

Kendrick School - Weekly Update

Friday 24th June 2022

LETTER FROM MS KATTIRTZI, HEADTEACHER

I would like to begin this week's news with an update on the **KPS Summer Raffle**. So far £2,355 has been raised an increase of £900 from last week, which is brilliant! However, the statistics show that these tickets have been purchased by 133 people. Given that our school population is 830, it seems that only a small number of families have engaged with the raffle, which I have to say is very disappointing for the KPS committee that has put so much work into organising it. Please may I ask all families to buy some tickets, the smallest contribution that anyone can make is £5 which would raise at least £4000 enough to buy one smartboard. Please support Kendrick in this small endeavour. The link to the raffle information and to buying tickets is [here](#).

Miss Grice, Deputy Head of Key Stage 3, gave an informative assembly yesterday to Years 7, 8 and 9 yesterday on **social media**, looking at the obvious advantages of social media use, as well as the misuse of social media. She presented an acronym which we all agreed was very useful for students to consider before they post information about themselves or others on social media:

THINK – **T** is it true? **H** is honest? **I** is it illegal? **N** – is it nice? **K** is it kind?

At the assembly we also thanked and wished Miss Grice well as she begins her maternity leave today. Earlier in the week we welcomed back Mrs Davison who has just returned to school from her maternity leave.

The **public examinations** finish today, and I am sure there is much joy and happiness in homes, and amongst the families of Year 11 and Year 13 students. Yesterday when I saw some students go to their last exam, there were great smiles on their faces at the prospect of an end to this often tense and tiring period. I thank our students again for how they have conducted and presented themselves in this exam season; being here on time and without a fuss, enabling the process for everyone to run so well, including managing the challenge of the train strikes this week. I would also like to thank our **Examinations Officer, Miss McDiarmid** for the calm and composed way in which she has run the examinations and led the team of invigilators in their work. The results for A Level will be received by students on 18th August and for GCSEs on the 25th August. This means that for the next two months all students can relax and enjoy the summer after what has been a challenging two years of study.

Amazingly we have only three weeks of this term left after today and in this time so much needs to happen in preparation for end this year and start of the next. We start on Monday welcoming our Year 13 parents and students to school for an afternoon tea to enable us to express our thanks and say our goodbyes to them. This is followed on Tuesday when prospective Sixth Form students come in for an Induction Day. Most of our own Year 11 students, as well as at least 60 students from other schools who intend to join us in September, will be in school. On Thursday we welcome the parents of our new Year 7 students, which is always a joy as we see the huge expectation and anticipation of a new cohort eager to start their secondary education at Kendrick.

Elsewhere in school there is much planning taking place for the last major events of the school year:

- Poetry Anthology evening on Monday 27th June at 5.30pm-6.30pm in the school hall
- Music event at the Avenue School on Friday 1st July
- Futures Week for Year 12, week beginning 4th July with an event for parents on evening of 7th July at 6.00pm
- Wind and Brass Performer Series on Wednesday 6th July at 4.00pm-6.00pm
- KPS Disco for Year 7, 8 and 9 on evening of 6th July at 7.00-8.30pm

- Jubilee celebrations on afternoon of 8th July
- Summer Music Concert in the evening of 12th July at 6.30pm

Finally, today is our celebration of **Pride Month** with students and staff invited to wear bright and colourful clothes and to partake in a **Pride Picnic** on the front lawn. Students will, if they wish, ponder the question, ‘What does Pride mean to you?’ A most relevant question and topic of discussion for all of us.

Wishing everyone a happy weekend

Ms Christine Kattirtzi, Headteacher

SAFEGUARDING/WELLBEING

WORRIED ABOUT A CHILD?

If you have a concern about a child at Kendrick School, please email studentwelfare@kendrick.reading.sch.uk or telephone 0118 9015859.

If you're worried about a child or young person and you are contacting us out of hours (before 8am and after 4pm and at weekends and holidays), you can contact the NSPCC helpline for support and advice for free - call us on **0808 800 5000** or **contact NSPCC online**. Children can contact **Childline** any time to get support themselves. In an emergency please call 999 or for a non-emergency call 101.

