the local song competition - *also*
- 2) Lin's dog doesn't like cats and is always chasing them - *sand*
- 3) "What rope are you using to climb that rock?", asked the instructor - *pear*
- 4) "It's raining so pull the hood up over your head", my friend advised - *very*

Years 5 & 6

Find one missing letter that complete both pairs of words.

Example: truc [k] ite lic [k] now

- 1) Cinem [a] isle arom [a] ble
- 2) Car [t] ickle blanke [t] error
- 3) Chim [e] lbow sleev [e] enjoy
- 4) Craz [y] ield sla [y] awn
- 5) See [d] irt bon [d] aze

Maths

Years 3 & 4

Find the mean of these numbers

- 1) $20 + 19 + 21 = 60$
 $60 \div 3 = 20$
Therefore, the mean is 20
- 2) $1 + 9 + 11 + 5 + 7 + 3 = 36$
 $36 \div 6 = 6$
Therefore, the mean is 6
- 3) $8 + 0 + 3 + 9 + 4 + 6 = 30$
 $30 \div 6 = 5$
Therefore, the mean is 5

Years 5 & 6

What is the value of the 7 digit in each of these numbers?

- 1) 6 973 459 – 70 000
- 2) 7 036 341 – 7 000 000
- 3) 94 635.27 – 7/100