

Kendrick School: Round up of Safeguarding Information – October 2023

Travelling to and from School

Source: [NSPCC](#)

- Make sure your child knows their address and your telephone number by heart, in case they get lost or have to navigate home from somewhere new.
- If they have a mobile phone, remind them to fully charge it before leaving the house, and make sure they have all your contact numbers saved.
- Talk to them about road safety. They should always look both ways before crossing the street, and never be on their phone whilst crossing a road.
- Remind them never to accept a lift from someone they don't know or let a stranger into the house. They should never give personal information away – in real life or online.
- Remind them that if they feel unsafe or uncomfortable at any time, they can call you or a trusted adult.
- If they ever feel like they're in immediate danger, they should call the police straight away on 999.

Dangers Of Train Tracks

Network Rail in partnership with Learn Live are working to help raise awareness by educating children about the dangers of the train tracks through interactive digital delivery.

They want to get three simple messages across:

1. Being on the railway tracks is extremely dangerous
2. Trains can run at any time of day or night, even when not shown in the timetable, or on station information displays, or online.
3. On the Wessex and South Western Railway network trains are powered by a 'third rail' which carries 750v of electricity. This is always live, even when there are no trains running.

<https://learnliveuk.com/wessex-network-rail-safety-presentation-secondary/>

VAPING: It is common for parents to worry about their children trying smoking, alcohol or drugs as they get older. However, in recent years, more young people have been using e-cigarettes, known as vaping. Children are trying vaping younger than ever, and the risks are less well known than with other substances. If you think your child might be vaping or you're worried they might start, it's important to understand what it is and what the risks are so you can talk to them about it. Most children and young people do not vape or smoke on a regular basis over a long period of time, but they might try it. Keeping them informed about the risks, will help them to make healthy choices for themselves.

Action for Children have published a page on the matter – please follow the link [here](#) to find out more.

Further Reading

BBC article 'How dangerous is vaping – and why the concern over young vapers' [here](#)

National Online Safety [guide](#) on the dangers of vaping

KEEPING YOUR CHILD SAFE IN SPORT

Source: [Child Protection in Sport Unit](#)

Parents and carers play a big role in encouraging children to take part in sport or physical activity, which is important if we want our children to live healthy and active lifestyles. Why are parents so important to sport? This [short video](#) highlights the important role that parents play in their child's sporting life. For more information on being a great sports parent, and how to keep your child safe in sport, please click [here](#)

ONLINE SAFETY

[ONLINE SAFETY QUIZ](#)

[WHAT PARENTS AND CARERS NEED TO KNOW ABOUT AMONG](#)

[US](#)

[WHAT PARENTS AND CARERS NEED TO KNOW ABOUT LIVE STREAMING](#)

[TOP TIPS FOR SETTING BOUNDARIES AROUND GAMING](#)

[WHAT PARENTS NEED TO KNOW ABOUT WHATSAPP](#)

[WHAT PARENTS AND CARERS NEED TO KNOW ABOUT YOUTUBE](#)

[WHAT PARENTS AND CARERS NEED TO KNOW ABOUT INFLUENCERS](#)