



Kendrick School

Personal, Social, Health, Citizenship, Economic (PSHCE) Education Policy

Reviewed Date: July 2026

Next Review Date: September 2027

Version: PSHCE V1 2023	
Version: PSHCE V2 2024	
Version: PSHCE V3 2025	JD
Version: PSHCE V4 2026	JD – new KCSIE guidance and reference to 2026 RSE guidance added

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Introduction	This policy is part of a group of policies within Personal, Social, Health, Citizenship Economic Education (PSHCE) which include The Citizenship Policy and the RSE Policy
Rationale & Ethos	At Kendrick School, PSHE and Citizenship are combined; both subjects are vital to the life of the school. • The main aim of PSHCE teaching and the tutorial system is to aid the Personal and Social development of the students. • PSHCE at Kendrick School seeks to support and nurture the values of the Kendrick Pledge, and many of the qualities of the pledge form the essence of PSHCE. <i>'We, the students, staff and friends of Kendrick School, pledge to uphold the values of friendship, kindness and respect. We promise to stand against prejudice, ignorance and injustice in all forms, promoting the values of equality, tolerance and justice for all.'</i> The PSHCE programme at Kendrick aims to: • Develop the knowledge, skills and understanding that students need to play a full part in society as active and responsible citizens. • Provide students with accurate information and relevant knowledge, in order to turn that knowledge into personal understanding • Give opportunities to explore, clarify and if necessary, challenge their own and others' values, attitudes, rights and responsibilities. • Explore the skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

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Legislation	The <u>national curriculum</u> states that ‘all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice’. PSHE education contributes to schools’ statutory duties outlined in the <u>Education Act 2002</u> and the <u>Academies Act 2010</u> to provide a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding. The relationships and health aspects of PSHE education <u>will be compulsory in all schools from 2020</u>. In 2026, the Department for Education released statutory guidance on Relationship, Sex and Health Education. The topics covered in this guidance are covered in our PSHCE curriculum. Keeping Children Safe in Education, 2026 states ‘<i>Schools and colleges play a crucial role in preventative education. Preventative education is most effective in the context of a whole-school or college approach that prepares pupils and students for life in modern Britain and creates a culture of zero tolerance for sexism, racism, misogyny/misandry, homophobia, biphobia, sexual violence/harassment, derogatory behaviour or other forms of physical violence and conflict. The school/college will have a clear set of values and standards, upheld and demonstrated throughout all aspects of school/college life. These will be underpinned by the Teachers' Standards. With the exception that the regulations and guidance in relation to Health Education do not apply to independent schools that are not academies – separate regulations apply). school/college’s behaviour policy and pastoral support system, as well as by a planned programme of evidence based RSHE delivered in regularly timetabled lessons and reinforced throughout the whole curriculum. Such a programme should be fully inclusive and developed to be age and stage of development appropriate (especially when considering the needs of children with special educational needs and/or disabilities (SEND) and other vulnerabilities).</i>’		
Curriculum Design	The PSHCE curriculum is being developed to provide a clear progression from Year 7-11 <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> PSHE Key Concepts • Health and Well being • Relationships • Living in the Wider World </td><td style="vertical-align: top; width: 50%;"> Citizenship Key Concepts • Rights and responsibilities • Identity and diversity • Democracy and Justice </td></tr> </table> • Lessons are planned to be current, meaningful, age appropriate and progressive. Topics are introduced in younger years and then revisited with more information and at more challenging levels in later years, thus meeting the personal developmental needs of the students.	PSHE Key Concepts • Health and Well being • Relationships • Living in the Wider World	Citizenship Key Concepts • Rights and responsibilities • Identity and diversity • Democracy and Justice
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	• All pupils (Yr7-11) are timetabled for a PSHCE lesson once a fortnight with their form tutor • Year 7, 10 & 11 have an additional lesson with one of the PSHCE team with the emphasis on Citizenship • Year 8 have an additional lesson with one of the PSHCE team with the emphasis on Personal Development Sixth Form PSHCE Education follows the same strands as the lower school and is the curriculum is designed alongside the PSHCE Co-ordinator to ensure it is relevant and revisits important topics when age appropriate. Sixth Form PSHCE lessons are called 'Personal Development' and seek to prepare students for life after school. • Lessons are planned to be current, meaningful, age appropriate and progressive. • All students are timetabled for a Personal Development lesson once a fortnight with their form tutor • All students have a timetabled Enrichment lesson organised by the Sixth Form Team. An overview of the Personal Development and Enrichment curriculum can be found: <u>Sixth form PD and enrichment overview.docx</u>
Safe & Effective Practice	The following key principles will be used to ensure high quality and effective planning and delivery of PSHCE lessons We will ensure a safe learning environment by: • Establishing ground rules which have been discussed and agreed between teachers and students at the beginning of every year. • Giving permission to exit the class if the student feels uncomfortable • Using distancing techniques such as role play to depersonalise the topics under discussion. • Student's questions will be answered sensitively and in an age appropriate manner. • Being able to raise questions anonymously by the use of a post box or 'Ask it, Basket it' Giving sentence starters to encourage sensitive and appropriate discussion/feedback between students • Knowledge of Students circumstances must be checked prior to leading a session (e.g Cancer in the family)

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Safeguarding	- Teachers will consult with the designated safeguarding lead and in his /her absence their deputy if any issues arise from matters covered in PSHCE lessons - Visitors/external agencies which support the delivery of PSHCE will be required to be supervised at all times and briefed on any sensitive issues that are relevant. They will follow the school protocol for all school visitors.
Engaging Stakeholders	- Parents will be informed about the policy through the weekly news - The policy will be available to parents through the Kendrick School website - We are committed to working with parents and carers by being open to discussion. - Sign posting to additional resources and support will be through parent mail and the website
Monitoring, reporting and evaluation	- Teachers will critically reflect on their work in delivering PSHCE through verbal feedback to PSHCE Coordinator - Students will have opportunities to review and reflect on their learning during lessons by using feedback forms at the end of a topic - Student voice will be influential in adapting and amending planned learning activities by asking the PSHCE Ambassadors for their opinions and ideas. - Presentations will be peer and teacher assessed verbally.
PSHCE Policy review date	This policy will be reviewed in September 2027 - It will be reviewed by PSHCE Coordinator and the Deputy Head of Sixth Form - This will ensure that it continues to meet the needs of students, staff and parents and that it is in line with current Department for Education advice and guidance.