## **Kendrick School - Weekly Update Friday 26<sup>th</sup> November 2021**

## WEEKLY LETTER FROM MS KATTIRTZI, HEADTEACHER

The visit of **Theresa May, MP**, last Friday to open our Horizons building went very well. As well as performing the ceremony of cutting a red ribbon at the entrance of the Horizons building, Mrs May also spoke to the whole school in an assembly. She talked about her early life and said that she had wanted to be a MP from the age of 12. Despite this early interest in politics, at university she chose to study a subject she loved which was Geography. As an MP from 1997, Mrs May spoke about her work in her constituency with the people she serves as their elected representative in parliament, and also the other roles she has had in government: Home Secretary and the 'top job' as she called it, that of Prime Minister. She told some interesting stories of her political life, for example as PM on some days she could be involved in a local community event like opening a garden fete in Maidenhead, and later in the day she could be miles away in the company of international politicians talking about major issues of state, both occasions she seemed to value equally. As a woman in politics, she did not feel that she had been side-lined in her career, but she did say that the style she adopted in politics was more collaborative and team focused, and that when she experienced defeat or setbacks, she reflected on what she could have done to have made the outcome different, rather than thinking it was due to the fact that she was a woman. She ended by telling the students to follow their aspirations and dreams. The article on the website with photos is here.

**Teamwork** is something that happens a lot at Kendrick, both in and outside the classroom. On the many of the visits I make to lessons, I notice how learning is enhanced when students have the opportunities to work together, listen and collaborate. In the clubs and societies that exist in sport, music or other area of interest, team work and cooperation are essential, as well as, mutual respect and understanding. On Enterprise Days, team work is key in the success of any task students are given to do, preparing them for what they are likely to experience in the workplace. It was therefore a suitable follow up that Ms Grice gave an **assembly to Year 8** this week in which she talked about Teamwork and what the essential components of a good team are. Quoting J Richard Hackman, a Social Psychologist, she said that the best teams are when the people in the team have the following: **a compelling direction, strong structure, support and a shared mindset**. As a school I believe we are a great team for all the reasons the late Professor Hackman outlined.

Team work is behind so much of what we do at Kendrick and I would like to mention following this week:

- the <u>Gazette</u> magazine that has been produced by Arya in the 6th form and her team of editors, including the librarians, an excellent read
- the production of Legally Blond for which tickets are about to go on sale <u>HERE</u>
- the collection and making of **Christmas boxes** organised by our Kendrick Student Leaders to be given to the local charity Beginnings at Christmas
- Kendrick Parents' Society who held a committee meeting this week and are planning their events for the
  next term. KPS would like to remind everyone to use the <u>GAYLE and Amazon Smile</u> option when shopping
  on line and nominating Kendrick as their charity, as this is such an easy way for us to raise money for the
  school

Have a great weekend,

Ms Christine Kattirtzi, Headteacher

## SAFEGUARDING/WELLBEING

## **WORRIED ABOUT A CHILD?**

If you have a concern about a child at Kendrick School please email <a href="mailto:studentwelfare@kendrick.reading.sch.uk">studentwelfare@kendrick.reading.sch.uk</a> or telephone 0118 9015859.

If you're worried about a child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends), you can contact the NSPCC helpline for support and advice for free - call us on 0808 800 5000 or contact NSPCC online.

Children can contact Childline any time to get support themselves.

In an emergency please call 999 or for a non-emergency call 101.

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this <u>link</u>. We will be adding to these on a regular basis.

<u>CAMHS Resources</u> - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

## SAFEGUARDING – CHILD SEXUAL

#### **EXPLOITATION**

**SOURCE: NSPCC** 

Child sexual exploitation (CSE) is a type of <u>sexual abuse</u>. When a child or young person is exploited they're given things, like gifts, drugs, money, status and affection, in exchange for performing

sexual activities. Children and young people are often tricked into believing they're in a loving and consensual relationship. This is called grooming. They may trust their abuser and not understand that they're being abused.

Children and young people can be <u>trafficked</u> into or within the UK to be sexually exploited. They're moved around the country and abused by being forced to take part in sexual activities, often with more than one person. Young people in gangs can also be sexually exploited.

