# **Kendrick School - Weekly Update Friday 28<sup>th</sup> January 2022**

### LETTER FROM MS KATTIRTZI, HEADTEACHER

There are a number of news items on the website this week which I would like to draw to your attention to and are worth reading:

- <u>Berkshire Schools Cross Country Championships</u> where 24 Kendrick students took part and our Year 7 team came 4<sup>th</sup> with some individual success for Asmi, Evie and Holly.
- House Chess for Year 8 and 9 with over 30 students attending the lunch time club. Impressive wins by Abi and Lulu.
- The Legacy of East Germany in Film: a trip A Level German students went on in London to the British Film
  Institute. Linked to their German A Level specification, the students considered cultural elements, including film,
  in the GDR, formally East Germany.
- Commemorating Holocaust Memorial Day: an annual whole school assembly at Kendrick, led by our Holocaust Ambassadors, Janhavi, Eshal, Sanya and Izzy, Year 12 A Level History students, to mark the liberation of the Auschwitz concentration camp in 1945, 77 years ago. The event is to remember the millions of Jewish victims of the Holocaust and the history of persecution of that time, as well as highlight the genocides there have been since then. The day was also marked in parliament and elsewhere in the world by memorial services and the sharing of victims' testimonies. As the article says, in our assembly I reminded students of the origins of our Kendrick Pledge which was the lesson I learnt when I visited Auschwitz in 2010 with two of my history students at the time. As always, our assembly brought us together for a few moments to reflect on our school pledge which asks us all to uphold the values of friendship, kindness and respect and to stand against prejudice, ignorance and injustice, promoting equality and justice for all.

I would like to finish this week's update with the powerful and moving poem written and read by Anya, a Year 8 student, at the assembly yesterday. Please take time to read the poem.

### Lost infinities

Discrimination.
She's told to stitch on a star,
As if religion defines who you are,
As if she mustn't hang her head in shame,
Because she just didn't look the same.

### Injustice.

She's scared of every soldier she meets, As she walks down the empty streets, In which she moved to, t'is the town, That's purely built to pull her down.

### Change.

She's heard it all on the news, War on Hitler, and meanwhile Jews, Disappear by each passing day, But this is news that no one says.

### Fear.

She's crying on a dirty train, Old man in the corner howling in pain, They were told that this was salvation, Yet this is only decimation.

### Confusion.

He goes left, she goes right, The world feels drained of all the light, Head shaven, body cold, Undeserving of life, she is told.

Death,
Her infinity is no longer there,
She's herded into a room where,
Death's arms came to her too early,
As she died on a gas so slowly.
Infinite...
Finite...

Remember, Six million lives that were taken, Homes ruined, people shaken, Commemorate the lost infinities, The impossible possibilities.

Ms Christine Kattirtzi, Headteacher

### SAFEGUARDING/WELLBEING

### **WORRIED ABOUT A CHILD?**

If you have a concern about a child at Kendrick School please email <a href="mailto:studentwelfare@kendrick.reading.sch.uk">studentwelfare@kendrick.reading.sch.uk</a> or telephone 0118 9015859.

If you're worried about a child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on 0808 800 5000 or contact NSPCC online.

Children can contact Childline any time to get support themselves. In an emergency please call 999 or for a nonemergency call 101.

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this link. We will be adding to these on a regular basis.

<u>CAMHS Resources</u> - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and wellbeing.

For well-being support in school please vi-sit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

## WELLBEING – FREE ONLINE SELF HARM SUPPORT WITH ALUMINA

https://www.selfharm.co.uk/

Alumina is a free, online 7 week course for young people struggling with self-harm. Each course has up to 8 young people, all accessing the sessions from their own phones, tablets or laptops across the UK. The courses take place on different evenings of the week and are run by friendly, trained counsellors and volunteer youth workers.

You don't need an adult to refer you or sign you up, and no-one will see or hear you during the sessions – you'll just join in via the chatbox. We want to help you to find your next steps towards recovery, wherever you are on your journey.

### IS ALUMINA RIGHT FOR ME?

### Are you...

- 14-19 years old?
- Living in the UK?
- Someone who self-harms or worries they might?
- Looking for support but not wanting to do it face to face?
- Wanting to move towards a life free from self-harm?



