



Activities for 11-13s

Number 4, 05/05/2020

Activity 1: Things that get shared online

- Imagine that a friend has sent a text saying they are about to post each of the different images described in the boxes on the sheet below.
- Tick the ones you think it's okay for them to share, put a question mark if you're not sure or would need to find out more, and a cross if you think it's definitely not a good idea to share it.
- Choose three boxes that you have put a cross next to. For each of these situations, write a text to your friend which explains why you don't think they should post the photo or video.

E.g. in response to the example box on the sheet below, the text might say:

'I don't think you should post that video. They might be embarrassed about people seeing it and have the right to be asked if it's okay for you post it.'

Activity 2: Things that get shared online part 2

- Read the Thinkuknow article on 'Posting pictures and videos' here – www.thinkuknow.co.uk/11_13/need-advice/posting-pictures-and-videos/.
- Create an online safety campaign to help young people your age learn what they need to know about posting pictures and videos online. This could include:
 - Creating a catchy hashtag for social media (e.g. #GetPermissionToPost).
 - Writing social media posts that your school could use to promote the campaign.
 - Designing a poster that your school could post online or display on the walls when the school re-opens.
- Re-read the 'Worried about a picture or video you've shared?' section of the 'Posting pictures and videos' article from the screenshot on the sheet below.
- Write down three pieces of advice that you could give to a friend who is worried about a picture they wish they hadn't posted online being shared around school.

About Thinkuknow

Thinkuknow is the online safety education programme from the National Crime Agency. You'll find lots of support and advice for young people at www.thinkuknow.co.uk.

Parents and carers: Once a fortnight, on Tuesdays, we will produce an activity sheet to help you support your child while schools are partially closed. There's also plenty of advice for parents and carers on keeping your child safe online at www.thinkuknow.co.uk/parents.



Activity 1: Things that get shared online

Example: A video of their friend being pushed by someone in the year above at school

1. A video of their little brother doing a funny dance

2. A video they made at a party after people had been drinking

3. A picture of the person they're in a relationship with in their underwear

4. A selfie with a friend who said they could use it as their profile photo

5. A nude picture of someone in their year at school, that they were sent by someone else

6. A funny pic of a friend, edited to make her look really weird

7. A photo of friends posing in their school uniform

Activity 2: Worried about a picture or video you've shared?

1

Take the picture or video down.

Sounds obvious but if you posted it on an app the fastest way to get it down is to remove it yourself. Log on to the site and delete it.

2

Ask others to delete it.

If someone else has posted it, ask them to take it down. If they won't do it, speak to an adult you trust or someone in school – your school should have rules about what pupils can post online.

3

Report it to the website.

If it's been posted online on a popular website you can make a report to the site or app to ask them to take it down. Most sites have rules to stop people posting embarrassing or hurtful pictures – if the picture or video breaks these rules they should delete it from the site. Find out [how to make a report to social media platforms](#).

4

Get help if you're being bullied.

If people are being mean about a picture or sharing a video to embarrass you, talk to an adult you trust. You can post messages and get advice on [Childline's Message boards](#) or if you want to speak to someone confidentially you can call [Childline](#) on 0800 1111 or talk to one of their counsellors online.

5

Report if you're being threatened.

If someone's threatening to share a picture or video of you that you don't want other people to see, talk to an adult you trust or report to [CEOP](#). Whatever may have happened CEOP will understand. You won't be in trouble.