Kendrick School - Weekly Update Friday 18th November 2022

LETTER FROM MS KATTIRTZI, HEADTEACHER

The Kendrick Parents' Society (KPS) hosted parent 'drop- in' sessions started this week with a very pleasant hour speaking to Year 7 parents on Tuesday evening. 65 parents joined the call, which was an excellent number, thank you to those who were able to be part of the conversations. Our chat was wide ranging including how well students had settled in and established good routines, the work and learning that students and parents felt was challenging, plus the friendly and welcoming atmosphere at Kendrick. Overall, there were many positive comments and feedback about the transition that Year 7 students have recently gone through from primary to secondary school. Some information was asked for about details of the curriculum that students are studying, and I promised I would link to the part on the website that has this detail. The Curriculum across all subjects and all key stages can be found here. The information also includes options choices at GCSE and A Level.

Our website contains a wealth of information about our school. Below the section on Curriculum is the very detailed information, advice and guidance about Mental Health and Wellbeing, a very important priority at Kendrick which I talked about to Year 7 parents on Tuesday. This resource is updated regularly, and it is well worth spending some time exploring the contents for your own or your child's needs, or your family and friends. The inspectors who visited last week commented on the quality and quantity of information we have on this subject on our website. We are developing our Mental Health and Wellbeing Policy which I will share with you in due course. This week it was Anti-Bullying Week and students received daily messages from our SWT about how to keep themselves safe from bullying, and focussing on our Kendrick Pledge which encourages everyone to be kind and treat each other with respect. There were also assemblies to KS3 and the Sixth Form on the anti-bullying theme. There is so much on our website to explore and learn about the school, that it really is worth spending some time finding out more about what we do at Kendrick.

I would like to mention the celebration event that KPS is organising for all families on Saturday 3rd December between 5-8.30pm. The occasion is to celebrate Kendrick's 145th birthday which we intend to do for the whole of this academic year! Please look at the poster for more information and bring your family and friends to the event HERE. As always, a huge amount of effort and work goes into putting on such an event so it would be wonderful if families and students could wholeheartedly support this initiative.

The day before this event we are hosting a gathering of former students and staff, again to celebrate the school's 145th birthday. If you know of former students and staff, please share this information with them and refer them to the link on the website for more information and details HERE. The event is on Friday 2nd December at 2.15pm starting with a tour of the school, followed by some music and a talk from me an in the Hall, plus some nice refreshments, including a specially made birthday cake made by one of our amazing student bakers.

To finish I would like to draw your attention to a couple of recent news items on the website, which I ask you to take some time to look at and enjoy.

Neurology Lecture and Brain Dissection
Year 8 and 9 House Chess
School Reunion 2nd December 2022

With best wishes for the weekend.

Ms Christine Kattirtzi, Headteacher

SAFEGUARDING/WELLBEING

WORRIED ABOUT A CHILD?

If you have a concern about a child at Kendrick School, please email studentwelfare@kendrick.reading.sch.uk or telephone 0118 9015859.

If you're worried about any child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on 0808 800 5000 or contact NSPCC online. Children can contact Childline any time to get support themselves. In an emergency please call 999 or for a non-emergency call 101.

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this <u>link</u>. We will be adding to these on a regular basis.

<u>CAMHS Resources</u> - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

SAFEGUARDING – ANTI-BULLYING WEEK 14TH TO 18TH NOVEMBER 2022



The theme for Anti-Bullying Week this year was **Reach Out**. Throughout the week the SWT sent students daily emails, copied to parents with information on bullying. If at any time students need to speak to someone, they should talk to their tutor, the Student Welfare Team or any member of staff. All the resources for Anti-Bullying Week can be found here.

As a parent or carer, you are a vital piece of the puzzle in tackling bullying. You have a unique role to play in guiding and supporting your child through their school years and there are lots of positive

steps you can take to help keep your child safe from bullying and harm. One of the steps is knowing when to ask for support. The Anti-Bullying Alliance has produced a tool kit for parents and carers which you can access <u>here</u>. At the end of the resource there are of organisations like Kidscape who can help.