### **SAFEGUARDING** – FEMALE GENITAL MUTILATION (FGM)

SOURCE: NSPCC

FGM is a form of child abuse. It's dangerous and a criminal offence in the UK. We know:

- there are no medical reasons to carry out FGM
- it's often performed by someone with no medical training, using instruments such as knives, scalpels, scissors, glass or razor blades
- children are rarely given anaesthetic or antiseptic treatment and are often forcibly restrained
- it's used to control female sexuality and can cause long-lasting damage to physical and emotional health.

FGM can happen at different times in a girl or woman's life, including:

- when a baby is new-born
- · during childhood or as a teenager
- just before marriage
- · during pregnancy.

For signs and symptoms and advice on what do to if you think a child is showing signs, please visit this link.

The United Nations International Day of Zero Tolerance for FGM is Sunday 6<sup>th</sup> February 2022. "Together, we can eliminate female genital mutilation by 2030. Doing so will have a positive ripple effect on the health, education and economic advancement of girls and women" <u>UN Secretary-General António Guterres</u>. For more information on the initiative please click <u>here</u>.

### **CALENDAR**

Thursday 3<sup>rd</sup> February Tuesday 8<sup>th</sup> February Thursday 10<sup>th</sup> February Monday 14<sup>th</sup> February Thursday 17<sup>th</sup> February Friday 18<sup>th</sup> February Resources Governors, 4.30pm Year 8 Parent Consultation Evening P&R Governors, 4.30pm KPS Meeting, 6pm House Drama Performance, 6.30pm End of Term 3, 3.15pm



### **NEWS, NOTICES AND EVENTS**

### ONE DAY LIBRARY COMPETITION



*One Day* is the theme for the **2022 Holocaust Memorial Day**. As you can see from the words on this poster, even the font and background can evoke different emotions when reading the two words: **ONE DAY** 

One Day could mean a specific day, it could also be One Day in history, One Day when life changed (for better or for worse), One Day at a time or One Day in the future.

Either relating this to the Holocaust or subsequent genocides or perhaps to something in your own life, this year's competition is to write a poem or short prose based on the theme *One Day*.

Entries from all year groups welcome. Prizes will be presented. Closing date: Monday 28 February 17:00

### HOUSE READING COMPETITION

The House Reading Competition is drawing to a close, but there are still a few more weeks to gain some valuable points for your house... YOU could make the difference!

We have decided to finish the 'reading period' just before the February term break. Any books read AFTER 20<sup>th</sup> February WILL NOT count. You can add up your books and email your House Representatives with the total numbers

#### **Palmer**

Staff & Years 7-9 please email: Ana Lenoir; Years 10-13 please email: Aysel Turacli

#### **Cedars**

Staff & Years 7-9 please email: Geetika Lakhanpal; Years 10-13 please email: Serena Whitehead

#### Sidmouth

Staff & Years 7-9 please email: Alice Owen; Years 10-13 please email: Lucy Ward



### **VACANCIES**

We currently have the following vacancies. Please click <u>here</u> for more information on the roles and an application form. We would be grateful if you could share these vacancies with family and friends.

**Attendance and Student Welfare Assistants** – Job share opportunity – 35 hours to be shared across the week - core hours 8am-3.30pm, term time only - closing date Friday 4<sup>th</sup> February 2022

English Teacher for September 2022 – full time – closing date 2<sup>nd</sup> February 2022

**PE Teacher 2022** – full time – closing date 9<sup>TH</sup> February 2022

### **KENDRICK PARENTS' SOCIETY (KPS)**

### **KPS SHOPPING LINKS**

#### AmazonSmile donations

We encourage you to continue your purchases at <a href="mailto:smile.amazon.co.uk">smile.amazon.co.uk</a>, (not <a href="www.amazon.co.uk">www.amazon.co.uk</a> or the mobile app) These are helping us generate AmazonSmile donations for our school. Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible AmazonSmile purchases.

### **Easy Fundraising Charity**

KPS has also signed up to other easy ways of raising funds for the school especially when you are shopping online - **easyfundraising charity site**: <a href="https://www.easyfundraising.org.uk/causes/kendrickschoolreading/">https://www.easyfundraising.org.uk/causes/kendrickschoolreading/</a>. Please continue to use these links and let us all together contribute to something that our children can benefit from.

### **TheGivingMachine**

Another opportunity for you to raise more donations and funds for the School when you shop online. Go to this site and give for free: Here is the link: <a href="https://www.thegivingmachine.co.uk/">https://www.thegivingmachine.co.uk/</a>

### **GAYL**

Give As You Live (GAYL) is one way with which you can help KPS receive additional funds with no cost to you! Please use this link https://www.giveasyoulive.com/join/kendrick and help us raise additional funds.