Sometimes abusers use violence and intimidation to frighten or force a child or young person, making them feel as if they've no choice. They may lend them large sums of money they know can't be repaid or use financial abuse to control them.

Anybody can be a perpetrator of CSE, no matter their age, gender or race. The relationship could be framed as friendship, someone to look up to or romantic. Children and young people who are exploited may also be used to 'find' or coerce others to join groups.

CSE can happen in person or <u>online</u>. An abuser will gain a child's trust or control them through violence or blackmail before moving onto <u>sexually abusing</u> them. This can happen in a short period of time.



When a child is sexually exploited online they might be persuaded or forced to:

- send or post sexually explicit images of themselves
- · film or stream sexual activities
- have sexual conversations.

Once an abuser has images, video or copies of conversations, they might use threats and blackmail to force a young person to take part in other sexual activity. They may also share the images and videos with others or circulate them online.

Gangs use sexual exploitation:

- to exert power and control
- for initiation
- to use sexual violence as a weapon.

Children or young people might be invited to parties or gatherings with others their own age or adults and given drugs and alcohol. They may be assaulted and sexually abused by one person or multiple perpetrators. The sexual assaults and abuse can be violent, humiliating and degrading.

For signs and symptoms, what to do if a child reveals abuse, the effects of child sexual exploitation and where to get help and support please click <u>here</u>.

## WELLBEING – HELPING SOMEONE ELSE

**SOURCE:** Anna Freud

1 in 10 young people will go through periods of feeling emotionally unwell during any given year, but what do you do when this is your friend or relative?

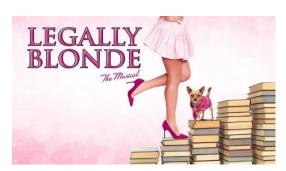
Anna Freud understand it can be hard to know what to do when someone you care about is going through a rough patch, so they have put together some tips and advice, with the help of Common Room and young people from mental health support group Hearts & Minds.

Below is some information on how to talk to someone you're worried about, how to look after yourself during this time and how to seek help from an adult if you become seriously worried. In each section, you can read quotations that come directly from young people who have experience coping with similar situations. You can view the tips on the images or by using the drop-down below each image if you're low on data. You can also download a free pdf version of the tips below.

https://www.annafreud.org/on-my-mind/helping-someone-else/

## **NEWS, NOTICES AND EVENTS - WHOLE SCHOOL**

## KENDRICK SCHOOL PRODUCTION OF LEGALLY BLOND



Join us for an exhilarating night of live musical entertainment with our whole school production of *Legally Blonde the Musical*. With a 19-piece band, and a combined cast and crew of more than 120 people, this promises to be an event you will remember forever!

Refreshments will be served in the servery by KPS before the show and during the interval and programmes can be bought on the door. Hall doors open at 6.10pm and the performance starts at 6.30pm.

Please note that there is some mild language used in the production and that it is not suitable for anyone under the age of 11, so bear that in mind when booking.

Tickets will be sold via Parent Pay on a first-come, first-served basis, with a maximum of five per household initially. Tickets will be numbered and we will keep parties next to each other wherever possible. If you know of others who may be interested in attending but are not on Parent Pay, please ask them to email <a href="mailto:Finance@kendrick.reading.sch.uk">Finance@kendrick.reading.sch.uk</a>. There is a limit of 200 tickets per night, so get yours before it's too late!

- Adults = £8/pp
- Concessions (students/65+) = £5/pp

Performance dates: Thursday 9th December and Friday 10th December 2021

To ensure our covid-19 safety precautions are at their best, we would like to request that those attending complete a LFT the night before they attend the performance. Should you have any symptoms, please stay at home as per government guidance. We also ask that everyone who is able to wear a mask does so during the performance. Although this is optional, it would be preferred. Hygiene stations will be situated at the entrance to the Hall, by the servery and the toilet areas and there will be good ventilation in the Hall throughout the event.

We look forward to seeing you there!

Legally Blonde Cast and Crew

## **LATERAL FLOW TESTS**

Please could we remind you that students should be testing twice weekly for COVID and that you should report results on both the NHS website and Medical Tracker.