Under 25s	Over 25s	Parents
YOUNGMINDS Crisis Messenger Text YM to 85258 Open 24/7	mind for better mental health Call 0300 123 3393 9am - 6pm, Mon - Fri	YOUNGMINDS Parents Helpline Call 0800 802 5544 9:30am - 4pm, Mon - Fri
THE MIX Call 0800 808 4994 3pm - 12am, every day	SAMARITANS Call 116 123 Open 24/7	
childline SPEAK ON THE PHONE, ANYTIME. Call 0800 1111 7:30am - 3:30am, every day	For more advice and information visit: youngminds.org.uk/find-help	

We have created a library of resources for parents, carers and students including support avenues which you can find on our website via this [link](#). We will be adding to these on a regular basis.

[CAMHS Resources](#) - This site was created for young people, carers and professionals to pool

together lots of helpful resources from across the internet that are available to help support your mental health and well-being.

For well-being support in school please visit the Student Welfare Team in the General Office or Sixth Form Office or email studentwelfare@kendrick.reading.sch.uk.

Student Welfare Team at Kendrick School

 Mrs Hackett	 Mrs Shaw
 Mrs Duncan	 Mrs McManus

The Base (in Sidmouth basement) is a quiet space for students who would benefit from this. There is a relaxation area, art area and workstations available for your use. Please come to the General Office first to check there is space in The Base. The Student Welfare Committee (sixth-form students) run regular lunchtime activities in The Base – please see Daily Bulletin for details.

Contact: StudentWelfare@kendrick.reading.sch.uk

If you feel you need further support in school, please contact Mrs Hackett regarding appointments with our Counsellors from No5 Counselling Services (Emma and Katie) and the School Nurse, Dianne.

WELLBEING: NOTICING AND CONFRONTING YOUR TRIGGERS AND FEARS

Source: [Anna Freud](#)



Noticing your triggers is something that can be difficult to learn. When you are in emotional distress of any kind, it can be hard to see 'outside' of that experience to what might have caused it, as the experience itself is very overwhelming. That's why it can be useful to think about this even when you're feeling better or your distress has somewhat subsided, as it could help you protect yourself from environments that negatively impact your mental health.

A trigger might be obvious, for example, an upsetting word or image, but could also be harder to pinpoint, for example, a general sense of unease after spending a lot of time with someone or talking about a particular topic in depth.

Another reason it can be difficult to spot triggers is that they may be things that are part of every day, 'normal' life, which aren't always things we are taught that we can question or challenge. For example, some people find loud noises particularly alarming, and find that they trigger symptoms of panic, fear or anxiety, so they would feel safer in environments where people try to be actively mindful of that.

It is always okay to say something if there is an activity, experience or conversation that causes you emotional distress - you might find that something can be done to avoid having to encounter it again. Ultimately, you deserve to be in an environment that makes you feel safe and secure.

What young people have told us:

'Noticing what triggers you off gives you the opportunity to repel a negative consequence in your mind. by avoiding the trigger or thinking against the negative consequence.'

SAFEGUARDING – 'THINK' BEFORE YOU POST

SOURCE: [Kidscape.org.uk](#)



People may behave differently online than they do in person - the large audience is invisible, so many feel protected by their screens. This can be a positive thing, like someone feeling more confident to open up and be themselves. But sometimes people will misuse social networks to shame and bully others.

Posting online is instant, public and often permanent. Once you post, you lose control of what happens to it - it only takes one friend to share it on their own profiles for it to be completely out of your hands.

The digital world is the **real** world with **real** consequences, so make sure you always ask yourself the following before you hit send!

Consider the following guidelines

Will I feel good or different about it later?

Social media comes with one golden rule, don't post when you are angry. A split second of rage can have permanent consequences.

Why am I posting?

Is this something you really want to post, does it really reflect your personality and values? Don't follow the crowd or post just to gain attention, as you might not like the response you get back.

Would I say this in person?

No? Then don't say it online. Social accounts are managed by real people with real feelings. If you talk about someone online, think about whether you would feel embarrassed or ashamed if you saw them in person. If so, you may want to ask again, why am I posting?

Can this be interpreted differently?

Sarcasm and irony do not often transfer well into writing, especially in a short social media post. Think about how others may read it; could it be seen as offensive?

Am I being kind?

Treat others with the respect that you would like to receive yourself. If you read it about yourself, would it make you feel good?

Is it really private?

People often excuse inappropriate posts based on the idea that the conversation is private, as it is on a private account. Consider how many connections you have, are all these people very close friends? Can you trust that each one of them won't share or talk about your post with others? Facebook statistics suggest that the average young user has up to 300 online friends. This private profile suddenly doesn't seem so private at all.

Do I have permission?