MENTAL HEALTH AND WELLBEING – FRIENDSHIP FRIDAY

Friendship Friday is an opportunity for us to celebrate friendship and promote positive relationships.

Qualities of a good friend:

- They laugh with you not at you.
- They are reliable.
- They are trustworthy.

- They listen.
- They don't talk about you behind your back.
- They are happy for you.
- They don't mind you having other friends.
- They don't make you say or do anything you don't want to.
- They understand all friends disagree sometimes and can say sorry.

Friendship or Frenemy

Friend:

- Saying "honest" things which are actually unkind or hurtful.
- Listening to your problems and helping you work through solutions.
- Feeling happy for you when things go well.

Fremeny:

- Laughing at you, or encouraging others to laugh at you.
- Sharing embarrassing photos or videos of you in an online group.
- Saying it's just 'banter' even if they can see you're upset.

Help! I think I have a frenemy.... or might be a frenemy to others sometimes

If you have a frenemy...remember: **the problem isn't you.** Their behaviour might make you feel bad, but they need to change, not you.

- ✓ Talk to them about how they make you feel.
- ✓ Explain calmly what they have done and the impact it is having. For example: "I feel upset when you say that about my hair."
- ✓ Tell them what you'd like to happen for example, setting a boundary such as certain topics being off-limits.
- ✓ How they react will tell you a lot. If they say sorry, give them a chance.
- ✓ If they carry on, it's time to find those good friends you deserve.

If you are being a frenemy to others, it's time to change. We all make mistakes. Say sorry if you need to. Think carefully about your actions and the impact they have on others. If you need help to stop, talk to someone you trust.

CALENDAR FOR TERM 2, 2022-23

Thursday 24th November Year 13 Parents' Consultation

Friday 25th November KPS Year 8 Film Night, 3.30pm to 6.00pm

Tuesday 29th November Year 11 Parents' Consultation

Presentation of the GCSE Certificates, 2.15pm

Wednesday 30th November KPS Meeting, 6pm, online

Thursday 1st December German Christmas Market Trip departs (returns on 3/12)

P&R Governors Meeting, 4.30pm

Friday 2nd December Former Student Reunion Event

Thursday 8th December Full Governing Body (FGB) Meeting, 4.30pm

Winter Concert, 6.30pm

Monday 12th December Opera Trip for KS4 and 5 Friday 16th December End of Term 2, 1.05pm

Tuesday 3rd January Inset Day

Wednesday 4th January Start of Term 3, 8.25am

The school calendar for the academic year can be found here. For the Term Dates for 2022-23 and 2023-24 please click here.

NEWS, NOTICES AND EVENTS

KENDRICK SCHOOL – 2024 ADMISSION POLICIES – CONSULTATION

Kendrick School has made some changes to its admission policies for 2024 entry and, in line with admission guidelines, are now consulting on these policies.

The key changes can be found on our website.

The consultation must last for a minimum of 6 weeks and will commence on **Monday 7th November 2022.** All comments regarding the proposed changes or any aspect of the Admissions Policies, should be sent to admissions@kendrick.reading.sch.uk or by completing the online form via this <u>link</u> by **9am on Tuesday 3rd January 2023.**

The full policies with all changes highlighted in yellow can be accessed from our website via this link.

In addition, Kendrick School will be using GL Assessment as the test provider for 2024 entry. This is for information purposes only, and not part of the consultation process.

CHRISTMAS HAF REGISTRATION OPEN

Parents of children eligible for pupil premium free school meals who are Reading residents can now register for the Christmas Holiday Activities and Food (HAF) scheme. Providers taking part in the programme include Reading Rock Academy, Next Thing Education and Sport in Mind.

