

KENDRICK SCHOOL

SPRING/SUMMER 2019 MENU - WEEK ONE

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GLOBAL ADVENTURE	Chicken Shawarma Flatbread	Five Spiced Beef	Roast Pork with Stuffing, Apple Sauce & Gravy	Chicken Tikka Masala	Battered Fish Fillet
	Paprika Potato Wedges	Beggars Noodles	Roast Potatoes	Rice	Chips
	House Slaw	Peas	Seasonal Cabbage, carrots	Cucumber Raita	Peas, Baked Beans
HIGH STREE FAVS	Feta & Potato Frittata (v)	Mac 'n' Cheese (v)	Sweet Potato & Squash Casserole (v)	Boston Bean Pot (v)	Vegetable & Bean Quesadilla (v)
	New Orleans Red Bean Rice	Garlic Bread	Chipotle Potato Wedges	Layered Potato Bake	Chips
	Southern Greens	Chop Chop Salad	Corn on the Cob	House Slaw	Sweetcorn
SPEEDY ITALIAN	Veggie Pasta Bolognaise (v)	Arrabiata Pasta (v)	Chunky Vegetable Pasta (v)	Beef Bolognaise	Herby Tomato Pasta (v)
	Vegetable Supreme Pizza (v)	3 Cheese Sicillian & Tomato Pizza (v)	Hawaiian Pizza	Bacon Pizza	Veggie Hot One Pizza (v)

Week commencing: 22 Apr, 13 May, 10 Jun, 1 Jul, 22 Jul, 16 Sept, 7 Oct

(v) Suitable for a Vegetarian diet

KENDRICK SCHOOL

SPRING/SUMMER 2019 MENU - WEEK TWO

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GLOBAL ADVENTURE	Cheese, Tomato & Potato Bake (v) Carrots Peas	Lemon & Ginger Chicken Wholegrain Rice Wok tossed Oriental Vegetables	Roast Chicken & Gravy Roast Potatoes Seasonal Cabbage Carrots	Teriyaki Chicken Thigh Japanese Noodles Pickled Cucumber Salad	Battered Fish Fillet Chips Peas, Baked Beans
HIGH STREE FAVS	Quorn Sausage Pattie & Cheese Bun (v) Paprika Potato Wedges Red Slaw	Smokey Cauliflower Cheese (v) Garlic & Herb Bread BBQ Beans	Louisiana Bean Pot (v) Fajita Potato Wedges Sweetcorn	Mac 'n' Cheese (v) Cajun Potato Wedges Apple Slaw	Corn, Black Eye Bean & Feta Soft Taco (v) Mississippi Rice Crunchy Salad
SPEEDY ITALIAN	Arrabiata Pasta (v) Veggie Hot One Pizza (v)	Herby Tomato Pasta (v) Cajun Chicken Sizzler Pizza	BBQ Chicken Pasta Vegetable Supreme Pizza (v)	Beef Bolognese Bacon Pizza	Italian Chicken Pasta 3 Cheese Sicillian & Tomato Pizza (v)

Week commencing: 29 Apr, 20 May, 17 Jun, 8 Jul, 2 sept, 23 sept, 14 Oct

(v) Suitable for a Vegetarian diet

KENDRICK SCHOOL

SPRING/SUMMER 2019 MENU - WEEK THREE

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GLOBAL ADVENTURE	Thai Yellow Vegetable Curry (v) Wholegrain Rice Lightly Spiced Sweetcorn with Lime	Chicken Gyros Crunchy Salad	Roast Turkey & Gravy Roast Potatoes Seasonal Cabbage Carrots	Trinidad Chicken Rice Orange & Cumin Roasted Carrots	Battered Fish Fillet Chips Peas, Baked Beans
HIGH STREE FAVS	Butternut Squash Feta Bake (v) Chipotle Potato Wedges Chop Chop Salad	Vegetable Chilli (v) Golden Rice & Beans Southern Greens	Cajun Vegetable Burrito (v) Baked Garlic & Herb Wedges Crunchy Raw Slaw	Cauliflower & Creamed Corn Bake (v) Paprika Potato Wedges BBQ Beans	Feta & Chickpea Cake with Salsa (v) Mexican Yellow Rice Tomato, Red Onion & Lentil Salad
SPEEDY ITALIAN	Cheesy Penne Pasta (v) Veggie Hot One Pizza (v)	Neapolitan Beany Pasta (v) 3 Cheese Sicilian Pizza (v)	Herby Tomato Pasta (v) Mushroom & Sweetcorn Pizza (v)	Carbonara Pasta 3 Cheese Sicilian Pizza (v)	Beef Bolognese Chicken Supreme Pizza

Week commencing: 6 May, 3 Jun, 24 Jun, 15 Jul, 9 Sept, 30 Sept, 21 Oct

(v) Suitable for a Vegetarian diet