Kendrick School - Weekly Update Friday 16th June 2023

LETTER FROM MS KATTIRTZI, HEADTEACHER

There is so much activity going on at school today and next week. The public exams are now in their penultimate week finishing next Friday. As I have said before, students at both levels have shown such resilience and determination which we must all acknowledge and admire. The very hot weather, no doubt, has put an additional strain on them which they are managing very well. Year 12 are out of school today on a Work Experience Day visiting employers in the local area, which precedes the start of the work they will be doing in a couple of weeks' time on post 16 options, including UCAS. Course related trips, Biology Field trip to Wales and a joint History and French trip to Paris, are away next week for a few days; opportunities for students to understand their subject specification in locations rich in resource and interest.

In house there are still so many things that are taking place. A group of Year 9 students have completed an article on a project they did earlier in the year on hidden figures in history, uncovering people and events from the past that have not had the exposure and attention of other events. This will be on the website shortly. The Shakespeare Society had some events and competitions to celebrate Shakespeare's birthday recently and will be creating an article with photographs. On Wednesday a group of Year 7 students were taken to a local Under 13 Athletics tournament and came back with many achievements and medals which we are so pleased and proud of. Members of the Eco Group with Mrs Kaur visited a most interesting Climate Change Festival Exhibition, the Gaia Exhibition by Luke Jerrum, at Reading Town Hall, which focuses on a model of planet earth, and the impact of climate change on the planet, see the article here. The idea of each tutor group adopting a plant to nurture came from this exhibition. From emails I have seen today, it seems that six forms across Years 7-9 have adopted a plant, with more to follow next week! Also, this week I attended another form assembly, 7WM who chose to highlight a long standing and most complex political situation, the Palestinian/Israeli conflict. Their message to us was that we must all try to be more understanding and tolerant of difference between groups and people and endeavour to resolve conflict between us. They ended the assembly by quoting our Kendrick Pledge.

It is two weeks until the **KPS Summer Fair**, on **Saturday 1**st **July** which I would like to highlight to everyone. There was a big interest in having this event when the Chair of KPS surveyed parents a few weeks ago, but unfortunately fewer people are committing to supporting it now. Please may I ask everyone to commit in some way to help make this event happen, either by being involved in the organisation or by attending the event. It is timed at the beginning of July so that we can invite and welcome new Year 7 students and parents to our school. Tickets are £2 per person and children can come free, tickets can be purchased in advance or on entry on the day. More information and details can be found in the Weekly Update below including contact details kpschair@kendrick.reading.sch.uk. Students are asked to bake a cake for the cake competition, and I know there are many cake bakers in school who could do this, contact details here kpschair@kendrick.reading.sch.uk. Students are

It has been a difficult few days for people trying to comprehend the very sad and devastating news there has been this week and I would like to end this week's update with some thoughts on the families and people who are grieving at this time. The frequent news that we receive about casualties of the war in Ukraine continues, but alongside this has been the death of hundreds of migrant people whose boat capsized close to Greece. Nearer to home there has been the tragic death of two university students and a man in Nottingham, which I am sure has touched everyone, particularly following the heartfelt messages given in the last couple of days from the two families. 'Cherish your loved ones' was the powerful message from the brother of one of the students, which is how I will finish this week's update to you.

KENDRICK SCHOOL'S SOCIAL MEDIA PLATFORMS

Kendrick School has several social media platforms and sites. Please follow us to get the latest news and information about the school. The links are in the logos below.











SAFEGUARDING/WELLBEING

WORRIED ABOUT A CHILD?

If you have a concern about a child at Kendrick School, please email studentwelfare@kendrick.reading.sch.uk or telephone 0118 9015859 and ask to speak to a Designated Safeguarding Officer.

If you're worried about any child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on 0808 800 5000 or contact NSPCC online. Children can contact Childline any time to get support themselves. In an emergency please call 999 or for a non-emergency call 101.

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this <u>link</u>. We will be adding to these on a regular basis.

<u>CAMHS Resources</u> - This site was created for young people, carers and professionals to pool together lots of helpful resources from across the internet that are available to help support your mental health and well-being.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

SAFEGUARDING – LAUNCH OF READING KNIFE AWARENESS OUTREACH PROGRAMME

The recent installation of the Armoured Heart sculpture at The Oracle shopping centre heralds the start of an outreach programme to help educate young people in Reading about the risks and consequences of knife crime.