You might find that badly angled photograph of your friend amusing, but the likelihood is that they will not. Be respectful of other people's privacy; don't share photos or information that will embarrass or humiliate someone.

Would I like me?

If you were a stranger looking in at your profile, what would you think? If most of your posts are in some way critical, unkind, offensive or negative, how do you think you are being perceived?

Is it legal?

In the eyes of the law, posting online is not the same as having an informal chat with your friends. Posting is publishing, just the same as if it was written in the newspaper. Even if your profile is private, you do not own what you publish - meaning anyone can use it as evidence.

Make sure you do not post anything that might get you into trouble with the law. Harassment, hate speech, threats of violence, ruining someone's reputation and pictures or comments suggesting illegal activity can all be used against you.

CALENDAR FOR TERM 6

Monday 27th June	Year 10 Work Experience Week
Tuesday 28th June	Year 13 Book Return and Tea Party
Thursday 30th June	Year 12 Induction Day and Book Return
Monday 4th July	INSET Day
Wednesday 6th July	New Year 7 Information Evening
Thursday 7th July	Futures Week and Creative Arts Festival Showcase
Friday 8th July	Wind and Brass Performer Series
Monday 11th July	KPS Meeting, 6.30pm
Tuesday 12th July	Full Governors Meeting, 4.30pm
Friday 15th July	Profiling Day
	Year 12 Insights Day
	Platinum Jubilee Celebrations
	KPS Raffle draw
	Sports Day
	Summer Concert
	End of Term 6, 1.05pm

PROFILING DAY – THURSDAY 7TH JULY

Profiling Day is on Thursday 7th July. All students in Years 7-10 will be at home that day, but should treat it as a normal school day, and will have a remote profiling meeting with their tutor. Year 12 have been told the arrangements for the day.

INSET DAY

There is an INSET Day on **Thursday 30th June 2022** when the school will be closed to all students.

NEWS, NOTICES AND EVENTS

70 YEARS – 70 THINGS THAT TELL OUR STORY

A reminder about our exciting whole-school project to celebrate the Platinum Jubilee at Kendrick.

We would like every form to contribute to our school collection of 70 ‘things’ that tell the story of the last 70 years: how the UK and the world have changed, how they have remained the same; the people who have left an impact; and the things that have led to changes or continuities.

Please enter five suggestions from each form group. Each contribution needs to be represented in one image, with a short rationale as to why it helps to tell the story of the last 70 years of history

Your form could suggest: a portrait of someone who has been important, an item or image that represents an event or an idea, a specific piece of technology; a place on a map where changes have taken place Be creative!

Entries, ready for display, should be handed in to the Library between Monday 27th June and Friday 1st July.

ORGAN AND CHORAL SCHOLARSHIPS AT CHRISTCHURCH READING

The Joint Organ and Choral scholarships have been done by a number of previous and existing students, all of which have gone on/are going on to do great things with the skills they’ve learned.

There are five scholarships which are available from the beginning of the academic year 2022/23. To request further information about music at Christ Church, to apply or to arrange an informal discussion please contact the Director of Music, Jamie Hudson: music.ccreading@gmail.com

For more information please click [here](#).

THE RABBLE THEATRE GROUP

The Rabble Theatre group are running summer workshops for students of different ages and they also offer those on low incomes a free place. For more information please click [here](#).

VOLUNTEERS WANTED FOR SUMMER READING CHALLENGE

Reading Borough Libraries are looking for young people aged 14-18 who can encourage children to take part in this year’s Summer Reading Challenge, Gadgeteers. Tasks will include talking with, and listening to, children aged 4-12 about the books they have been reading and suggesting other books to read, helping children and families understand the reading challenge and assisting library staff with events and craft activities. For more information and to apply visit: [Volunteering for our summer reading challenge - Reading Borough Council](#). Closing date for applications is 21 July. Further information is available from Suzan Davis at Reading Libraries on 0118 937 3449 or email suzan.davis@reading.gov.uk.

SUMMER HAF SCHEME REGISTRATION OPEN

Registration is now open for the Holiday Activities and Food (HAF) scheme for the summer holidays. The programme provides a wide range of holiday camps, and lunches, for children and young people who are normally eligible for pupil premium free school meals. You can read a [press release about the summer HAF](#) which we published this week. Parents can register on the BFFC website at: <https://brighterfuturesforchildren.org/for-parents-carers/schools/haf/>.

