

# Kendrick School

## Keeping You Safe



Kendrick School

# What is Safeguarding?

- Safeguarding is the action that is taken to promote **the welfare of children** and protect them from harm.
- Safeguarding means:
  - protecting children from abuse and maltreatment
  - preventing harm to children's health or development
  - ensuring children grow up with the provision of safe and effective care.

# Who Keeps You Safe at School?

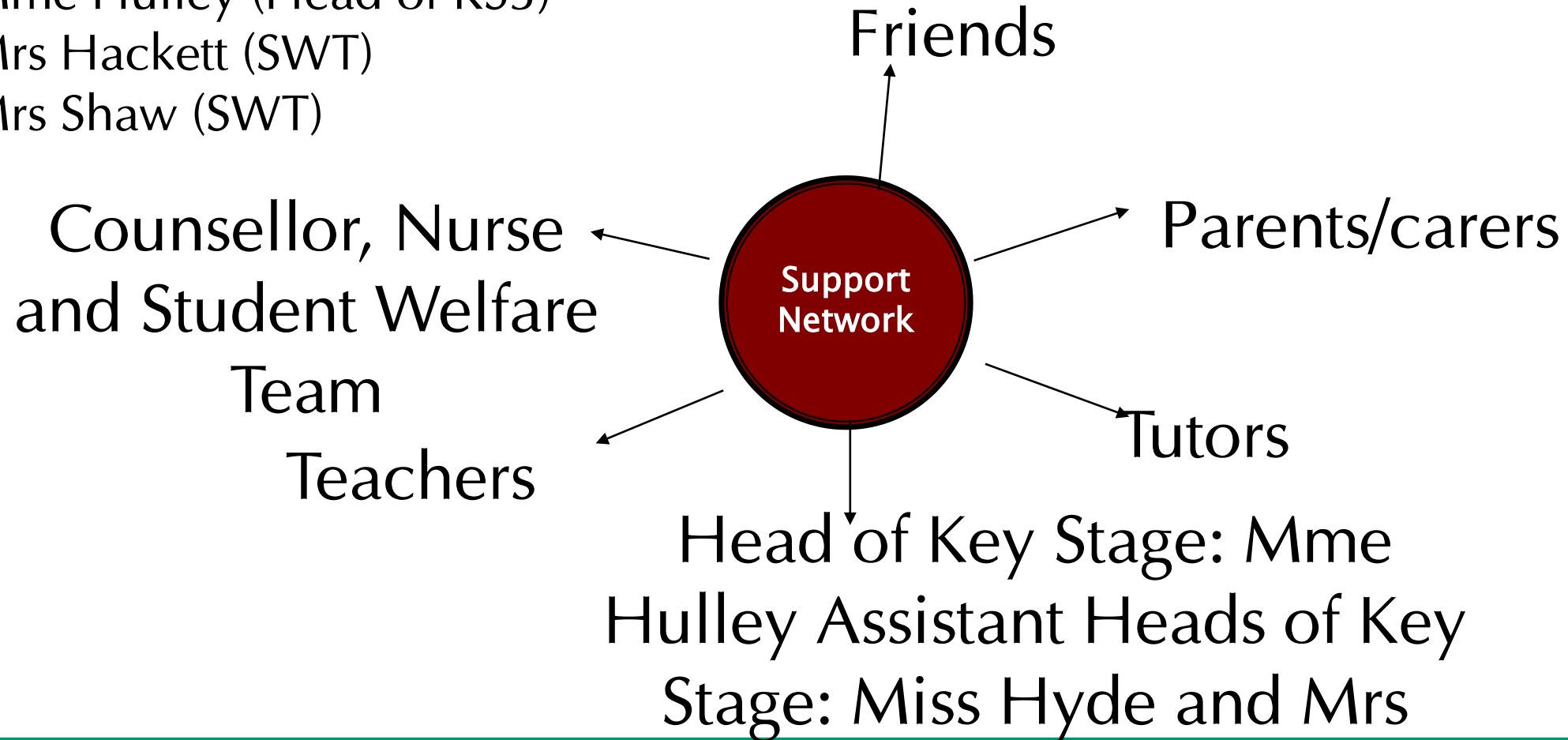
Everyone

We all work together to have a school environment that is physically safe and emotionally safe.

All students and staff treat each other with kindness and we all seek to help everyone be safe and happy in school

## Designated Safeguarding Leads:

- Mr Simmonds (Safeguarding Lead and Deputy Headteacher)
- Mrs Hearn (Head of Sixth Form)
- Mme Hulley (Head of KS3)
- Mrs Hackett (SWT)
- Mrs Shaw (SWT)



White

**Kendrick School**

# Support in school – Student Welfare Team

## Student Welfare Team at Kendrick School



Mrs Hackett



Mrs Shaw (Sixth-Form)



Mrs Neal



Mrs Duncan



Mrs McManus

**The Base** (in Sidmouth basement) is a quiet space for students who would benefit from this. There is a relaxation area, art area and workstations available for your use. Please come to the General Office first to check there is space in The Base. The Student Welfare Committee (sixth-form students) run regular lunchtime activities in The Base – please see Daily Bulletin for details.