If necessary students should collect new testing kits from one of three areas in school -

Main School - Servery area Horizons - Eating area Sixth form Block - Outside the Library.

The testing kits we have been supplied with are slightly different and require a slightly different process. A user guide will be included in the packs.

Thank you very much for your continued cooperation with this.

## **CALENDAR**

Term 2

Tuesday 30<sup>th</sup> November Year 11 Parents' Consultation (remote)

Thursday 2<sup>nd</sup> December Performance and Review Governor Committee

Thursday 9<sup>th</sup> December Full Governing Body Meeting

Legally Blonde, 6.30pm

Friday 10<sup>th</sup> December Legally Blonde, 6.30pm

Wednesday 15<sup>th</sup> December Canteen Christmas lunch, tickets on sale from 8<sup>th</sup> December, £2.40. Vegetarian

option available

Thursday 16<sup>th</sup> December Last day of Term 2, 1.05pm

## **VACANCIES**

We currently have the following vacancies. Please click <u>here</u> for more information on the roles and an application form. We would be grateful if you could share these vacancies with family and friends.

Attendance and Student Welfare Assistant. 35 hours a week, Monday to Friday. Closing date: 9am Monday 29<sup>th</sup> November 2021

Invigilators: Hours to suit the requirements of the examination season. Please apply as soon as possible.

## **KENDRICK PARENTS' SOCIETY (KPS)**

#### Year 7 drop-in sessions with Ms Kattirtzi

KPS is organising these sessions again this year and the first session is for the new Y7 parents/carers. This will be held on 8th Dec from 6 to 7pm. Please follow our newsletter for more details.

**KPS** team

Please click here for the latest KPS newsletter.

#### **KPS SHOPPING LINKS**

#### AmazonSmile donations

We encourage you to continue your purchases at <a href="mailto:smile.amazon.co.uk">smile.amazon.co.uk</a>, (not <a href="www.amazon.co.uk">www.amazon.co.uk</a> or the mobile app) These are helping us generate AmazonSmile donations for our school. Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible AmazonSmile purchases.

## **Easy Fundraising Charity**

KPS has also signed up to other easy ways of raising funds for the school especially when you are shopping online - **easyfundraising charity site**: <a href="https://www.easyfundraising.org.uk/causes/kendrickschoolreading/">https://www.easyfundraising.org.uk/causes/kendrickschoolreading/</a>. Please continue to use these links and let us all together contribute to something that our children can benefit from.

## **TheGivingMachine**

Another opportunity for you to raise more donations and funds for the School when you shop online. Go to this site and give for free: Here is the link: <a href="https://www.thegivingmachine.co.uk/">https://www.thegivingmachine.co.uk/</a>

#### **GAYL**

Give As You Live (GAYL) is one way with which you can help KPS receive additional funds with no cost to you! Please use this link https://www.giveasyoulive.com/join/kendrick and help us raise additional funds.

## **NEWS AND EVENTS – STUDENTS**



# COMMEMORATING THE HOLOCAUST

## Poetry competition open to all years

As it is nearing Holocaust Memorial Day, we the Holocaust ambassadors for this year have decided to launch a poetry competition on the theme of commemorating the Holocaust. It is greatly important for us to remember the events of the past especially this mass murder of 6 million Jewish men, women and children so that we can learn and ensure an event similar to it never happens again. Despite the harsh conditions they faced, the people within the death camps tried to keep their spirits intact through small acts of hope and resilience such as praying, singing songs and sharing recipes. Even though 6 million is such an incomprehensibly large number it is so important to remember everyone who suffered were individuals with their own stories and we must commemorate their lives. We invite everyone to take part in writing a poem to encapsulate the emotions of the events, the feelings of loss, suffering and hope or perhaps what the Holocaust means to you. Keep in mind the theme of remembrance and commemoration especially as we move further into the future where the events of the past become a distant memory especially as racism and social prejudices are still prevalent in today's society.

We look forward to reading your entries!!

Entries must be submitted by: 13th December

Email entries to: 16ssinha@kendrick.reading.sch.uk

Feel free to contact me for any further queries (Sanya Sinha 6JAC) or one of the other

Holocaust ambassadors

16ilefleming/ 16ewaseem/ 16jgupta @kendrick.reading.sch.uk