

Kendrick School - Weekly Update

Friday 20th January 2023

LETTER FROM MS KATTIRTZI, HEADTEACHER

Sixth Form students have an opportunity to study a course called the Extended Project Qualification (EPQ) which is an additional qualification, half an A Level, that complements their 3 or 4 A Level programme of study. It is a chance for students to take a topic that interests them and to research it using under-graduate style research methods, write a report and present this to their supervisor and fellow students. This week 40 Year 13 students have been presenting their EPQ projects to staff and students. The topics range in nature from very specific scientific investigations to broader social and political issues and historical and philosophical ideas. It has been such a pleasure to listen to students present their work on their individual projects and speak with such confidence, knowledge and understanding about their chosen research topic. My thanks to Mrs Rock, our EPQ Coordinator and her team of supervisors who lead and manage this work and of course the students for the impressive work they have done. For some students this qualification will assist them in their university entrance and may be pivotal in securing a place at university.

KS4, Years 10 and 11, this week were given an assembly by Mr Stride, Head of Year 11, entitled Marginal Gains. Using a series of excellent slides and sporting examples, taken from the world of British Cycling, Mr Stride demonstrated clearly and effectively that making tiny changes to routines or one's general behaviour and practice can have a big overall impact. He used relevant examples to show how this could happen, for example, concentrating in class just a couple more minutes every lesson could amount to days of increased concentration over a year. Similarly getting 10 minutes extra sleep every day over a period would amount to significant hours of extra sleep which would have an energising and restorative impact. Modifying diet, doing more exercise were also examples of how doing just that little bit more can achieve those marginal gains. I am sure students went away with much to think about and hopefully with some incentive and ideas to try to make those small adjustments to achieve some marginal gains.

A super news item involving our students is the [Tomorrow's Engineers Week](#). Please read the article to see how Kendrick students engage so enthusiastically with the world of engineering and how engineering can be used and applied to improving key sectors of society: entertainment, sport, technology and environment.

Finally, our Ofsted inspection report is now published on the Ofsted website and can be found [here](#). Last night at our Learning and Teaching Governor Committee meeting we were able to discuss the full extent and detail of the outstanding judgments in the report and explain to governors that the high bar of an outstanding outcome was not a given because we are Kendrick. The judgments were achieved through persistent and consistent focus on the quality of education we offer our students and the relationships and experiences we try to establish here. Governors expressed their sincere thanks and appreciation for the work and efforts of everyone, staff and students, to achieve the Ofsted outcome. Here are some lovely displays to celebrate our school and most recently Ofsted.

[Kendrick School has a lot to celebrate](#)

[Kendrick Celebrates](#)

Wishing everyone a good weekend,

Ms Christine Kattirtzi
Headteacher

KENDRICK SCHOOL'S SOCIAL MEDIA PLATFORMS

Kendrick School has several social media platforms and sites. Please follow us to get the latest news and information about the school. The links are in the logos below.



SAFEGUARDING/WELLBEING

WORRIED ABOUT A CHILD?

If you have a concern about a child at Kendrick School, please email studentwelfare@kendrick.reading.sch.uk or telephone 0118 9015859.

If you're worried about any child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on **0800 800 5000** or **contact NSPCC online**. Children can contact **Childline** any time to get support themselves. **In an emergency please call 999 or for a non-emergency call 101.**

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this [link](#). We will be adding to these on a regular basis.

[CAMHS Resources](#) - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

SAFEGUARDING – 'LISTEN UP, SPEAK UP' FROM THE NSPCC

Half a million children suffer abuse and neglect a year in the UK. But there's something we can all do to change that.

That's why the NSPCC is encouraging every adult in the UK to [take their 10-minute digital training](#).

Listen up and learn a little with the NSPCC Connect the DOTS training showing you where to go if you need support, and how to speak up for children who need it. Because that little bit of knowledge can help keep a lot of children safe.

YOU CAN SIGN UP FOR THE FREE TRAINING [HERE](#)

MENTAL HEALTH AND WELLBEING – PERFECTIONISM

Today we launched our new termly **Wellbeing Newsletter** which we will share with parents, students and staff! Each term we will focus on a different mental health and/or wellbeing topic and this term we are looking at the topic of **Perfectionism**. Perfectionism is a personality trait which occurs when an individual places themselves under high levels of pressure to meet high expectations. This is different from being a **high achiever**. You can access the newsletter [here](#). Top 10 tips for parents for dealing with perfectionists can be found [here](#).

