

Kendrick School - Weekly Update

Friday 8th April 2022

LETTER FROM MS KATTIRTZI, HEADTEACHER

We are all looking forward to the upcoming holiday after what has been a long and very busy term. I hope students and staff will be able to have some much-needed rest and relaxation, and if work is needed to be done by some students who have public exams coming up next term, please confine this to a manageable amount with breaks and treats built in. As we have progressed through this term, it has felt more like a return to normal times and each week I have been able to report activities and events that have been able to take place for the first time since early 2020 and this is so good.

The highlights on our website this week are:

- [Air Ambulance Concert](#): a joint venture by Kendrick and Reading school to raise money for the Air Ambulance Service
- [Chess Club and Tournament](#)
- [KPS Film night for Year 7 and 8](#)

I would like to remind everyone of the **Bursaries and Grants** that available to all students. The deadline for two of the awards, the **Trust Grants and the Kendrick School Music Bursary Award**, is on 30th April 2022, soon after we return next term. Please have a look at the criteria for these awards and apply. Information and details can be found [here](#).

In our **final assembly** today, the whole school gathered in the Sports Hall and received the **House Report for 2021-22**, We congratulated the House that won the **House Cup**, which was **Sidmouth** and we thanked our staff House Leaders and House Captains and Vice Captains. In addition, we received reports from other members of the **Kendrick Student Leadership Team** who summarised what they have done over the last year to maintain the cohesion of the Kendrick community. I believe they have done an amazing job and in difficult circumstances and we are very proud of them and all that they have achieved. Below are a few extracts from the speeches the Leaders gave this morning which gives a flavour of the assembly we had:

Sanjana, on behalf of the Curriculum and Current Affairs Committee: *'I have learnt so much both in this role and in my time at Kendrick, not only academically but in enhancing my cultural capital and going beyond the Kendrick bubble to sustain and awareness of the world around me.'*

Matt, on behalf of the Student Welfare Committee: *'Take time to relax, enjoy the outdoors or do something you haven't had time to do so recently. Year 11 and 13, take time to reflect on your mental and physical health and ways you can maintain it.'*

Mingma, spoken by Anushka, on behalf of the Community Committee: *'Despite being here for less than two years, I acknowledge the strong community spirit in this school'*

Personally, it has been a pleasure working with this group of students in this last year; they truly are **Leaders** of our school and I am very proud of them. We finished the assembly listening to two beautiful musical items from Arya and Diana and the Senior Choir, followed by some thoughts and reflections of the season.

We returned to school in Term 4 with the news of the war against Ukraine. Sadly, we will finish this term in the knowledge that this war continues with devastating consequences. Several hundreds of people have lost their lives and thousands more have lost their homes and their livelihoods. It really doesn't seem possible that this is happening in the 21st Century. Whilst people around the world have responded with money, resources and opened their hearts and their homes to the refugees fleeing Ukraine, the tragedy of this war is too terrible to comprehend. As always, our thoughts and prayers are with the people of Ukraine. We hope that this ordeal will end, and a peace can emerge. The links to the charities that I have mentioned before are here.

<https://www.unicef.org.uk/donate/donate-now-to-protect-children-in-ukraine/> <https://www.dec.org.uk/appeal/ukraine-humanitarian-appeal>

My thanks, as always, to the students for their hard work and efforts this term and their participation and contribution to school life, and of course many thanks to the staff, governors and parents who support and sustain students in everything they do.

Wishing everyone a peaceful and restful holiday.

Ms Christine Kattirtzi, Headteacher

SAFEGUARDING/WELLBEING

WORRIED ABOUT A CHILD?

If you have a concern about a child at Kendrick School, please email studentwelfare@kendrick.reading.sch.uk or telephone 0118 9015859.

If you're worried about a child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on **0808 800 5000** or **contact NSPCC online**. Children can contact **Childline** any time to get support themselves. In an emergency please call 999 or for a non-emergency call 101.

Under 25s	Over 25s	Parents
 Text YM to 85258 Open 24/7	 Call 0300 123 3393 9am - 6pm, Mon - Fri	 Call 0808 802 5544 9:30am - 4pm, Mon - Fri
 Call 0808 808 4994 3pm - 12am, every day	 Call 116 123 Open 24/7	
 Call 0800 1111 7:30am - 3:30am, every day	For more advice and information visit: youngminds.org.uk/find-help	

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this [link](#). We will be adding to these on a regular basis.

[CAMHS Resources](#) - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.

Student Welfare Team at Kendrick School

Mrs Hockatt Mrs Shaw

Mrs Edwards (Sixth-form welfare) Mrs Duncan Mrs McManus

The Base (in Sidmouth basement) is a quiet space for students who would benefit from this. There is a relaxation area, art area and workstations available for your use. Please come to the General Office first to check there is space in The Base. The Student Welfare Committee (sixth-form students) run regular lunchtime activities in The Base - please see Daily Bulletin for details.

