

Kendrick School - Weekly Update

Friday 6th May 2022

LETTER FROM MS KATTIRTZI, HEADTEACHER

Children making music together is such a tonic at the end of a long working day. This is how many of us felt after attending the **KS3 Chamber Concert** last night. It was wonderful to have this concert which we have not been able to schedule since the spring of 2019, and to listen to students who have recently joined the school make their public debut performances. The programme was varied, from quiet, calm and melodic music and singing, to loud and rousing drumming and vocals. Such a variety of styles and genres to suit everyone's taste. Well done to all the performers and the staff, Mrs Cooper, Mrs Rohweder and Ms Fieldsend, and KPS for providing the refreshments.

We have now had three out of our five **Open Day** events and I am very pleased to say that they have gone very well. Almost 500 people have visited the school in the last three days and another 300 will do so next week. Our student representatives, the **Kendrick Student Leaders and Year 7 students**, spoke confidently and enthusiastically about their life at Kendrick, giving the parents and children such a great and positive view of our school. The visitors toured the school and saw everyone at work which I believe provides a much more realistic picture of life at Kendrick.

There are a few articles on the website this week that I would like to draw to your attention. Firstly, the experience of one of our very successful [Year 12 CCF students, Esha](#), who attended a training course over the Easter holidays at the **Cadet Centre for Adventurous Training**. Esha's article describes some of the activities she did, which challenged her physically and mentally and gave her a fantastic learning experience. Secondly, a very important article that I encourage you all to read entitled [Harnessing the Power of Your Menstrual Cycle](#). This is based on a presentation that **Frau Muller** gave to the 6th Form in one of their Enrichment lessons recently. Many of us think we know about the menstrual cycle having experience of it on a monthly basis, but this article covers the history and more importantly the misunderstanding, and misconceptions about women's menstrual cycle and the prejudices that have existed over millennia. I highly recommend you read the article and follow up on the references suggested. On the request of students who attended Frau Muller's talk, we will be buying the books suggested for the library for students to access and learn more about the essential and vital process that happens to half the world's population.

It is **Mental Health Awareness Week** next week. As always, there are a number of activities that will take place for student to take part in. Information will be sent to students about this very important issue that affects everyone's life. The theme this year is **Loneliness**, a feeling and situation that many of us recognise and perhaps have experienced, particularly through the pandemic. The week will start with a **virtual assembly** for all students which has been prepared by the **KSL Student Welfare Team**, followed by chalk drawing on Tuesday and other events for the rest of the week. Please see poster and article [here](#).

A reminder to please read the rest of the **Weekly Update** which gives all sort of relevant and important information, including our [current vacancies](#), which at the moment are: Physics Teacher and Inclusion and Special Educational Needs Coordinator.

Wishing everyone a good weekend,

Ms Christine Kattirtzi, Headteacher

SAFEGUARDING/WELLBEING

WORRIED ABOUT A CHILD?

If you have a concern about a child at Kendrick School, please email studentwelfare@kendrick.reading.sch.uk or telephone 0118 9015859.

If you're worried about a child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on **0808 800 5000** or **contact NSPCC online**. Children can contact **Childline** any time to get support themselves. In an emergency please call 999 or for a non-emergency call 101.

Under 25s	Over 25s	Parents
YOUNGMINDS Crisis Messenger Text YM to 85258 Open 24/7 THE MIX Call 0800 808 4994 3pm - 12am, every day childline (Available on the phone, by text, or by email) Call 0800 1111 7:30am - 3:30am, every day	mind for better mental health Call 0300 123 3393 9am - 6pm, Mon - Fri SAMARITANS Call 116 123 Open 24/7	YOUNGMINDS Parents Helpline Call 0800 802 5544 9:30am - 4pm, Mon - Fri

For more advice and information visit: youngminds.org.uk/find-help


We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this [link](#). We will be adding to these on a regular basis.

[CAMHS Resources](#) - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.


Student Welfare Team at Kendrick School



Mrs Hackett



Mrs Shaw



Mrs Edwards
(Sixth-form welfare)



Mrs Duncan



Mrs McManus

The Base (in Sidmouth basement) is a quiet space for students who would benefit from this. There is a relaxation area, art area and workstations available for your use. Please come to the General Office first to check there is space in The Base. The Student Welfare Committee (sixth-form students) run regular lunchtime activities in The Base - please see Daily Bulletin for details.