We are delighted to confirm that we will be hosting a Webinar on **Thursday 2nd February 2023 at 6pm** focused on **‘Supporting Teams through difficult times: teenage brain, exam stress and perfectionism’**. All parents and students are invited to attend, but the information is aimed at those in Years 9-13.

The Charlie Waller Trust has been working alongside Dr John Coleman who is a leading expert in the field of teenage brain development. Jenny Langley is one of their lead trainers in this area and in this session, Jenny will talk us through the latest research around the development of the teenage brain, which starts from around the age of 8 and runs through to the mid-twenties. Understanding some of these key changes can help us to see the world through the teenage lens more clearly, and therefore to come alongside our youngsters when they are struggling with pressures such as exam stress, perfectionist tendencies and other social developmental issues. The session will include practical tips in communicating with your teenager in the face of difficulties.

Information on how to obtain a free ticket will be emailed to you next week.

SCHOOL CALENDAR FOR TERM 3, 2022-23

Monday 23rd January	Year 11 Geography Trip
Wednesday 25th January	Evening of Dance, 6.30pm
Thursday 26th January	Year 12 Parents’ Consultations
Thursday 2nd February	Resources Governors Committee ‘Supporting Teams through difficult times: teenage brain, exam stress and perfectionism’ webinar, 6pm
Monday 6th February	Start of Year 11 Sixth Form Consultation meetings
Tuesday 7th February	Year 8 Parents’ Consultations
Thursday 9th February	P&R Governors’ Committee House Drama, 6.30pm
Friday 10th February	End of Term 3, 3.15pm

The school calendar for the academic year can be found [here](#). For the Term Dates for 2022-23 and 2023-24 please click [here](#)

NEWS, NOTICES AND EVENTS

EVENING OF DANCE

The Evening of Dance is on Wednesday 25th January 6pm to 7.30pm. Ticket are now on sale on ParentPay.

DESIGN YOUR FUTURE – KENDRICK SCHOOL CAREERS EVENT – THURSDAY 2ND MARCH (YEARS 9-12)



Kendrick School

FREE in-person Careers Event

Thursday 2nd March 2023, 4pm to 6:30pm, Main Hall

Design Your Future

Bespoke careers event exclusively for Kendrick students
in Years 9 to 12 and their parents and carers

An opportunity not to be missed!

Find out about post-16 options

Work Experience
opportunities

Learn about specific sectors,
job roles and career paths

Hear about careers from
high-profile local employers

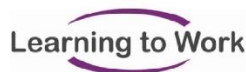
Quality Q&A
with experts

Investigate career entry pathways (qualifications,
relevant degrees, apprenticeships and placements)

Local Market Information (LMI)

Specific enquires: erock@kendrick.reading.sch.uk

Brought to you by



HOLOCAUST MEMORIAL DAY

Reading's evening of reflection to mark Holocaust Memorial Day is taking place in the Civic Offices on Wednesday 25 January, 6.30pm. The theme for this year is 'Ordinary People' and looks at how everyone can play a bigger part than we might imagine in challenging prejudice. The free event will feature guest speakers, a choral performance, candle lighting and memorial service and an address from a former teacher of a school in Kyiv, Ukraine. The event will take place in the Council Chamber and be live streamed at: <https://www.facebook.com/Readingcouncil>. See the council's [press release](#) for more details.

SPECIAL EDUCATIONAL NEEDS (SEND): SPECIAL UNITED MEETING

The next Special United meeting for Reading children and young people, aged eight to 25, with special educational needs and/or disabilities, and their siblings, is taking place on Thursday 26 January, 6-8pm. Guest speakers include Abbi Chambers from Reading Mencap and Allison Bradshaw, Project Manager for the Child and Adolescent Mental Health Service (CAMHS). The meeting is being held at The Avenue School, Conwy Close, Tilehurst, RG30 4BZ. Places can be booked by email: lisaharry@aol.com by 25 January. Visit the [Reading Families' Forum](#) website for more details.

GILL SPORT FOUNDATION APPLICATIONS OPEN

Applications are now open for the GLL Sport Foundation for young athletes in Reading who could benefit from financial support. The foundation provides athletes under 18 with support in the form of gym membership, monetary funding and other athlete services. Eight Reading-based young athletes benefited from a cumulative £4,300 worth of support in 2022. Applications are open until 20 February 2023 and more information can be found on the [GLL Sport Foundation](#) website.

