

# Kendrick School - Weekly Update

## Friday 11<sup>th</sup> February 2022

### LETTER FROM MS KATTIRTZI, HEADTEACHER

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This week is **Children's Mental Health Week**, the theme this year is **Growing Together**. Every day this week students and staff have been sent information on mental health and wellbeing from [Mind](#) and other support groups aimed at young people aged 11-18. The theme Growing Together is about growing emotionally and finding ways to help each other grow. Challenges and setbacks can help us to grow and adapt and trying new things can help us to move beyond our comfort zone into a new realm of possibility and potential. See link to the information that has been sent out this week [HERE](#). It was also **Safer Internet Day** on Tuesday 8<sup>th</sup> February and again information was sent to students and parents, see link [HERE](#).

These initiatives, once again, recognise the difficulties that young people face, made more challenging by the pandemic, which affected their life and education. It very much confirms all that we do in school to support our students. Sometimes students may feel unable to access the help there is available to them or communicate what they want to us, and sometimes, as a school it is difficult for us to access the more specialist services that some students need. However, I hope everyone at Kendrick appreciates the very high priority we give to trying to support our students' positive mental health and wellbeing. Our [Student Welfare Team](#), working alongside our team of No 5 Counsellors, is growing and developing in its strength and expertise, and the facilities that we have created in the school for students, demonstrate the priority this has at Kendrick. The Department of Education, published a report this week as part of **Children's Mental Health Week**, called [State of the Nation report](#), the third report that has been produced on this subject. The report is very well worth reading and outlines, with statistical analysis and research, that young people's mental health has been affected by the pandemic. It concludes: *'With ongoing pandemic uncertainties, it remains as important as ever to continue to monitor children and young people's mental health and wellbeing, both to build our understanding of pandemic recovery, and to understand whether there are certain groups at risk of ongoing poorer mental health and/or wellbeing.'*

At the end of Term 2, in December 2021 we sent everyone, students, staff, parents and governors, a survey about [sexual abuse in school](#), following the Ofsted report on this topic in June 2021 led and organised by Mrs Lace and Mr Duncan, our PHSCE Leads across the school, our survey sought to do our own anonymised review into sexual abuse in our setting. In summary, the review found that students feel, in an overwhelming majority, that they are safe from sexual abuse whilst they are in school. There were some areas where we need to follow up with regard to knowledge, education and practice, and to that end, we have identified 11 action points which we will be following up. We shared the report and findings with our governors last night at the **Performance and Review Committee** meeting and will report back to them later in the year on the progress of the action points.

We believe that surveying students on issues that affect their life enables us to better understand the circumstances they find themselves in, as well as enable us to refresh our knowledge and practice and the information and guidance we give them. Another survey conducted recently, has been to consider the impact of **social media on young people's lives**, which was carried out by Miss Hyde. It revealed some useful information for us to work on with our students on this theme. Our annual **Transition survey with Year 7** parents has also been very useful and provided information to us about how well the transition to secondary school and Kendrick was last year. Overwhelmingly, the one-week Summer School we offered students last July, was very much appreciated and said to have considerably eased the transition to Kendrick for our Year 7 students.

This is the time of the year that I highlight to students the **Bursaries and Awards** available to them. Through the generous and kind donations of people associated with the school, there are four major awards available to them. Two of the awards are for students in Year 11 and 13 only and the Trust Awards are also available to students who left the school within the last five years. Please see the link [here](#).

Finally, I would like to remind everyone of the **KPS Bingo and Quiz Night** that is taking place tomorrow **12<sup>th</sup> February between 6.00-7.30pm**, as a remote event. **Here is the link to place an order for tickets that will be emailed to you before the event.** Not many tickets have been sold so far, so I do hope there will be a real surge in interest and support over the next few hours! As always, I am sure it will be a fun family event and hopefully it will raise some money for the school.

Wishing everyone a very happy weekend,

**Ms Christine Kattirtzi, Headteacher**

## **SAFEGUARDING/WELLBEING**

### **WORRIED ABOUT A CHILD?**

If you have a concern about a child at Kendrick School, please email [studentwelfare@kendrick.reading.sch.uk](mailto:studentwelfare@kendrick.reading.sch.uk) or telephone 0118 9015859.

If you're worried about a child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on **0808 800 5000** or **contact NSPCC online**.

Children can contact **Childline** any time to get support themselves. In an emergency please call 999 or for a non-emergency call 101.