Contact: StudentWelfare@kendrick.reading.sch.uk

If you feel you need further support in school, please contact Mrs Hackett regarding appointments with our HoC Counsellors (Emma and Katie) and Claire, the school nurse.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

WELLBEING: MENTAL HEALTH AWARENESS WEEK - LONELINESS



Mental Health Awareness Week

9 - 15 May 2022




It is **Mental Health Awareness Week** next week. As always, there are a number of activities that will

take place for student to take part in. Information will be sent to students about this very important issue that affects everyone's life. The theme this year is **Loneliness**, a feeling and situation that many of us recognise and perhaps have experienced, particularly through the pandemic. The week will start with a **virtual assembly** for all students which has been prepared by the **KSL Student Welfare Team**, followed by chalk drawing on Tuesday and other events for the rest of the week.

For more information on MHAW please click [here](#).

ALL EVENTS ARE FREE SO PLEASE FEEL FREE TO JOIN IN



9th MAY - 15TH MAY

MENTAL HEALTH AWARENESS WEEK 2022

MONDAY 9TH	Assembly on Loneliness and what to do to help yourself and others
TUESDAY 10TH	Chalk drawing in front of main school at lunch, come along to draw and write some positive messages to show your support
WEDNESDAY 11TH	Wear any green accessory, could even be green sock to help spread awareness :)
FRIDAY 13TH	Cookies and chat- come along to the Basement at lunch for snacks and a chat with others

Are there things that make you feel lonely? Do you have anyone you can talk to about this? If you're feeling lonely, please don't hesitate to speak to Mrs Hackett, Mrs Shaw, Mrs Edwards, Mrs Duncan, Mrs McManus, or the Student Welfare Team (studentwelfare@kendrick.reading.sch.uk). A social list (through the school welfare office) The Student Welfare Committee (Sixth-form students) in the Base will soon start back up!

Small print: The Student Welfare Team will not be responsible for any loss or damage to your property. We are not liable for any injury or damage to your person or property. We are not liable for any loss or damage to your person or property.

SAFEGUARDING – SPORTS, CLUBS AND OTHER ACTIVITIES

Source: NSPCC

It's important to look for a club, sport or activity that takes the safety and wellbeing of your child seriously. Always check whether the club or organisation is accredited or otherwise affiliated to a body (e.g. a sports governing body or national voluntary sector or faith organisation) as this should mean they have the right safeguarding policies and procedures in place.

Even if they're accredited, there are some key things to look for to ensure they take children's safety seriously.

- A **welfare or child protection officer** you can contact about safeguarding or with any concerns.
- Clear procedures and processes for raising **complaints and concerns**.
- **Written standards of good practice** – like a code of conduct or code of behaviour. This should outline the boundaries that staff and volunteers should respect when working with children and young people and should address things like discrimination and bullying and social media behaviour.
- Effective **consent and emergency processes**. You should receive a form asking for your consent to the activity, for your contact details, and any relevant medical information about your child from the club or organisation.
- A **safe recruitment process** for staff and volunteers, including **vetting**. This means they have appropriate references, criminal records checks and the right technical qualifications for the activity.
- Staff and volunteers are **trained in safeguarding** (child protection). NSPCC Learning provides information and online courses if you work with children.
- Children and young people are suitably supervised (based on their age, ability, the activity and venue) by adults who are trained to care for them.
- The activity takes place in a **safe environment** – and there are separate changing areas for children and adults.

For more advice for parents, please click [here](#).

CALENDAR FOR TERM 5

Monday 9 th May	Mental Health Awareness Week
	Open Day sessions (entry into Year 7 in September 2023)
	KPS Committee meeting, 6pm to 7.30pm
Tuesday 10 th May	Open Day sessions (entry into Year 7 in September 2023)
Thursday 12 th May	Resources Governor meeting, 4.30pm
	Year 13 Celebration Day
Friday 13 th May	Year 11 Celebration Day
Monday 16 th May	GCSE Exams Start
Friday 20 th May	Start of Year 10 exams
Monday 23 rd May	Year 7 Bushcraft residential (to Thursday 26 th May)
Tuesday 24 th May	Year 7 Enterprise Day
Thursday 26 th May	P&R Governor meeting, 4.30pm
Friday 27 th May	Last day of Term 5, 3.15pm

NEWS, NOTICES AND EVENTS

EXTENDED FREE SCHOOL MEAL ELIGIBILITY TO HOUSEHOLD WITH NO RECOURSE TO PUBLIC FUNDS

The ESFA have permanently extended free school meal eligibility to children in all households with no recourse to public funds (NRPF), subject to maximum income thresholds.