THE CHRISTOPHER TOWER POETRY COMPETITION, 2023 (AGED 16-18)

Write a poem on the theme of The Planets. Any style or form, maximum 48 lines.

Top prize - £5000. Closing date - 24 February 2023.

For more details see the poster on the English noticeboard, or Ms Fieldsend, or the website

www.chch.ox.ac.uk/towerpoetry

MUSIC@KENDRICK

AN EXCITING COMPETITION FOR YOUNG SINGERS

Reading Male Voice Choir is running a competition to promote **TALENTED YOUNG SINGERS**. This is the first year of this competition to promote young talented singers in the Thames Valley area. The competition will take place on **11 March 2023** in Reading.

Three categories and the winner of each category will receive a financial award: **10-13 £100 | 14-16 £200 | 17-21 £300** and will be invited to perform at an **'All Winners' Concert** with Reading Male Voice Choir to be held on 10 June 2023.

Upload a short video of your performance and it will be judged by a small panel including a qualified adjudicator. Those invited to audition will receive feedback on their performance and a certificate.

The competition is open to male and female soloists and duets. Find out more via this [link](#).

FREE OPPORTUNITY - ORA SINGERS YOUNG COMPOSERS' SCHEME

The award-winning vocal group, ORA Singers, has launched its fourth national **Young Composers' programme** – a **free** scheme aimed at developing the skills of young composers from UK state-schools. The programme sees 10 Young Composers each receive **10 hours of one-to-one mentoring** with **professional composers**, who will help them write a new choral piece which will be **performed and recorded in concert by ORA Singers**. During the scheme, Young Composers have their ideas and sketches workshopped by ORA Singers, who offer specialised tips and advice along with a guest composer.

The 2023 Young Composers scheme will also see up to **40 Apprentices** fast-track their skills in composition through a series of online, in-depth workshops, and will gain invaluable insight into the world of professional composition by hearing from industry experts. Applications are now open: <https://www.orasingers.co.uk/young-composers>

VACANCIES

We have the following vacancies at Kendrick School. Please click on the links for more information on the roles and how to apply and please share with friends and family.

Kendrick School is committed to safeguarding and promoting the welfare of young people and expects all staff and volunteers to share this commitment. Any successful applicant will be required to undertake an Enhanced Disclosure check by the Disclosure & Barring Service. Kendrick School is an Equal Opportunity employer. Please read the information on our Safer Recruitment procedures [here](#).

[Head of Mathematics](#) to join us in September 2023. Closing date for applications 9am Friday 3rd February 2023

[Head of English](#) to join us in September 2023. Closing date for applications 9am Monday 23rd January 2023

Part-time [Music Teacher](#) to cover a maternity leave – for end of February 2023 or September 2023 to December 2023. Closing date for applications Monday 23rd January 2023.

[Chemistry Technician](#) for April 2023. 37 hours a week, term time only. Closing date for applications 9am Wednesday 8th February 2023.

[Exams Officer](#) – for January 2023. 25 hours per week, term time only plus 2 weeks in the summer holiday. Closing date for applications 9am Wednesday 11th January 2023 (interviewing on Wednesday 18th January)

[Exam Invigilators](#) – for December 2022 and onwards

PARENTPAY REMINDERS

We would like to bring to your attention the following ParentPay items which are due for payment, please login to your ParentPay accounts for details. Please could you check your child's account and ensure that any overdrafts are paid. Thank you.

Year 10 and Year 11 GCSE English set texts

Year 12 and Year 13 A-Level English set texts

Year 7, 8 and 9 Food and technology contributions

Year 10 and 11 Art and Textiles contributions

Year 9 Duke of Edinburgh Bronze Award

Year 10 and 11 GCSE Music Anthologies book purchase

KPS department birthday gift - celebrating Kendrick's 145th year

Year 8 Careers Event - Tuesday 31st January 2023

Evening of Dance - Wednesday 25th January 2023

Trips

Year 11 Rural Villages Geography Field Trip -23rd January 2023

Year 12 Geography Field Trip to Support Shaping Places Diverse Places Unit- 13th January 2023

Year 11 GCSE English poetry live event at the Reading Hexagon -25th January 2023

Year 12 French and History trip- June 2023

Year 12 A level Biology Dale Fort residential trip -June 2023

KENDRICK PARENTS' SOCIETY (KPS)

The latest KPS newsletter can be found [here](#).