

KENDRICK SCHOOL MENU - WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GLOBAL ADVENTURE	Chicken Molay Mexican Yellow Rice Green Beans	Aromatic Soy Pork Egg Noodles Wok tossed Vegetables	Roast Turkey Roast Potatoes Seasonal Vegetables	Chicken Tinga Tortilla Tomato & Corn Rice Corn on the Cob	Battered Fish Fillet Chips Peas
HIGH STREE FAVS	Cajun Bean & Feta Burger (v) Paprika Wedges BBQ Beans	Smokey Cauliflower Cheese (v) Garlic Bread Chop Chop Salad	Sweet Potato & Squash Stew (v) Cajun Wedges Peas	Sweetcorn & Chickpea Burger (v) Potato & Onion Hash Caesar Salad	Boston Bean Casserole (v) Chips Corn Slaw
SPEEDY ITALIAN	Chunky Vegetable Pasta (v) Margherita Pizza (v)	Cheesy Penne Pasta (v) Margherita Pizza (v)	Herby Tomato Pasta (v) Veg Supreme Pizza (v)	Pasta Bolognaise (v) Margherita Pizza (v)	Herby Tomato Pasta (v) Sicillian Cheese & Tomato Pizza (v)

Week commencing: 29/10/18, 19/11/18, 10/12/18, 14/01/19, 04/02/19, 04/03/19, 25/03/19

(v) Suitable for a Vegetarian diet

KENDRICK SCHOOL MENU - WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GLOBAL ADVENTURE	Moroccan Style Chicken Stew Spiced Cous Cous Broccoli	Beef Cobbler New Potatoes Peas & Sweetcorn	Roast Pork Roast Potatoes Seasonal Vegetables	Chicken Katsu Curry Pineapple Rice Pickled Cucumber Salad	Battered Fish Fillet Chips Peas & Baked Beans
HIGH STREE FAVS	Louisiana Bean Pot (v) Paprika Wedges Red Slaw	Cauliflower & Creamed Corn Bake (v) Garlic Bread Southern Greens	Sweet Potato & Black Bean Enchilada (v) Baked Garlic & Herb Wedges Peas	Butternut Squash & Feta Bake (v) Cajun Potato Wedges Corn on the Cob	Quorn Sausage Pattie with a Cheese Slice in a Bun (v) Chips American Style Slaw
SPEEDY ITALIAN	Veggie Hot One Pizza (v) Veg Bolognaise Pasta (v)	Sicilian Pizza (v) Neapolitan Beany Pasta (v)	Veggie Supreme Pizza (v) Chunky Vegetable Pasta (v)	Margherita Pizza (v) Pasta Bolognaise (v)	Sicilian Cheese & Tomato Pizza (v) Herby Tomato Pasta (v)

Week commencing: 05/11/18, 26/11/18, 17/12/18, 21/01/19, 11/02/19, 11/03/19, 01/04/19

(v) Suitable for a Vegetarian diet

KENDRICK SCHOOL MENU - WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GLOBAL ADVENTURE	Chickpea & Tomato Masala Naan Bread Cucumber Raita	Cuban Style Chicken Wholegrain Rice Peas	Roast Turkey Roast Potatoes Seasonal Vegetables	Beef Lasagne Garlic Bread Green Salad	Battered Fish Fillet Chips Peas, Baked Beans
HIGH STREE FAVS	Smoked Houmous & Vegetable Wrap (v) Lemon & Herb Piri Rice Corn on the Cob	Vegetable & Bean Quesadilla (v) Pasta Salad Coleslaw	Loaded Triple Mac 'n' Cheese (v) Baked Garlic & Herb Wedges BBQ Beans	Bean & Veg Chilli (v) Paprika Wedges Chop Chop Salad	Feta & Chickpea Cake with Salsa (v) Chips Pineapple Coleslaw
SPEEDY ITALIAN	Chunky Vegetable Pasta (v) Margherita Pizza (v)	Herby Tomato Pasta (v) 3 Cheese Sicilian Pizza (v)	Arribiatto Pasta (v) Margherita Pizza (v)	Herby Tomato Pasta (v) Sicilian Cheese & Tomato Pizza (v)	Pasta Neapolitan (v) Margherita Pizza (v)

Week commencing: 12/11/18, 03/12/18, 07/01/19, 28/01/19, 25/02/19, 18/03/19

(v) Suitable for a Vegetarian diet