

Reflections in Ramadan

Ramadan, the ninth and holiest month of the year.
Muslims do hold it quite dear.
Time for prayer, time for fasting
Time to reflect on deeds everlasting.
Meet up with friends
And connect with family
But most of all, reflect on your actions
And think of your options
How to be a good person
And how your will can be strengthened.

Muslim, Christian, Hindu and more
All can participate in this month where we try to understand the poor.
When we think of our blessings
And reflect on our failings.
Build a closer relationship with others
And always remember to obey your mothers.

We reflect on the past year
On all our laughs and our tears.
Seek forgiveness from others
Spend time with your sisters and your brothers.
Ask for God's endless mercy,
And apologise to those you have spoken to curtly.

You can reflect on your relationship
With God or with those you'd stay with in an apocalypse
Spend time together-
Read some books by their favourite author.
Reflect on whatever you like
Perhaps while you go and take a hike.

And if you do so
And find that rude words have been your echo
Weep to whoever may listen
Whether that be God or whoever will be your beacon
Of light, and hope
To anyone you can trust to help you cope
Cry your tears
Confess your fears
And lift the crushing burden from your shoulders
Which you bear like a soldier
And as this poem draws to an end,
I'd like to say Ramadan Mubarak
To all reading this, alone or with a friend.