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this [link](#). We will be adding to these on a regular basis.

[CAMHS Resources](#) - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.


**For well-being support in school please vi-sit the Student Welfare Team in the General Office or Sixth Form Office or email [studentwelfare@kendrick.reading.sch.uk](mailto:studentwelfare@kendrick.reading.sch.uk).**

## **WELLBEING: CHILDREN'S MENTAL HEALTH WEEK - TIPS ON BUILDING RESILIENCE**

**SOURCE: The Children's Trust**

1. **Have something to look forward to** – make a plan with your children for the weekend.
2. **Stay connected** – your children may need help to keep in touch with their friends and extended family.
3. **Filter your information intake** – remember that young people with phones/ tablets may also feel bombarded by news and need help with this.

### **Student Welfare Team at Kendrick School**



**Ms Hockett**      **Ms Shaw**

**Ms Lawlor**      **Ms Edwards**

The Base (in Sidmouth basement) is staffed by one of the Student Welfare Team during break and lunchtimes. This is a quiet space for students who would benefit from this. There is a relaxation area, art area and work stations available for your use. Please come to the General Office first to check there is space in The Base.

Contact: [StudentWelfare@kendrick.reading.sch.uk](mailto:StudentWelfare@kendrick.reading.sch.uk)

4. **Have a check-in regularly with how everyone in the family is feeling.** It's a great habit to develop and can help give your children the vocabulary they need to discuss how they feel.
5. **Think of something you are grateful for each day** – make it a habit at dinner or bedtime.
6. **Try something new/creative.** If you fancy something musical there is something online for all ages and you don't need lots of instruments! Look at [Jessie's Fund](#), [Mini Chilterns](#), '[Beat goes on' body percussion](#), [Chrome Music Lab](#), [Beatboxing tutorials](#) and/or [Singing Hands/Out of the Ark Music](#) for songs with Makaton signing.

## SAFEGUARDING – SAFER INTERNET DAY 2022

Tuesday 8th February 2022 was Safer Internet Day and the theme this year is 'All fun and games? Exploring respect and relationships online'.

From gaming and chat, to streaming and video, young people are shaping the interactive entertainment spaces they are a part of. Safer Internet Day 2022 celebrates young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

For all the information, advice and resources sent to parents and carers and students please click [here](#).

## CALENDAR

Monday 14<sup>th</sup> February                      KPS Meeting, 6pm  
 Thursday 17<sup>th</sup> February                House Drama Performance, 6.30pm  
 Friday 18<sup>th</sup> February                      End of Term 3, 3.15pm



## NEWS, NOTICES AND EVENTS

### COVID UPDATE

As of today, the COVID cases within the school are as follows:

	Fri 28/1	Mon 31/1	Tues 1/2	Thurs 3/2	Mon 7/2	Fri 11/2
Year 7	14	18	17	16	13	8
Year 8	2	1	2	1	1	0
Year 9	3	3	2	1	0	0
Year 10	4	5	6	5	2	4
Year 11	1	4	3	3	2	1
Year 12	5	5	6	4	5	4
Year 13	4	4	2	2	2	3
<b>Total</b>	<b>33</b>	<b>40</b>	<b>38</b>	<b>32</b>	<b>25</b>	<b>20</b>

We have four members of staff that are positive.

## FREE VIRTUAL CAREERS EVENT (FOR YEARS 9-12)



Part of Kendrick's 'Design Your Future' initiative...

# Kendrick School

## FREE Virtual Careers Event

Thursday 3rd March 2022, 4pm to 5:30pm

<p><b>Virtual careers event exclusively for Kendrick students in Years 9 to 12</b></p> <p><b>An opportunity not to be missed</b></p> <p><b>Find out about post-16 options</b></p> <p><b>Hear about careers from high-profile local employers</b></p> <p><b>Learn about specific industries. Could they be right for you?</b></p> <p>Bespoke event, tailor-made for Reading, will be delivered live via the hopin.com online platform. Parents and carers are welcome to attend with their child(ren).</p> <p>To register for this free event please visit <a href="https://hopin.com/events/spotlight-on-reading-2022-virtual-careers-event">https://hopin.com/events/spotlight-on-reading-2022-virtual-careers-event</a></p>	<p><b>Event Schedule</b></p> <p>15mins <b>Pathways Presentation</b> delivered by the company Learning to Work <i>Learn about the different pathways available post-16</i></p> <p>15mins <b>Q&amp;A Panel with local business volunteers</b> <i>Find out more by asking questions about businesses, apprenticeships and training providers</i></p> <p>45mins <b>Industry spotlights with local employers</b> <i>The main event is an insightful opportunity to discover a specific industry first-hand from a local expert who can share their real-life experience and give their perspective. You may choose 2 spotlights to attend.</i></p> <p>15mins <b>Final presentation</b> <i>A recap and summary of the event with top tips on how to prepare yourself and access further information &amp; resources</i></p> <p><b>A busy evening that will inform and inspire</b></p>
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Brought to you by  Learning to Work