**Contact:** [StudentWelfare@kendrick.reading.sch.uk](mailto:StudentWelfare@kendrick.reading.sch.uk)

If you feel you need further support in school, please contact Mrs Hackett regarding appointments with our No.5 Counsellors (Emma and Katie) and Charlotte, the school nurse.



Kendrick School

# How Do We Keep You Safe?

We teach you about staying safe in lessons, assemblies, PHSE, tutor time

We create a safe and supportive culture in school

We respond if we hear or see anything worrying

We listen to your concerns and act on them

We have systems and policies to help manage everyone's safety.

The building and grounds are safe and secure

Activities are risk assessed

# We all need a bit of help to be safe, healthy and happy

- Support is there for all of us:

Friends

Doctor,  
dentist

School  
Nurse  
(Charlotte)

The Base

Family

Teachers

No.5  
Counsellors  
(Emma & Katie)

Student Welfare  
Committee –  
Friday lunchtime  
in The Base

Form Tutor

Student  
welfare  
Team

# Sometimes we need a little more help:

Education  
Welfare  
Services

Hospital,  
A&E

Mental  
health  
workers  
(CAMHS)

School  
Counsellor

Local  
Authority

Family  
support,  
early help

Children's  
Charities

Educational  
Psychologist



# And sometimes we work with:

Social  
Workers

Targeted  
family  
support

Police

Specialist  
health  
services

# What Should You Do if You Are Worried About Something?



Speak to  
Someone

**Friendship problems?**

**Worried about a friend?**

**Are you being, or have you seen someone else being bullied?**

**Has something happened to you or a friend involving an adult in or out of school?**

**Have you or a friend been emotionally, sexually or physically abused?**

# Is everything OK with you?

*To keep yourself safe, notice when things are not quite right and talk to someone.*

Feeling healthy, sleeping, eating, tiredness

Feeling happy or persistent low mood,

Relationships with friends and family, socialising,  
bullying, behaviour, online activity, risky behaviour

Feeling safe at school, at home, on holiday, travelling to  
school,

**You can talk to your form tutor, Head of Key Stage, or any member of staff.**

**Or you can email**

**[studentwelfare@kendrick.reading.sch.uk](mailto:studentwelfare@kendrick.reading.sch.uk)**

# Remember?

Safeguarding is everyone working together to keep us all safe and free from harm, both physical and emotional.

Our school is safe, supportive, and caring and if ever you have a concern then tell an adult.

The safeguarding team is concerned for your safety welfare, personal development, attendance and education.

# ChatHealth

Charlotte, our school nurse, has recommended this service. You can text a school nurse in total confidence. Poster in The Base & around school.

ChatHealth

NHS  
Berkshire Healthcare  
Children, Young People and  
Families services

**Aged 11-19?**  
**Need some advice?**  
We can help with all kinds of things like:

Relationships    Healthy eating

Drugs & alcohol    Anxiety    **STRESS**

Low mood    Bullying    Self-harm

Body changes    **SMOKING**    Sleep

Text a school nurse  
for confidential advice and support  
**07312 263266**

[cypf.berkshirehealthcare.nhs.uk](http://cypf.berkshirehealthcare.nhs.uk)

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we received your text. Texts will only be seen between Mon-Fri 9am-4:30pm. If you need help before you hear back from us, contact a member of school staff, a trusted adult, or your GP. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting STOP to our number. Please respect your school's mobile phone policy. Messages are charged at your usual rate.



## Extra support

Extra support is available outside of school too, such as the helplines here.

Under 25s	Over 25s	Parents
<p><b>YOUNGMINDS</b> Crisis Messenger <small>mentally healthy</small></p> <p>Text YM to 85258 Open 24/7</p> <hr/> <p><b>THE MIX</b></p> <p>Call 0800 808 4994 3pm - 12am, every day</p> <hr/> <p><b>childline</b> <small>ONLINE, ON THE PHONE, ANYTIME</small></p> <p>Call 0800 1111 7:30am - 3:30am, every day</p>	<p><b>mind</b> <small>for better mental health</small></p> <p>Call 0300 123 3393 9am - 6pm, Mon - Fri</p> <hr/> <p><b>SAMARITANS</b></p> <p>Call 116 123 Open 24/7</p>	<p><b>YOUNGMINDS</b>   Parents Helpline</p> <p>Call 0808 802 5544 9:30am - 4pm, Mon - Fri</p>

For more advice and information visit: [youngminds.org.uk/find-help](https://www.youngminds.org.uk/find-help)



# Who Keeps You Safe at School?

Staff with particular Safeguarding responsibilities are:

- **Ms Kattirtzi**, Headteacher
- **Mr Simmonds**, Designated Safeguarding Lead
- **Mrs Hearn**, Deputy Designated Safeguarding Lead
- **Mme Hulley**, Deputy Designated Safeguarding Lead
- **Mrs Hackett**, Deputy Designated Safeguarding Lead – Operations
- **Mrs Shaw**, Deputy Designated Safeguarding Lead - Operations



# Summary

There really is a lot of help all around us