Schools and local authorities are not able to use the eligibility checking system (ECS) to confirm eligibility for these families as the family will not be in receipt of Universal Credit or legacy benefits.

Eligible groups extended to but may not be limited to children of:

- Zambrano carers
- families who have no recourse to public funds with a right to remain in the UK on grounds of private and family life under Article 8 of the European Convention on Human Rights
- families receiving support under Section 17 of the Children Act 1989 who are also subject to a no recourse to public funds restriction
- a subset of failed asylum seekers supported under Section 4 of the Immigration and Asylum Act 1999
- Chen carers
- families holding a BN(O) passport
- spousal visa holders
- work visa holders
- student visa holders
- those with no immigration status

If the above is applicable to you, please email studentwelfare@kendrick.reading.sch.uk. All information will be dealt with in the strictest confidence.

CHANCE TO DANCE SHORT BREAKS

There are Brighter Futures for Children (BFfC) funded short break places available with Chance to Dance Stars CIC throughout May. The sessions are on Sunday 8, 15, 22 and 29 May and include activities such as dance, sports, games and messy play. Visit [SEND Short Breaks -Chance to Dance Stars CIC - Dance and Multi Activity Program | Reading Services Guide \(openobjects.com\)](#) for details

SLAM POETRY EVENT WITH DÜSSELDORF

Reading's German twin-town Düsseldorf is hosting a Team up Poetry Slam in partnership with Reading Libraries for at least 20 young people aged 16-18. Participants can join in Zoom workshops and the final showcase will be part of the Reading Weekend celebration in Düsseldorf on 12 June, to mark 75 years of friendship. You can [find more details here](#).

STAND FOR ELECTION TO READING YOUTH COUNCIL – deadline 10th May

A message from the Chair of Reading Youth Council, Amandeep Mavi (a member of our KSLT).

I am writing to you on behalf of the Reading Youth Council to allow your students to apply to be part of the council. Your school may or may not have attended our conference on 1 April where we first launched the application process. The form is open to those between the ages 11-18 and requires students to write a short manifesto for why

they wish to join. If your school did not come to the conference, this is the perfect opportunity for them to apply and tell us what they would like to do if they get elected.

There is no cap on the number of applicants that can apply from your school and so we encourage the form (link below) to be circulated to all students. The deadline for applications is **10 May**, so applicants do still have a bit of time to work on their manifesto paragraphs. This opportunity is very valuable and we hope to see as many students apply as possible.

Visit the [Reading Youth Council](#) webpage for more information and the application form. Please note the deadline for applications has been extended to 10 May.

COMPETITIONS

Reader's Digest 100-Word-Story Competition 2022

Reader's Digest has been a trusted household name for over 100 years, and to celebrate our 100th anniversary we've relaunched our much-loved 100-word-story competition, and we encourage you to put pen to paper and be creative.

Our 100-word-story competition is a chance for students to show the world their story-telling talents. The shortlist will be displayed on the Reader's Digest website to be judged by the public, with the winning entries published in the September 2022 issue of the Reader's Digest magazine.

The winner in the 12 – 18 year old category will receive a £200 book voucher or an 8GB Kindle Paperwhite plus a £100 book voucher for their school, and the runner-up will receive a £100 book voucher.

To enter, see Ms Fieldsend or go to the Reader's Digest website and click on the Inspire tab.

ENTER BY 20th MAY 2022

Essay Competition – COP26 and the future..

Open to students in Years 9,10 & 11

Conference of the Parties more commonly known as "COP" is an annual global climate summit organised by the United Nations (UN) where world leaders from almost every country come together to discuss and tackle climate issues on a global scale to protect our planet and its people. The most recent summit, **COP 26**, was held in Glasgow in 2021. To create a greener and more resilient future for all, COP continues to work closely with businesses, civil society groups, schools and changemakers across the globe. As a young changemaker, we would like you to help contribute to this change. Choose a climate issue you would like to tackle in your country (new or existing issues), set a reduction target, a completion timeframe and in your own words, tell us how you would go about tackling this issue in your country.

