



Inspire Bulletin 52 – 9th June 2023



Welcome to the next edition of the Inspire bulletin! We hope you enjoy reading it!

Words of the week

Acquaint (verb) To make yourself, or someone else, familiar with something – *Please acquaint yourselves with all the emergency exits.*

Adequate (adjective) Of acceptable quality or quantity – *This is an adequate supply of pizza.*

Thinking Challenge

Years 3 & 4 – Each question has a word in CAPITALS. The letters in this word have been mixed up. Use the clue to work out what the word is.

Example NIBOR (a bird) ROBIN

1. MAD (a beaver builds it)
2. STEAKFARB (a meal)
3. ROUSTERS (clothing)
4. LIFES (insects)
5. FEARFIG (an animal)



Years 5 & 6 – Identify two words, **one** from each group that are most similar in meaning.

Example (tired, hungry, awake) (drowsy, full, sad)

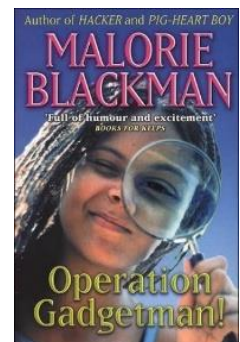
- | | |
|------------------------------------|-------------------------------|
| 1. (jovial, serious, jostle) | (jolly, joke, jest) |
| 2. (lazy, dazed, daft) | (greedy, idle, idol) |
| 3. (permit, ticket, pocket) | (allow, travel, perform) |
| 4. (there, adhere, affirm) | (branch, craft, stick) |
| 5. (cartoon, character, animosity) | (animate, friendship, hatred) |



Recommended Reading

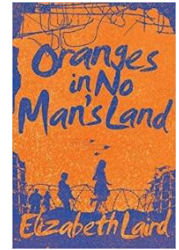
Years 3 & 4 – Operation Gadgetman! By Malorie Blackman

Beans calls her dad 'Gadgetman' because of the weird and wonderful gadgets he comes up with - everything from exploding biscuits to Spy Kits. But when Gadgetman accidentally invents a device that could be used to steal millions of pounds, the wrong people find out and Gadgetman is kidnapped! With the help of her friends - and her special Gadgetman Spy Kit - Beans is determined to track down the kidnappers and rescue her dad. But can she find Gadgetman before he is forced to hand over the details of his invention...



Years 5 & 6 - Oranges in No Man's Land by Elizabeth Laird

Since her father left Lebanon to find work and her mother tragically died in a shell attack, ten-year-old Ayesha has been living in the bomb-ravaged city of Beirut with her granny and her two younger brothers. The city has been torn in half by civil war and a desolate, dangerous no man's land divides the two sides. Only militiamen and tanks dare enter this deadly zone, but when Granny falls desperately ill, Ayesha sets off on a terrifying journey to reach a doctor living in enemy territory.



Wellbeing



SUNSHINE – Close your eyes, be very still and imagine

you are lying down outside in the sunshine. Your body feels totally relaxed as you lie comfortably in the soft grass. The rays of the sun are soaking into your muscles, warming and relaxing your whole body. Feel the warmth of the sun on your legs, and let them relax completely. Let all the muscles around your tummy relax, as you sink slowly into the soft grass. Feel the sun's rays on your shoulders and arms as they sink deeply into the spongy grass. Now feel the warm sun on your face. As the sun touches it, your whole face relaxes; your forehead relaxes, your cheeks relax, your eyes relax and your mouth relaxes. As you breath in and out gently, feel your chest relaxing/. Let the muscles in your lungs and heart relax. As you lie there, take in a deep breath and fill your lungs with the wonderful fresh smell of earth and grass.

Stay very still and discover what sound you can hear. Can you hear the bees buzzing near the flowers? Can you hear the soft wings of the butterflies flapping? Can you hear the wind moving through the trees? You feel so peaceful as you lie here, enjoying the sunshine and listening to all the outdoor sounds. Repeat to yourself in your mind, *I am relaxed, I am relaxed*. And now, when you are ready, wiggle your fingers and toes, have a big stretch and open your eyes.

Maths

Years 3 & 4 - Decimal Multiplication

1. $7.4 \times 10 =$
2. $8.6 \times 10 =$
3. $5.06 \times 10 =$
4. $24.73 \times 10 =$
5. $0.384 \times 10 =$

Years 5 & 6 -

1. A clothes shop was having a 15% off sale. Calculate the sale price of the following items.

Item	Original Price	Sale Price
Coat	£75	
Jeans	£62	
Jumper	£48	
Skirt	£37	

2. Anna left home at 15:45 and arrived at ballet 25 minutes later. What time did she arrive?

Inspiring Women



Dr Amani Ballour - Amani Ballour is a Syrian-born paediatrician and an advocate of women's and children's rights. Her story is portrayed by the Oscar-nominated documentary *The Cave*, which tells of the struggles of running an underground hospital during the Syrian civil war. Amani has opened a charitable foundation, the Amal (Hope) Fund, to support women and girls in conflict zones.

Answers

Thinking Challenges

Years 3 & 4

1. DAM
2. BREAKFAST
3. TROUSERS
4. FLIES
5. GIRAFFE

Years 5 & 6

1. jovial, jolly
2. lazy, idle
3. permit, allow
4. adhere, stick
5. animosity, hatred

Maths Answers

Years 3 & 4

1. 74.0
2. 86.0
3. 50.6
4. 247.3
5. 3.84

Years 5 & 6

1. Coat - £63.75
Jeans - £52.70
Jumper - £40.80
Skirt - £31.45

2. 16:10