Spotlight on Reading 2022

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## PARENTPAY REMINDERS

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- **Year 8 Bushcraft trip** deposit of £100 to be paid by Friday 18<sup>th</sup> February.
- **Year 8 'People Like Me' CEIAG event** on Wednesday 16<sup>th</sup> February. Please support this event by making a contribution of £10.15.
- **A Level Biology Residential Field Course** at Dale Fort Field Centre. If paying by instalments, the fourth instalment of £85 is due by the start of the next term Monday 28<sup>th</sup> February.
- **Year 7, 8 and 9 food and textiles contributions and Year 10 and Year 11 Art Textiles GCSE contributions.** The suggested contribution per year group is detailed in ParentPay, we appreciate your continued support.

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## VACANCIES

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We currently have the following vacancies. Please click [here](#) for more information on the roles and an application form. We would be grateful if you could share these vacancies with family and friends.

**PE Teacher 2022** – full time – closing date 9<sup>TH</sup> February 2022 (currently shortlisting)

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# KENDRICK PARENTS' SOCIETY (KPS)

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## ONLINE BINGO & QUIZ NIGHT

KPS is organising an Online BINGO & FUN QUIZ event and are looking forward to your participation along with the **KPS would like to invite you to their first online BINGO & Quiz Night**. This is a whole family event **scheduled for tomorrow evening, 12th Feb at 6pm to 7:30pm**.

[Here is the link to buy tickets](#). We promise you an evening of fun and excitement as always. The money we raise will go to alter the school main hall stage curtain. The school is planning to change the staging to make access easier and therefore the current stage curtains needs to be lengthened and the estimate is that it will cost £500. If each one of us contributes to it, we can raise it easily. We look forward to your support as always!!

The tickets can be purchased online via the link shared beYou will receive an email confirming your purchase and the event link will be shared prior to the event .

Any queries feel free to reach out to the KPS organising committee by emailing [kpssecretary@kendrick.reading.sch.uk](mailto:kpssecretary@kendrick.reading.sch.uk)

## YEAR 10 PARENTS/CARERS EVENING EXCLUSIVELY WITH MS KATTIRTZI IS SCHEDULED ON 15TH FEBRUARY AT 5:30PM

Here are the details

Topic: Yr 10 Catch up with Ms Kattirtzi  
Time: Feb 15, 2022 05:30 PM London

Join Zoom Meeting  
<https://us02web.zoom.us/j/2963158886>

## KPS COMMITTEE MEETING IS SCHEDULED ON 14TH FEBRUARY

We look forward to seeing you all. It is an online session, so you can join at your convenience. **The meeting timings are 6 to 7:30pm**. If you are interested to join us kindly email [kpssecretary@kendrick.reading.sch.uk](mailto:kpssecretary@kendrick.reading.sch.uk).

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## KPS SHOPPING LINKS

### AmazonSmile donations

We encourage you to continue your purchases at [smile.amazon.co.uk](https://smile.amazon.co.uk), (not [www.amazon.co.uk](https://www.amazon.co.uk) or the mobile app) These are helping us generate AmazonSmile donations for our school. Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible AmazonSmile purchases.

### Easy Fundraising Charity

KPS has also signed up to other easy ways of raising funds for the school especially when you are shopping online - **easyfundraising charity site** : <https://www.easyfundraising.org.uk/causes/kendrickschoolreading/> . Please continue to use these links and let us all together contribute to something that our children can benefit from.

## **TheGivingMachine**

Another opportunity for you to raise more donations and funds for the School when you shop online. Go to this site and give for free: Here is the link: <https://www.thegivingmachine.co.uk/>

## **GAYL**

Give As You Live (GAYL) is one way with which you can help KPS receive additional funds with no cost to you! Please use this link <https://www.giveasyoulive.com/join/kendrick> and help us raise additional funds.