COMPETITIONS

GEOGRAPHY CLUB BAKE-OFF COMPETITION

Geography club is running a Geography Bake-off Competition next week. If you would like to show what you know about Geography through the medium of cake, then this is the competition for you! You can choose to make a cake for any aspect of Geography. Please bring along your cake entries to room L before period 1 next Tuesday 28th June. Judging will take place at lunchtime in room L at lunchtime.

THE QUEEN'S JUBILEE ART COMPETITION

The **Art Department** would like to invite you to enter **The Queen's Jubilee Art Competition**

We are calling all students to create a piece of work inspired by the Queen and/or the Platinum Jubilee. Please see the posters around school to help you with inspiration. Any media can be used, maximum size A3. Open to all year groups.

All entries will be displayed around the school leading up to our Jubilee Celebrations.

There will be winners for KS3, KS4 & KS5. An overall winner will be 'crowned' and announced on the Jubilee Celebration Day, and their work will be framed and displayed in the school.

Please submit your work (with your name and form on the back) to Mrs Souch or Miss Long by 1pm on **Friday 1st July**

YOUNG WRITER COMPETITIONS

Goldsmiths' Young Writer competitions are open for registration; The [Young Anthropologist](#) is an essay competition for those interested in issues of identity and culture and the [Young Writer](#) is a 1,000-word short fiction competition for creative writers and storytellers. The winner of each competition will win £1,000, with prizes for runners-up and shortlisted entries.

The closing date for submissions is **Monday 1st August** and all entrants need to register beforehand.

HISTORICAL FICTION CREATIVE WRITING COMPETITION – THE YOUNG WALTER SCOTT PRIZE

Are *you* a storyteller? Could you tell a story [set](#) in a time before you were born? Could you tell that story in 2000 words or fewer?

Enter a story of between 800 and 2000 words, set any time before you were born, and you could be one of the 2022 winners. We embrace all forms of fiction – prose, poetry, drama, fictional letters or reportage – but we must receive your entry by **31st October 2022**.

Winners receive: £5000 travel grant, publication of your work in an anthology, and invitation to the Borders Book festival in Scotland.

There's lots of inspiration from published writers and previous winners on our website and social channels, and full details of how to enter, here: ywsp.co.uk

PARENTPAY REMINDERS

We would like to bring to your attention the following ParentPay items which are due for payment. Please see your ParentPay accounts for details. We appreciate your continued support.

- Year 12 A level German -"Der Besuch der alten Dame" book purchase
- Year 12 A Level Biology Residential Field Course at Dale Fort Field Centre.
- Year 7, 8 and 9 food and textiles contributions.
- Year 10 GCSE Geography field trip 14th and 16th June 2022
- Year 10 and Year 11 Art Textiles GCSE contributions.
- Year 12: The Career-Interest Destination Trip and CV feedback
- Year 10 (MFL) French and German residential trips

VACANCIES

Kendrick School currently has the following vacancies. Please click on this [link](#) for more information.

School Admin and Student Welfare Assistant – 14 hours a week – Thursday and Friday – for September 2022

Governance Officer – 200 hours a year – for September 2022

Inclusion/SENDCo – part time, flexible role – for September 2022

KENDRICK PARENTS' SOCIETY (KPS)

KPS were delighted to launch their **Summer raffle** on Monday, 6th June soon after the half term. We have seen a great response from our patrons, parents and carers and staff and we have already raised over £600 in the first week of launching. We are very thankful to all those who have bought their raffle tickets or have donated towards this event. We are raising funds to fund 2 smart boards for the school that will cost us approx £8000. The draw is scheduled for the 2nd July.

We mentioned that the year group that raises the most will get a pizza lunch kindly sponsored by the school canteen; so far year 8EGC is on the lead raising £80 so far, so well done to all those who are connected with this year group. If you want your child to have the pleasure of winning this competition please use [this link](#) for your purchase or donation.

If the company that you work for can help with matched funding, please get in touch with the raffle team at raffle.kps@gmail.com or kpschair@kendrick.reading.sch.uk.

KPS is also excited to host a **disco party for Y7 to Y9 students** within the school main hall on the **6th July**. We are aware that there is a school event that day but the disco is scheduled to start only after 6:30 so this is all taken care of. We apologise for the confusion that many parents had earlier this week. We are looking for volunteers to help us

run the disco event and if you can spare some time on the 6th July please do get in touch with kpschair@kendrick.reading.sch.uk or kpstreasurer@kendrick.reading.sch.uk.

KPS team