

Safeguarding 6



Staying safe over summer

Staying safe Online



- WhatsApp groups
- Exposed to harmful content
- Block/unfollow/filter/Report

Talk to your parent or call
Childline



When out on your own



- Crossing roads, stay aware
- Letting people know where you are and when you are back
- Find my friends, sharing location
- If you are being followed

When out with friends



- Think for yourself, don't just follow the others
- How are you coming across to other people?

Staying safe at home

- Accidents in the home
- Managing arguments
- Emotional, physical, sexual abuse towards you or a family member
- If home alone, plan your day, share your plans, emergency contact.



Staying safe within yourself

- Tellmi
- ChildLine
- Samaritans



Enjoy the summer break



- However, you spend the 6 week break make sure you have some fun.
- If you are worried about being bored, write a list of things you would like to achieve and work through it
- Be proud of what you have achieved this year at school and take a well-deserved rest from school work.