Original ideas are encouraged! Essays should be a maximum of 500 words (use of pictures is encouraged). A £75 Amazon voucher will be awarded to 1st place, £25 for 2nd. **Closing date for entries is 27th May 2022.** Please e-mail entries to: tvmgessaycompetition@outlook.com or see Ms Fieldsend.

Competition run by Institute of Chemical Engineers, Thames Valley Group

Global Poetry Competition

Earth Warriors has teamed up with Earth Day to launch a poetry competition for school pupils to celebrate their love

of their planet. Prizes are on offer in the age categories of 3-7, 8-11 and 12-16. Find full competition guidelines and download a teachers' pack from the [Earth Warriors](#) website. Deadline for entries is 31 May.

PARENTPAY REMINDERS

We would like to bring to your attention the following ParentPay items which are due for payment. Please see your ParentPay accounts for details. We appreciate your continued support.

- Year 8 Bushcraft residential trip - If paying by instalments, an instalment of £100 was due on Friday 18th March. The final instalment of £99 is due on Friday 15th April.
- Year 8 'People Like Me' CEIAG event held on Wednesday 16th February.
- Year 12 A Level Biology Residential Field Course at Dale Fort Field Centre. If paying by instalments, the final instalment of £80 was due on Monday 21st March.
- Year 7, 8 and 9 food and textiles contributions.
- Year 10 and Year 11 Art Textiles GCSE contributions.
- Year 12 Geography Field Trip To Hengistbury Head and Hurst Castle Spit: 4th March 2022
- Year 9 and Year 10 German and French plays: 14th March and 29th March 2022

VACANCIES

Kendrick School currently has the following vacancies. Please click on this [link](#) for more information.

Inclusion/SENDCo – part time, flexible role – for September 2022

Physics Teacher – part time or full time considered. ECT's encouraged to apply – for September 2022

KENDRICK PARENTS' SOCIETY (KPS)

DISCO NIGHT

We are planning a Disco for students of Years 7- 10. The discos are planned to be held at the end of the school term and will coincide with the Jubilee celebrations. We are looking for collaboration with Reading School to have a combined disco. Please contact us if you would like to volunteer for any of these events. We look forward to maximum participation from you to make these events successful and raise funds for school.

KPS SUMMER RAFFLE

The summer raffle has been one of KPS's major fund raising initiative. We are so excited to announce the launch of summer raffle on **6th June 2022**. The raffle will run for four weeks and the draw will take place around 3rd July. Please mark your calendars for the day. We seek your support and help in finding the sponsors for the raffle gifts to make it a successful event. We will also be having gift hampers for the raffle prizes. If you wish to donate any gift items, please reach us at raffle.kps@gmail.com or kpschair@kendrick.reading.sch.uk. The money raised from the raffle will be used to fund the smart boards in the school.

UNIFORM DONATIONS

If you have any good quality second-hand uniform, please ask your child to put it in the donations box, in the **lost property cupboard, next to ICT1**.

NEW FUNDRAISING INITIATIVE - EASY2NAME LABELS

Looking for ways to improve our school for our students is always a priority. One of our efforts to do this is through our partnership with Easy2name, a name labelling company. They allow us to raise funds through their fundraising scheme for our school, and ultimately, our students.

Easy2name have labels and tags for everything, such as clothing, sports equipment, accessories, household items and stationery, helping prevent items ending up in Lost Property.

When you put an order through at www.easy2name.com, please state our school when it gives you an option, and we'll earn 20% cashback of your entire order than we can use to directly improve our school. Just select our unique code at the checkout **FR-KENDRKPAS-76**.

KPS SHOPPING LINKS

AmazonSmile donations

We encourage you to continue your purchases at smile.amazon.co.uk, (not www.amazon.co.uk or the mobile app) These are helping us generate AmazonSmile donations for our school. Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of your eligible AmazonSmile purchases.

Easy Fundraising Charity

KPS has also signed up to other easy ways of raising funds for the school especially when you are shopping online - **easyfundraising charity site** : <https://www.easyfundraising.org.uk/causes/kendrickschoolreading/> . Please continue to use these links and let us all together contribute to something that our children can benefit from.

TheGivingMachine

Another opportunity for you to raise more donations and funds for the School when you shop online. Go to this site and give for free: Here is the link: <https://www.thegivingmachine.co.uk/>

GAYL

Give As You Live (GAYL) is one way with which you can help KPS receive additional funds with no cost to you! Please use this link <https://www.giveasyoulive.com/join/kendrick> and help us raise additional funds.