The Amnesty Art Project began in 2021 and involves BFfC, the Reading Community Safety Partnership, the Violence Reduction Unit and RBC's cultural services. A website has now been created, containing useful information and materials about keeping safe from the risks of knife crime. You can find it at: https://readingamnesty.art/.

The partnership is also promoting the Fearless webpage, which is part of Crimestoppers and allows young people to provide information without having to give their name or any personal details. Find it at: https://crimestoppers-uk.org/fearless.



National STAYING SAFE ONLINE

WHAT PARENTS AND CARERS NEED TO KNOW ABOUT MONEY MULING

"Easy cash, no strings attached". Young people are being recruited via social media to serve as money mules: 'washing' illegal funds through their bank accounts.

This guide analyses the growing threat of online money muling, helping trusted adults to understand this hazard and support young people to avoid being drawn in.

You can download the guide from National Online Safety blow.

→ DOWNLOAD YOUR GUIDE

MENTAL HEALTH AND WELLBEING

DEALING WITH CHANGE

Our wellbeing theme this term is 'Dealing with Change'.

We can all get caught in a spiral of worrying about the future and what we think might happen, which usually goes away quickly. But if it becomes a cycle of anxiety, it can affect our mental wellbeing, especially if we're already struggling with mental health issues.

The NHS Every Mind Matters resources gives 10 things that we can do to deal with change and look after our mental wellbeing in the face of uncertainty. For more information on each of the tips, please click on the links.

- 1. Take stock of how you feel
- 2. Focus on the short term
- 3. Acknowledge what's working
- 4. Recognise your achievements
- 5. Find a new rhythm
- 6. Try to stay in the moment
- 7. Reframe your thoughts
- 8. Decide on what strategies work for you
- 9. Only do what's comfortable
- 10. Get practical advice

WELLBEING NEWSLETTER

For the latest Wellbeing Newsletter please click here.

SCHOOL CALENDAR FOR TERM 6, 2022-23

Sunday 18th June Monday 19th June Wednesday 21st June Thursday 22nd June Monday 26th June Biology Dale trip departs French and History trip departs New Year 7 Induction sessions Resources Governor meeting, 4.30pm Year 13 Farewell Tea Party Tuesday 27th June INSET Day. School closed to students other than those taking exams

Thursday 29th June Sixth Form Induction Day

New Year 7 Parents' Information Evening

Saturday 1st July **KPS Summer Festival**

Monday 3rd July **Futures Week**

Creative Arts Festival Week

Wednesday 5th July Profiling Day

KPS Meeting (online)

UCAS Parents' Information Evening, 5.30pm

Thursday 6th July **Summer Concert**

Full Governing Body Meeting, 4.30pm

Monday 10th July Sports Day

Tuesday 11th July Year 7 trip to Neasden Hindu Temple Friday 14th July End of Term 6 for students, 3.15pm

Monday 17th July Staff Day Tuesday 18th July Staff Day

The school calendar for the academic year can be found here. For the Term Dates for 2022-23 and 2023-24 please click here

NEWS, NOTICES, COMPETITIONS AND EVENTS

READING SEND LOCAL OFFER







Information, support and services for Reading's children and young people with special educational needs and disabilities (SEND) and their families



0118 937 3777 (option 2)



localoffer@reading.gov.uk

www.readingsendlocaloffer.org

VOLUNTEERS WANTED FOR SUMMER READING CHALLENGE

Reading Libraries is looking for young people aged 14-18 who can encourage children to take part in this year's summer reading challenge, Ready, Set, Read! Tasks will include discussing the books younger children have been reading and suggesting books they might like and assisting library staff with reading challenge events and craft activities. The library will provide training, supervision and support and it is a great opportunity to develop new skills and experience.