Contact: StudentWelfare@kendrick.reading.sch.uk

If you feel you need further support in school, please contact Mrs Hockatt regarding appointments with our No.2 Counsellors (Emma and Katie) and Okanne, the school nurse.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

WELLBEING: STRESS AWARENESS MONTH

April is 'Stress Awareness' month. Please click [here](#) for a 5-minute video called 'We all have mental health', which talks about mental health being just as important as our physical health, and also highlights how helpful it can be to talk to someone about what is worrying us.

The Student Welfare Team can help to support students in school who have some concerns/worries and would like to speak to someone, as a one-off or on an ongoing basis. Along with teachers and Heads of Key Stages, we can also make referrals to the school nurse (Dianne) and our school counsellors from No.5 counselling service (Emma and Katie). There have been a couple of staff changes within the Student Welfare Team recently, so I have attached the latest poster so that you can put a name to a face. With the Easter holidays approaching, if you are worried about being away from school for two weeks and would like to speak to one of the Student Welfare Team, please either come to the General Office or email us on studentwelfare@kendrick.reading.sch.uk

WELLBEING: 10 KEYS TO HAPPIER LIVING

Source: Action for Happiness

Everyone's path to happiness is different. Based on the latest research, Action for Happiness has identified 10 Keys to Happier Living that consistently tend to make life happier and more fulfilling.

Together they spell **GREAT DREAM.**

Giving	Direction
Relating	Resilience
Exercising	Emotions
Awareness	Acceptance
Trying Out	Meaning

You can explore them all by visiting the Action for Happiness website via this [link](#) and **April Action for Happiness calendar** via this [link](#).

SAFEGUARDING – GROOMING

Source: NSPCC

Grooming is when someone builds a relationship, trust and emotional connection with a child or young person so they can manipulate, exploit and abuse them.

[Types of grooming](#)

[Signs of grooming](#)

[If child reveals abuse](#)

[Effects of grooming](#)

[Who is at risk](#)

[Report grooming](#)

[Prevent grooming](#)

[Help if you are worried about your behaviour](#)

Support for Parents and Carers

Finding out your child has been groomed and exploited can be frightening and distressing. But there's help for you and your family.

[PACE](#) works with parents and carers of children who are, or at risk of, sexual exploitation. You can call them for confidential help and advice on [0113 240 5226](tel:01132405226) or fill in their [online form](#).

Support for Children and Young People

The NSPCC run therapeutic services for children who have experienced, or are at risk of, grooming:

- Hear and Now
- In Ctrl
- Letting the Future In
- Protect and Respect

Find out more about their [our services for children](#), including how to get in touch with ones in your area.

How Childline can help

We understand how difficult it is for children to talk about grooming. Whether it's happening now or happened in the past, Childline can be contacted 24/7. Calls to [0800 1111](tel:08001111) are free and confidential. Children can also contact [Childline online](#).

Childline has information and advice for children and young people about [online grooming](#) and [keeping safe online](#).

CALENDAR FOR TERM 5

Monday 25 th April	Start of Term 5, 8.25am
Friday 29 th April	KPS Film Night, Years 7 and 8
Saturday 30 th April	Second hand uniform shop 9am – 11am
Monday 2 nd May	Bank holiday – school closed for student and staff
Tuesday 3 rd May	Year 7 Parents' Consultation
Wednesday 4 th May	Open Day sessions (entry into Year 7 in September 2023)
Thursday 5 th May	Open Day sessions (entry into Year 7 in September 2023) L&T Governors meeting, 4.30pm Lower School Chamber Concert, 6.30pm
Friday 6 th May	Open Day sessions (entry into Year 7 in September 2023)
Monday 9 th May	Open Day sessions (entry into Year 7 in September 2023) KPS Committee meeting, 6pm to 7.30pm
Tuesday 10 th May	Open Day sessions (entry into Year 7 in September 2023)
Thursday 12 th May	Resources Governor meeting, 4.30pm Year 13 Celebration Day
Friday 13 th May	Year 11 Celebration Day
Monday 16 th May	GCSE Exams Start
Friday 20 th May	Start of Year 10 exams
Monday 23 rd May	Year 7 Bushcraft residential (to Thursday 26 th May)
Tuesday 24 th May	Year 7 Enterprise Day
Thursday 26 th May	P&R Governor meeting, 4.30pm
Friday 27 th May	Last day of Term 5, 3.15pm

NEWS, NOTICES AND EVENTS

PARENTWISE

The government, in collaboration with several charities and other organisations, has recently launched the **ParentWise** website. The site provides help and advice to parents and carers of children and young people and includes links to various resources and providers relating to issues including bullying, alcohol/drug abuse and knife crime. You can find the website at: <https://parentwise.campaign.gov.uk/>.

SCHOOL NURSING TEAM – NEWSLETTER FOR SECONDARY SCHOOLS

Please click [here](#) for the Easter edition of the School Nursing Team’s newsletter aimed at providing families and young people with some useful information for keeping healthy.

LIVING WITH COVID

[Living with Covid: the end of routine testing in schools, colleges and childcare settings - The Education Hub \(blog.gov.uk\)](#)

The updated guidance from the DfE is as follows:

- adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature
 - children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend
 - adults with a positive COVID-19 test result should try to stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days
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EASTER HOLIDAY ACTIVITIES

Reading Family Information Service has created an Easter holiday activities page on their website. You can find information about holiday clubs, theatre performances, activities and much more on the [Easter 2022 webpage](#). Information on childcare options throughout the Easter break can be found at: readingfis.org/childcare.