BFfC co-ordinates the HAF scheme on behalf of Reading Borough Council, with funding from the DfE. Registration is open via the BFfC website at: https://brighterfuturesforchildren.org/for-parents-carers/schools/haf/

COST OF LIVING VOUCHERS FOR FAMILIES

Reading Borough Council will be issuing Cost of Living vouchers worth £125 to around 3,800 families with children eligible for pupil premium free schools meals and/or vulnerable children up to nursery age. The vouchers will be distributed before Christmas to help families with rising food prices and energy bills. It is part of a package of financial help being offered to individuals and families in need from the government's Household Support Fund. Find more details about the scheme on the RBC news website.

ONE STOP SHOP FOR SEND GUIDES AND INFO

Recently produced guides for parent carers, professionals and children and young people about SEND are all available from one place on the BFfC website. The page includes links to guides, webinars and videos on subjects including short breaks, EHCPs and preparing for adulthood. Visit the BFfC website for details.

VACANCIES

We have the following vacancies at Kendrick School. Please click on this <u>link</u> for more information on the roles and how to apply.

Exams and Access Arrangements Assistant – for January 2023 or earlier.

Exam Invigilators – for December 2022 and onwards

PARENTPAY REMINDERS

We would like to bring to your attention the following ParentPay items which are due for payment, please login to your ParentPay accounts for details.

- Year 7, 8 and 9 Food and technology contributions
- Year 10 and 11 Art and Textiles contributions
- Year 7 Study Skills Workshop 17th November 2022
- 2022 Biology Week: Design a Biology Tote Bag
- Year 9 Duke of Edinburgh Bronze Award
- Year 10 and 11 GCSE Music Anthologies book purchase
- Year 12 A Level Maths Graphics Calculator
- Year 10 and Year 11 GCSE English set texts
- Year 12 and Year 13 A-Level English set texts
- Year 12 and Year 13 Disney Dress up Day

October trips

- Year 12 Wokingham Waterside Centre trip 4th October 2022.
- Year 10 MFL French and German trips 9th to 14th October 2022
- Year 13 A Level Geography Residential Field Course 12th to 16th October 2022
- Year 12 Biology Brain Afternoon 20th October 2022

November trips

Year 11 Drama trip A Monster Calls 11th November 2022

December trips

Year 11 12 13 Christmas Market trip to Germany 1st to 4th December 2022

KENDRICK PARENTS' SOCIETY (KPS)

KENDRICK CELEBRATES!

To celebrate the 145th year of Kendrick School and all its achievements, Kendrick Parents Society (KPS) is organising an end of year extravaganza on **Saturday the 3rd of December**, **5pm to 8.30pm**.

"Kendrick Celebrates" is a whole school event for students and their families to come together for an evening of fun, laughter, and celebration. Funds raised from this event will go towards fulfilling the birthday wish list from the different departments at Kendrick School.

You can get your tickets using this link https://www.trybooking.co.uk/BZOW

Calling for Student participants

We encourage students of all year groups to take part in a variety of performances as part of the celebrations. If you are interested in taking part, please

email kpschair@kendrick.reading.sch.uk with the details of your entry.

Calling for Parent Volunteers

We can't run this event without your help, please let us know if you can volunteer in any capacity. Please email kpschair@kendrick.reading.sch.uk or kpschair@kendrick.reading.sch.uk.

Stalls/Sponsorship:

There will also be an opportunity to have a stall, provide sponsorship and advertise at this event. Please email kpschair@kendrick.reading.sch.uk or kpssecretary@kendrick.reading.sch.uk to make your interest known at the earliest.

YEAR 8 FILM NIGHT

After the success of Year 7 movie night, we are planning to run the Year 8 Film Night. All Year 8 students will be sent out a Google form asking them to make the choice of the movie name. We will communicate to you with a ticket link as soon as things have progressed. We strongly recommend students are picked up after the event. In the meantime, we are looking for Year 8 parent volunteers to help us with refreshments on the day. If any parent can spend their afternoon with the students selling them refreshments, please contact kpschair@kendrick.reading.sch.uk or kpschair@kendrick.reading.sch.uk. The date of the film night is on Friday 25th November from 3.30pm to 6pm.