The summer reading challenge will run between 8 July – 2 September in all Reading libraries and volunteers will need to commit to a minimum of six sessions during that time. The closing date for applications is 21 July. For more information, and to apply, visit: Volunteering for our Summer Reading Challenge – Ready, Set, Read! – Reading Borough Council

LATEST JOB AND APPRENTICESHIP OPPORTUNITIES

Elevate careers service has updated its jobs and opportunities board online for June. Opportunities this month include the John Lewis employment programme, a hairdressing apprenticeship and legal business support apprentice. Visit the <u>Elevate</u> page on the BFfC website.

CREATING WRITING WORKSHOPS AT WOKINGHAM LIBRARY, SUMMER 2023

These workshops, run by **Igniting Writing**, are available for all pupils in Year 6-13 and held at Wokingham Library. **Each workshop costs just £5 to attend** (to be paid in cash on the day). Attendees will also need to **bring a packed lunch**, as there will be a lunch break for both workshops.

Email Ms Fieldsend for the links, or go to the Wokingham Libraries website and navigate from there.

The first workshop session will be on **Saturday 22nd July, 10:30am to 3:00pm, on the topic of sports stories**. We'll be exploring why people around the world connect with sport on such an instinctual level and how it can be used in stories to craft interesting plots, characters and motivations! The link to register is here.

The second workshop session will be on **Saturday 29th July, 10:30am to 3:00pm, and is all about chain stories**. This workshop will be about creating collaborative stories, where everyone writes part of a story and then hands it onto another group member to continue crafting the characters, settings, plotlines, worldbuilding and more! The link to register is here.

FOOTBALL FOR YOUTH MENTAL WELLBEING

Sport in Mind is running a new weekly football session for 10-14 year olds every Wednesday, 4.30-5.30pm. The free session on the 3G pitch at Prospect Park, west Reading, offers a great way of helping to build self-confidence, support self-esteem and meet new friends. Places can be booked by email to: youth@sportinmind.org.

VACANCIES

We have a vacancy for a **Computing Teacher for 0.3FTE** (approximately 2 days a week) to join us in September. For more information please click <u>here</u>.

Kendrick School is committed to safeguarding and promoting the welfare of young people and expects all staff and volunteers to share this commitment. Any successful applicant will be required to undertake an Enhanced Disclosure check by the Disclosure & Barring Service. Kendrick School is an Equal Opportunity employer.

PARENTPAY REMINDERS

We would like to bring to your attention the following ParentPay items which are due for payment, please login to your ParentPay accounts for details. Please could you check your child's account and ensure that any overdrafts are paid. Thank you.

Year 10 and Year 11 GCSE English set texts Year 12 and Year 13 A-Level English set texts Year 7, 8 and 9 Food and technology contributions Year 10 and 11 Art and Textiles contributions Year 9 Duke of Edinburgh Bronze Award Year 9 and Year 10 French Play -7th March 2023

Year 9 and Year 10 German Play - 25th April 2023

Year 10 and 11 GCSE Music Anthologies book purchase

KPS department birthday gift - celebrating Kendrick's 145th year

Coach trips to Palmer Stadium: Athletics Season – Term 5 2023

Whitley Community Food Cupboard – cash donations

Trips

Year 12 French and History trip - June 2023

Year 12 A level Biology: Dale Fort centre residential trip – June 2023

Year 10 work experience insight programme 28th June 2023

Year 12 work experience insight programme 16th June 2023

Year 7 Swaminarayan Hindu Temple trip 11th July 2023

Year 10 French and German Trips June 2024

KENDRICK PARENTS' SOCIETY (KPS)

KENDRICK SUMMERFEST

KPS is looking for the following items for the Summer Fair on Saturday July 1st. If you, your family or friends are able to supply and/or run any of the following stalls: multicultural food stalls (such as BBQ, hot dog, sandwiches, pizza, etc), bouncy castles, any other stalls, please contact kpschair@kendrick.reading.sch.uk. We are also looking for marquees (these will be outside on the lawn, various sizes needed). Any help will be greatly appreciated.

CAKE BAKE COMPETITION

We are inviting all the young bakers for the baking competition at the summer fair on Saturday 1st July. If interested please email kpsclassrepcoordinator2022@gmail.com. Also see the attached poster.



TICKET LINK

We have opened up the ticket link for the summer event. We are asking for a £2 entry fee per adult whilst children go free. Please bring along your friends and their families too to this great grand gala.

https://www.trybooking.co.uk/CLWW