HOLIDAY ACTIVITIES & FOOD SCHEME

The Holiday Activities & Food (HAF) scheme is being run by BFFC on behalf of RBC during the forthcoming Easter break. The HAF programme provides activities and lunch for children eligible for pupil premium free school meals across Reading. Activities this Easter are provided by providers including Food 4 Families, Reading FC, Sport in Mind and Grassrootz. Parents need to re-register every new holiday period, even if they have used the scheme previously. You can find all the details of the HAF programme on the BFFC website.

SUSTRANS ACTIVE TRAVEL SURVEY

Sustrans is working with Reading Borough Council to understand the barriers to walking and cycling in the Reading area. They are asking for people’s views in a survey which also explores what might help more people to walk or

cycle. The survey should only take 5-10 minutes to complete and participants could win a choice of a free bus pass with unlimited travel for 30 days or a £50 Decathlon gift card. The survey closes on 19 May 2022. Visit:

<https://sustrans.onlinesurveys.ac.uk/active-travel-reading>

PARENTPAY REMINDERS

We would like to bring to your attention the following ParentPay items which are due for payment. Please see your ParentPay accounts for details. We appreciate your continued support.

- Year 8 Bushcraft residential trip - If paying by instalments, an instalment of £100 was due on Friday 18th March. The final instalment of £99 is due on Friday 15th April.
- Year 8 'People Like Me' CEIAG event held on Wednesday 16th February.
- Year 12 A Level Biology Residential Field Course at Dale Fort Field Centre. If paying by instalments, the final instalment of £80 was due on Monday 21st March.
- Year 7, 8 and 9 food and textiles contributions.
- Year 10 and Year 11 Art Textiles GCSE contributions.
- Year 12 Geography Field Trip To Hengistbury Head and Hurst Castle Spit: 4th March 2022
- Year 9 and Year 10 German and French plays: 14th March and 29th March 2022

VACANCIES

Kendrick School currently has the following vacancies. Please click on this [link](#) for more information on each of the roles:

Head of French – full time – for September 2022

Physics Teacher - up to 8.FTE or full time for an ECT – for September 2022

KENDRICK PARENTS' SOCIETY (KPS)

FILM NIGHT

We have missed out on many events in the last two years due to pandemic. We are happy to announce the Film night for Years 7 and 8 on 29th April. For more information please click [here](#).

DISCO NIGHT

We are also planning a Disco for students of Years 7- 10. The discos are planned to be held at the end of the school term and will coincide with the Jubilee celebrations. We are looking for collaboration with Reading School to have a combined disco. Please contact us if you would like to volunteer for any of these events. We look forward to maximum participation from you to make these events successful and raise funds for school.

KPS SUMMER RAFFLE

The summer raffle has been one of KPS's major fund raising initiative. We are so excited to announce the launch of summer raffle on **6th June 2022**. The raffle will run for four weeks and the draw will take place around 3rd July. Please mark your calendars for the day. We seek your support and help in finding the sponsors for the raffle gifts to make it a successful event. We will also be having gift hampers for the raffle prizes. If you wish to donate any gift items, please

reach us at raffle.kps@gmail.com or kpschair@kendrick.reading.sch.uk. The money raised from the raffle will be used to fund the smart boards in the school.

UNIFORM DONATIONS

If you have any good quality second-hand uniform, please ask your child to put it in the donations box, in the **lost property cupboard, next to ICT1**.

NEW FUNDRAISING INITIATIVE - EASY2NAME LABELS

Looking for ways to improve our school for our students is always a priority. One of our efforts to do this is through our partnership with Easy2name, a name labelling company. They allow us to raise funds through their fundraising scheme for our school, and ultimately, our students.

Easy2name have labels and tags for everything, such as clothing, sports equipment, accessories, household items and stationery, helping prevent items ending up in Lost Property.

When you put an order through at www.easy2name.com, please state our school when it gives you an option, and we'll earn 20% cashback of your entire order than we can use to directly improve our school. Just select our unique code at the checkout **FR-KENDRKPAS-76**.

KPS SHOPPING LINKS

AmazonSmile donations

We encourage you to continue your purchases at smile.amazon.co.uk, (not www.amazon.co.uk or the mobile app) These are helping us generate AmazonSmile donations for our school. Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible AmazonSmile purchases.

Easy Fundraising Charity

KPS has also signed up to other easy ways of raising funds for the school especially when you are shopping online - **easyfundraising charity site** : <https://www.easyfundraising.org.uk/causes/kendrickschoolreading/> . Please continue to use these links and let us all together contribute to something that our children can benefit from.

TheGivingMachine

Another opportunity for you to raise more donations and funds for the School when you shop online. Go to this site and give for free: Here is the link: <https://www.thegivingmachine.co.uk/>

GAYL

Give As You Live (GAYL) is one way with which you can help KPS receive additional funds with no cost to you! Please use this link <https://www.giveasyoulive.com/join/kendrick> and help us raise additional funds.